

ConcentraTM

totalcare

Centered on your wellness.

The Metro Employee Wellness Center is available to all members of the Managed Choice Plan, Balanced Choice Plan and Choice Plan who are age 2 years old through adult. The qualified health care professionals are dedicated to providing eligible employees and covered dependents with episodic, acute, preventive, long-term health care and healthy options for maintaining a healthier lifestyle.

Metro Employee Wellness Center Services...

- Common illnesses including sore throat, sinus infections, colds, flu, ear aches, and headaches
- Chronic illnesses including acute asthma and allergy complaints, diabetes, hypertension, and insomnia
- Non-Work Related Injuries including back pain, sprains, arthritic symptoms, and strains
- Minor wound care
- Blood pressure monitoring
- Glucose checks and monitoring
- Cholesterol monitoring
- Skin complaints
- Minor infections including urinary tract symptoms and conjunctivitis eye
- Routine immunizations including seasonal influenza, Td/Tdap, MMR, Hepatitis and others
- Prescription services
- Laboratory tests
- Health education
- Support services and referral programs including:
 - Wellness Services
 - Biometric Screenings
 - Behavioral Health Services
 - Stress Management

The copay for each visit is only \$5 for medical treatment and some lab tests. Certain generic medications will be dispensed at no cost; however, they must be prescribed by the Wellness Center Physician.

METRO EMPLOYEE WELLNESS CENTER LOCATION

400 S. 1st Street (1st & Liberty Streets)
Louisville, KY 40202
(502) 574-CARE (2273)
FAX: (502) 574-7853

HOURS OF OPERATION

Monday – Friday 7:00 a.m. – 7:00 p.m.
Saturday 8:00 a.m. – 4:00 p.m.

TO SCHEDULE AN APPOINTMENT

Call 574-CARE (574-2273)