

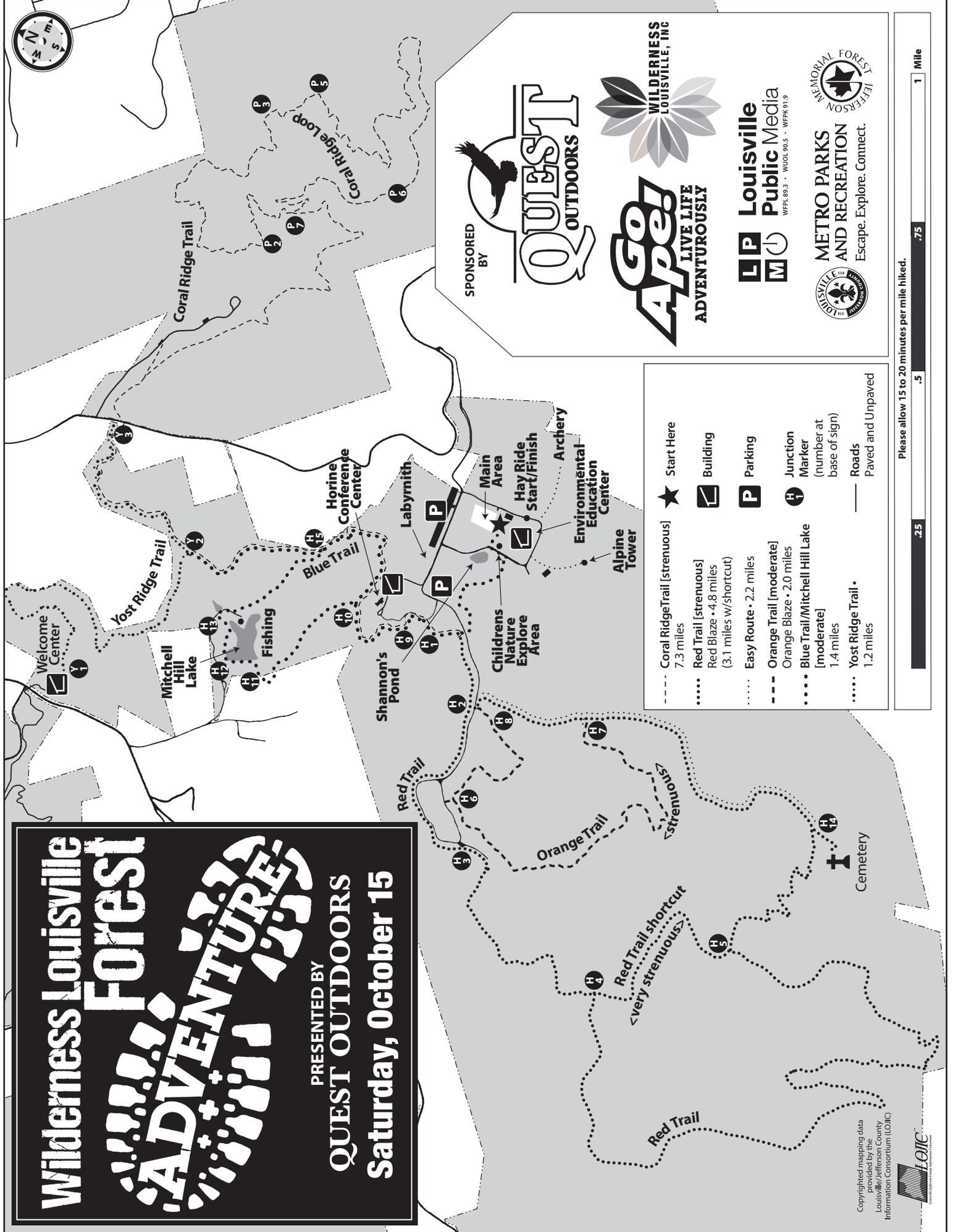


**Wilderness Louisville
Forest**

ADVENTURE

PRESENTED BY
QUEST OUTDOORS

Saturday, October 15



- Coral Ridge Trail [strenuous] 7.3 miles
- Red Trail [strenuous] Red Blaze • 4.8 miles (3.1 miles w/shortcut)
- Easy Route • 2.2 miles
- Orange Trail [moderate] Orange Blaze • 2.0 miles
- Blue Trail/Mitchell Hill Lake [moderate] 1.4 miles
- Yost Ridge Trail • 1.2 miles
- ★ Start Here
- ▢ Building
- P Parking
- H Junction Marker (number at base of sign)
- Roads Paved and Unpaved

SPONSORED BY

QUEST OUTDOORS

WILDERNESS LOUISVILLE, INC

Go! LIVE LIFE ADVENTUROUSLY

Louisville Public Media
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METRO PARKS AND RECREATION
Escape. Explore. Connect.

LOUISVILLE METRO PARKS AND RECREATION

Please allow 15 to 20 minutes per mile hiked.



1 Mile

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WILDERNESS LOUISVILLE FOREST ADVENTURE 2016

PRESENTED BY QUEST OUTDOORS

GUIDED HIKES

Each guided hike has a limited number of spaces available. Register at the Forest info booth. Please look at the hike descriptions on the back of the trail maps before deciding on a hike!

Coral Ridge Trail	9:15 a.m.	7.3 miles • Strenuous along the Blue Trail to the moderate Coral Ridge Trail.
Red Trail Long Loop	9:30 a.m.	4.8 miles • Strenuous in a few places but mostly moderate.
Blue Trail	9:45 a.m.	1.4 miles • Strenuous in a few places but mostly moderate.
Easy Route	10 a.m.	2.2 miles • Flat terrain along gravel service road.
Red Trail (w/ shortcut)	11 a.m.	3.1 miles • Strenuous in a few places but mostly moderate.
Yoga Hike/Blue Trail	10:30 a.m.	With 502 Power Yoga.
Easy Route	Noon	
Orange Trail	12:30 p.m.	1.4 miles • Strenuous in a few places but mostly moderate.

WILDERNESS LOUISVILLE 5K RACE

9 a.m. starting at the field across from the Horine Conference Center. Registration begins at 8 a.m., same location.

ARCHERY BASIC TRAINING

Sessions at 35 minute intervals beginning at 9:15 a.m. Limit 20 per session.

ACTIVITIES THROUGHOUT THE DAY

Music

Performance from Noon-1:30 pm. by Relic Bluegrass.

Hayrides

Hayrides leave every 20 minutes, from 9:15 a.m. until 1:40 p.m. Meet at the Hayride sign by the gravel road.

Pumpkin Decorating

Get your free pumpkin and decorate it, too, at the pumpkin booth! While quantities last.

Alpine Tower

Accept a 52-foot alpine climbing challenge! Necessary gear and training provided. Participants will be belayed by trained staff and volunteers. Age and size limits may be imposed for safety.

Nature Explore Classroom

Our youngest guests will enjoy this nationally certified play area designed specifically for them! Bring your toddler or preschooler to explore outdoor play in a safe and fun-filled area with toys provided by nature.

Environmental Education Center

Visit the Horine Environmental Education Center for a face-to-face encounter with small animals and learn about the creatures that call the Forest home.

Fishing

From 10 a.m.-1 p.m., join Forest volunteers at Mitchell Hill Lake to hone your fishing skills. Take a guided hike to the Lake or hike down independently.

FOOD AVAILABLE FOR PURCHASE

Heine Brothers Coffee, Red's Daug Pound, Boo Boo Smoke Shack.

**We thank our wonderful sponsors and volunteers for their support of this event.
It could not take place without them!**