



**Mary T. Meagher Aquatic Center**  
 201 Reservoir Avenue  
 Louisville KY 40206  
 phone • 502/897-9949  
 email • parks@louisvilleky.gov  
 fax • 502/897-2549  
 web • metro-parks.org | bestparksever.com

# MARY T. MEAGHER Aquatic Center SCHEDULE

## Winter/Spring 2016

**January 4  
 May 30**

**METRO PARKS  
 AND RECREATION**

**Mary T. Meagher Aquatic Center**  
 201 Reservoir Avenue  
 Louisville KY 40206

Greg Fischer  
 Mayor  
 Louisville Metro Council

**METRO PARKS  
 AND RECREATION**



# About the Facility

## Mary T. Meagher Aquatic Center

201 Reservoir Avenue  
Louisville KY 40206

phone 502/897-9949  
fax 502/897-2549  
email parks@louisvilleky.gov  
web metro-parks.org

### Hours

Mon-Fri, 5 a.m.-9:15 p.m.  
(pool closes at 9 p.m.)  
Sat, 9 a.m.-6 p.m.  
(pool closes at 6 p.m.)  
Sun, closed

### Facility and Park Amenities

The Mary T. Meagher Aquatic Center facility includes:

- Olympic 11-lane (50 meter) competition swimming pool
- Therapy pool
- Weight room

Crescent Hill Park also has:

- Lighted tennis courts
- Crescent Hill Golf Course (9 holes)
- Louisville Water Company Reservoir (0.75 mile walking path)

Programs offered by Metro Parks Aquatics include:

- Aqua aerobics
- Birthday parties
- Pre-competitive training
- Aqua therapy lessons
- Dive-in movie
- Swim lessons for all ages
- Arthritis and deep water lessons

Lockers are available for rental per day, or you may bring your own lock.

### STAFF

**Scott Risinger** Aquatics Manager .....scott.risinger@louisvilleky.gov  
**Keith Smith** Aquatics Supervisor.....keith.smith@louisvilleky.gov  
**Lesla Settle** Head Lifeguard .....lesla.settle@louisvilleky.gov  
**Susan Mahoney** Information Specialist • General Questions .....susan.mahoney@louisvilleky.gov  
**Yolanda Allen** Administrative Clerk.....yolanda.allen@louisvilleky.gov  
 Hammerheads Swim Team Coach.....hammerheadscoach@gmail.com

The mission of Louisville Metro Parks is to create a City of Parks where people can play, learn, grow and be healthy. The mission is accomplished by taking care of all parks properties and creating new ones, by providing safe and diverse recreational programs, and by protecting our public lands and resources for future generations.

Mary T. Meagher is the greatest butterfly swimmer ever. For her feats she earned the nickname "Madame Butterfly." Meagher won three gold medals at the 1984 Olympics, in both butterfly events (100M and 200M) and in the 4x100M medley relay. In 1988, by then past her prime, she earned a bronze in the 200M butterfly and a silver in the medley 4x100M relay. Meagher would likely have won both events in 1980, had the United States not boycotted the Moscow Olympics. She was world champion in 1982 over 100M and in 1986 over 200M. She set two world butterfly records over 100M, and five over 200M, beginning in 1979. Her performance at the 1981 U.S. Nationals remains her greatest effort, when she set world records of 57.93 for 100M, and 2:05.96 for 200M. These records, extremely dominant for their time, both lasted until 1999 before being broken. Her full name was Mary Terstegge Meagher, with her middle name derived from her mother's maiden name. Meagher was always known as Mary T. to differentiate her from a sister who later entered a convent, to literally become a sister, Sister Mary Glen.

© olympic.org



# Lifeguard Training



The ideal job for students!

Only a few hours of work each week, so there's still plenty of time for classes and studying.

Learn life-saving skills you can use throughout your lifetime!

<b>SESSION I</b> .....	<b>February 1-29</b> .....	<b>Monday, 4-9 p.m.</b> .....	<b>\$200</b>
<b>SESSION II</b> .....	<b>February 6-March 5</b> .....	<b>Saturday, 9-5 p.m.</b> .....	<b>\$200</b>
<b>SESSION III</b> .....	<b>February 25-March 24</b> .....	<b>Thursday, 4-9 p.m.</b> .....	<b>\$200</b>
<b>SESSION IV</b> .....	<b>April 11-May 9</b> .....	<b>Monday, 4-9 p.m.</b> .....	<b>\$200</b>
<b>SESSION V</b> .....	<b>April 16-May 21</b> .....	<b>Saturday, 9-5 p.m.</b> .....	<b>\$200</b>
<b>SESSION VI</b> .....	<b>May 23-27</b> .....	<b>M, T, W, Th, F, 4-9 p.m.</b> .....	<b>\$200</b>
<b>SESSION VII</b> .....	<b>June 6-10</b> .....	<b>M, T, W, Th, F, 4-9 p.m.</b> .....	<b>\$200</b>
<b>SESSION VIII</b> .....	<b>June 13-17</b> .....	<b>M, T, W, Th, F, 9-5 p.m.</b> .....	<b>\$200</b>





# Family Fun Nights!

## New for 2016!

Family Fun Nights are evenings of fun for the entire family! There will be something for everyone! See the dates below. No registration required... Just show up to have some fun!

<b>January 29</b> .....	<b>7-9 p.m.</b> .....	Dive In Movie
<b>February 26</b> .....	<b>7-9 p.m.</b> .....	To be announced
<b>March 25</b> .....	<b>7-9 p.m.</b> .....	To be announced
<b>April 29</b> .....	<b>7-9 p.m.</b> .....	To be announced
<b>May 27</b> .....	<b>7-9 p.m.</b> .....	To be announced
<b>June 24</b> .....	<b>9-11 a.m.</b> .....	Movie on Center Lawn
<b>July 29</b> .....	<b>9-11 a.m.</b> .....	Movie on Center Lawn
<b>August 12</b> .....	<b>TBA</b> .....	Pizza Party (preregistration required!)
<b>September 30</b> .....	<b>7-9 p.m.</b> .....	Water Polo
<b>October 28</b> .....	<b>7-9 p.m.</b> .....	Movie Night
<b>November 18</b> .....	<b>7-9 p.m.</b> .....	To be announced
<b>December 23</b> .....	<b>7-9 p.m.</b> .....	Dive In Movie



# Hours / Membership

## Lap Swim and Weight Room Hours

**Mon-Fri** 5 a.m.-9:15 p.m.  
(pools close at 9 p.m.)  
**Sat** 9 a.m.-6 p.m.  
**Sun** Closed

## Recreational Swim Hours

**Mon & Thu** Noon-3 p.m. (no evening Rec Swim past 3 p.m.)  
**Fri** 7-9 p.m.  
**Sat** Noon-6 p.m.

Specified lanes may be used for non-lap swim

Building closes 15 minutes after pool closes. Therapy Pool hours are on page 4.

Children under 8 must be accompanied by a person 12 or older. Those 9 and older must have an ID to enter the facility. IDs may be made at the Mary T. Meagher Aquatic Center during regular business hours. Cost is \$4. You must provide proof of name and address.

## Fees

**Children (3-12)** \$3  
**Adults (13 and older)** \$5.50  
**Senior Card** \$48

**Seniors (60 and older)** \$4.50  
**Therapy Pool Only** \$3.50 (1 hour maximum per visit; you must have doctor's consent form on file)

**12-Visit Lap Swim/Weight Room Punch Card** Adults \$60 • Children \$30

## Memberships

Monthly Pass		Yearly Pass	
<b>Individual</b> .....	\$45	<b>Individual</b> .....	\$355
<b>Family*</b> .....	\$75	<b>Family*</b> .....	\$520
Senior Passes • Patrons 60 and older			
Monthly Pass		Yearly Pass	
<b>Individual</b> .....	\$38.50	<b>Individual</b> .....	\$320
<b>Family*</b> .....	\$55	<b>Family*</b> .....	\$470

\* Family members must all live in the same household

## All-inclusive Yearly Memberships

Best value! Includes all Aqua and Therapy classes, and one free birthday party for up to 10 people; does not include swim lessons/programs.

<b>Individual</b> .....	\$555
<b>Family</b> .....	\$720
<b>Senior Family</b> .....	\$670
<b>Senior Individual</b> .....	\$520

Please check posted lane assignments for lane availability!

Patrons who pay the daily fees or have monthly/yearly passes may use the Weight Room. Youths under the age of 15 must have direct supervision by a parent or responsible adult when using weight equipment.



# Holidays / Closings

## Swim Meets

**February 19, 20, 21**  
**March 11, 12, 13**  
Limited lap lanes, limited parking,  
no Recreation Swim.

## Closed

**January 1 • New Year's Day**  
**January 18 • Martin Luther King, Jr. Day**  
**May 7 • Kentucky Derby**  
**May 30 • Memorial Day**

Please remember that if JCPS is closed due to weather, the Center will not have class that day.

**The Center will be closed March 28-April 10 for maintenance.**



# Aqua Exercise

## Mondays, Wednesdays and Fridays

- 7-8 a.m. Deep Water Class\*
- 8-9 a.m. Deep Water Class
- 8-9 a.m. Aqua Exercise (Monday & Wednesday only)
- 9-10 a.m. Cardiac Class (Monday & Wednesday only)
- 9-10 a.m. Aqua Exercise

### AEROBIC ROOM

- 8-9 a.m. **Boot Camp** (Wednesday: Shallow • Friday: Deep)
- 10-11 a.m. **Silver Sneakers** (Monday only)  
(Muscular strength and range of movement, land)

- 10-11 a.m. Aqua Exercise
- 11 a.m.-Noon Aqua Exercise
- 5:30-6:30 p.m. Aqua Exercise (Monday & Wednesday only)
- 6:30-7:30 p.m. Deep Water\* (Monday & Wednesday only)

## Tuesdays and Thursdays

- 7-8 a.m. M.S. and related conditions
- 8-9 a.m. Aqua Exercise

- 8-9 a.m. **Boot Camp** (Wednesday: Shallow • Friday: Deep)
- 9 a.m. **Aqua Splash** (Silver Sneakers class, Tuesday only)

- 9-10 a.m. Pre- and Post-Natal Class (Thursday only)
- 9-10 a.m. Aqua Exercise

### AEROBIC ROOM

- 10-11 a.m. **Silver Sneakers**  
(Muscular strength and range of movement, land)

- 10-11 a.m. Aqua Exercise
- 10-11 a.m. Deep Water (Thursday only)

- 2:30 p.m. **Aqua Splash** (Silver Sneakers class, Thursday only)

## Saturdays

- 11 a.m.-Noon Deep Water\*
- 11 a.m.-Noon Aqua Exercise

Please shower before entering the pools, and lock your locker!!!

## Fees for Aqua Exercise Lessons held in the Olympic Pool

If you purchase a monthly/yearly pass, the daily fee is \$3, or you may purchase a 12-visit Exercise Card for \$33. Monthly members may only purchase a maximum of 2 punch cards during their corresponding membership period.

If you do not purchase a monthly/yearly pass, the daily fee is \$6, or you may purchase a 12-visit Exercise Card for \$60.

You may take a second lesson on the same day for only \$1!

\*Participants must be comfortable in deep water.



# Birthday Parties

## Available during Recreational Swim hours!

Mary T. Meagher Aquatic Center will provide:

- Certified Lifeguards
- 1-Meter Diving Board
- Water Basketball

You may bring:

- Food
- Birthday cake
- Decorations, etc.

Please do not bring glass containers or confetti. Alcohol is not allowed.

### Friday Parties

The pool opens at 7 p.m. and closes at 9 p.m. All visitors must be out of the facility by 9:15 p.m.

#### Party Room

7-9 p.m. • \$6/swimmer

#### Deck Party

7-9 p.m. • \$5/swimmer



### Saturday Parties

Saturday parties are 2 hours only. Please have your area cleaned up no later than 15 minutes after your party has ended.

#### Party Room

Noon-2 p.m. • \$6/swimmer  
3-5 p.m. • \$6/swimmer

#### Deck Party

Noon-2 p.m. • \$5/swimmer  
3-5 p.m. • \$5/swimmer

## Registration and Information

Reservations must be made in person, and are on a first-come, first-served basis. All birthday parties require a non-refundable registration fee - \$25 for members and \$45 for non-members - which is due at the time the party date is reserved (this fee does not apply to the final cost of the party).

A non-refundable \$10 fee is assessed if you change the party's date.

Cash, check, Mastercard and Visa are accepted (driver's license number, date of birth and telephone number are required on all checks). Make checks payable to Metro Parks, and payment must be made in person at the Mary T. Meagher Aquatic Center, 201 Reservoir Avenue, Louisville KY 40206.

\*Children age 2 and under will be charged for reserved birthday parties.



# Baby Splash

The Baby Splash program is designed to give your child an introduction to the water and includes fundamental swimming and recovery skills. Until toilet trained, babies must wear tight-fitting swimsuits.

Some classes are also offered on Saturdays. There are no makeup classes, unless the Center must cancel a class. No refunds will be given, for any reasons.

**Skill Level 1** Parent and child together • An introduction to the water 6-12 months as well as swimming and recovery skills.

**Skill Level 2** Parent and child together • Improve fundamental 12 months & older swimming and recovery skills. Level 1 prerequisite.

**Skill Level 3** Parent and child together • Improve fundamental 1-3 years swimming and recovery skills. Some independent swimming is encouraged. Level 2 prerequisite.

**TUE ..... March 1-22 ..... 6-6:30 p.m. .... 4 Lessons ..... Skill Level 1 ..... \$26**

**TUE ..... March 1-22 ..... 6:30-7 p.m. .... 4 Lessons ..... Skill Level 1 ..... \$26**

**THU ..... March 3-24 ..... 6-6:30 p.m. .... 4 Lessons ..... Skill Level 2 ..... \$26**

**THU ..... March 3-24 ..... 6:30-7 p.m. .... 4 Lessons ..... Skill Level 3 ..... \$26**

## SESSION 2

**TUE ..... April 12-May 17 ..... 6-6:30 p.m. .... 6 Lessons ..... Skill Level 1 ..... \$39**

**TUE ..... April 12-May 17 ..... 6:30-7 p.m. .... 6 Lessons ..... Skill Level 1 ..... \$39**

**THU ..... April 14-May 19 ..... 6-6:30 p.m. .... 6 Lessons ..... Skill Level 2 ..... \$39**

**THU ..... April 14-May 19 ..... 6:30-7 p.m. .... 6 Lessons ..... Skill Level 3 ..... \$39**



# Therapy Pool Schedule

TIME	SUN	MON	TUE	WED	THU	FRI	SAT
6 a.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
7 a.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
8 a.m.	CLOSED	Low Impact	Open Time	Low Impact	Open Time	Low Impact	CLOSED
9 a.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	Swim Lessons
10 a.m.	CLOSED	Arthritis Class	Open Time	Arthritis Class	Open Time	Open Time	Swim Lessons
11 a.m.	CLOSED	Open Time	Water Walking	Open Time	Pilates 11:15	Arthritis Class	Open Time
Noon	CLOSED	Arthritis Class	Yoga	Arthritis Class	Aqua Chi	Arthritis Class	Open Time
1 p.m.	CLOSED	Arthritis Class	Open Time†	Arthritis Class	Adapted Leisure	Arthritis Class	Open Time
2 p.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	Open Time
3 p.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	CLOSED
4 p.m.	CLOSED	Low Impact	Open Time	Low Impact	Open Time	Low Impact	CLOSED
5 p.m.	CLOSED	Warm Water Workout	Open Time	Warm Water Workout	Open Time	Warm Water Workout	CLOSED
6 p.m.	CLOSED	Swim Lessons	Swim Lessons	Open Time	Swim Lessons	Open Time	CLOSED
7 p.m.	CLOSED	Open Time	Swim Lessons/ Open Time @ 7:05	Open Time	Swim Lessons/ Open Time @ 7:05	Open Time	CLOSED
8 p.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

## Fees for Aqua Exercise Classes held in the Therapy Pool

If you purchase an Aquatic Center monthly, yearly or family pass, classes are free.

If you do not purchase an Aquatic Center monthly, yearly or family pass, classes are \$4.25 per day-or you may purchase a 12-visit Aqua Card for \$40.

All persons using the Therapy Pool must have a consent form signed by a doctor on file. Forms may be obtained at the front desk or on our website.



# Weekday Swim Lessons

## WEEKDAY LESSONS • Olympic Pool

Lessons meet once weekly. Register participants based on their ages and skill levels. All swim classes are also offered on Saturdays.

### PRESCHOOL • 3 to 5 years

**SESSION I:** Mondays, February 29-March 21 (4 classes) • FEE: \$26  
6-6:30 p.m.....Skill Level 1 & 2  
6:40-7:10 p.m.....Skill Level 2 & 3

**SESSION II:** Mondays, April 11-May 16 (6 classes) • FEE: \$39  
6-6:30 p.m.....Skill Level 1 & 2  
6:40-7:10 p.m.....Skill Level 2 & 3

Preschool classes focus on water adaptation, basic safety skills and beginning stages of swimming. Parents are spectators during lessons. Children must wear tight-fitting swimsuits until toilet trained. Levels 1 to 3 taught.

### GRADE SCHOOL • 6 years and older

**SESSION I:** Mondays, February 29-March 21 (4 classes) • FEE: \$26  
6-6:30 p.m.....Skill Level 1 & 2  
6:40-7:10 p.m.....Skill Level 2 & 3

**SESSION II:** Mondays, April 11-May 16 (6 classes) • FEE: \$39  
6-6:30 p.m.....Skill Level 1 & 2  
6:40-7:10 p.m.....Skill Level 2 & 3

These classes teach youngsters the building blocks of the four basic swimming strokes (front crawl, backstroke, breaststroke and butterfly) as well as sidestroke and elementary backstroke in a progressive manner. Levels 1 to 3 taught.

### ADULTS

**SESSION I:** Mondays, February 29-March 21 (4 classes) • FEE: \$28  
7:20-8 p.m.

**SESSION II:** Mondays, April 11-May 16 (6 classes) • FEE: \$42  
7:20-8 p.m.

Instructors work with adults of all ages and abilities to develop goals and increase personal safety. Whether you are just learning to swim, are a little nervous around water, or are training for a triathlon, our staff can help!

No refunds will be given, for any reason. There will be no make up classes unless the Center must cancel a class. We are sorry for any inconvenience.

Class size is limited to 6 students per instructor.



# Saturday Swim Lessons

## SESSION I • February 27-March 26\*

Lessons meet once weekly. Register participants based on their ages and skill levels.

### BABY SPLASH • 6 months-3 years

8:30-9 a.m..... 4 lessons.....Skill Level 3 ..... \$26  
9:30-10 a.m..... 4 lessons.....Skill Level 2 ..... \$26  
10:30-11 a.m. .... 4 lessons.....Skill Level 1 ..... \$26

### PRESCHOOL • 3-5 years

9-9:30 a.m..... 4 lessons.....Skill Level 1, 2, 3 ..... \$26  
10-10:30 a.m. .... 4 lessons.....Skill Level 1, 2, 3 ..... \$26

### GRADE SCHOOL • 6-14 years

9:40-10:20 a.m..... 4 lessons.....Skill Level 1 & 2..... \$28  
11:10-11:50 a.m. .... 4 lessons.....Skill Level 2 & 3..... \$28

### ADULT • 14 years and older

Noon-12:30 p.m. .... 4 lessons.....Skill Level 1, 2, 3 ..... \$28

## SESSION II • April 16-May 21\*

### BABY SPLASH • 6 months-3 years

8:30-9 a.m..... 5 lessons.....Skill Level 3 ..... \$32.50  
9:30-10 a.m..... 5 lessons.....Skill Level 2 ..... \$32.50  
10:30-11 a.m. .... 5 lessons.....Skill Level 1 ..... \$32.50

### PRESCHOOL • 3-5 years

9-9:30 a.m..... 5 lessons.....Skill Level 1, 2, 3 ..... \$32.50  
10-10:30 a.m. .... 5 lessons.....Skill Level 1, 2, 3 ..... \$32.50

### GRADE SCHOOL • 6-14 years

9:40-10:20 a.m..... 5 lessons.....Skill Level 1 & 2..... \$35  
11:10-11:50 a.m. .... 5 lessons.....Skill Level 2 & 3..... \$35

### ADULT • 14 years and older

Noon-12:30 p.m. .... 5 lessons.....Skill Level 1, 2, 3 ..... \$35

\*No classes March 12 or May 7.

No refunds will be given, for any reason. There will be no make up classes unless the Center must cancel a class. We are sorry for any inconvenience.