

Adapted Leisure Activities

2305 Douglass Blvd #3 40205 • 502/456-8148 • metro-parks.org • aleisure@louisvilleky.gov

SPRING 2015

All Adapted Leisure programs are limited in size, so please call or visit the center early to reserve your place. If you make a cancellation less than 48 hours before a program you are still responsible for class FEEs.

REALLY SPECIAL EVENTS

Spread the Word to End the Word

Friday, March 6, 6-9 p.m.

Showing movie *The Ringer*. Douglass Community Center. Ages 18 and older.

FEE: \$1

School Spirit Dance

Saturday, March 14, 7-9 p.m.

Douglass Community Center Gym. Ages 16 and older. Call 456-8148 to register, preregistration required.

FEE: \$5

U of L Girls Softball

Wednesday, April 29, 5:30-8:30 p.m.

Ulmer Softball Field, 2101 S Floyd St. Ages 18 and older.

FREE! Bring snack money!

Derby Run for the Roses Dance

Thursday, April 30, 10:30-Noon

Douglass Community Center. Ages 18 and older. Call 456-8148 to register, preregistration required.

FEE: \$1 Bring a brown bag!

U of L Men's Baseball

Tuesday, May 12, 5:30-8:30 p.m.

Ulmer Softball Field, 2101 S Floyd St. Ages 18 and older.

FREE! Bring snack money!

Spring Fling Dance

Saturday, May 16, 7-9 p.m.

Douglass Community Center Gym. Ages 16 and older. Call 456-8148 to register, preregistration required.

FEE: \$5

HEALTH AND WELLNESS

Healthy Lifestyles

Monday, March 2, 9, 16, 23, 30, April 6, 20, 27, May 4, 11, 18, 1-2 p.m.

Douglass Community Center. Ages 18 and older

FREE!

Pickle Ball

Monday, March 2, 9, 16, 23, 30, April 6, 20, 27, May 4, 11, 18, 2-3 p.m.

Douglass Community Center > ages 18 and older.

FREE!

Open Wheelchair Basketball

Monday, March 2, 9, 16, 23, 30, April 6, 9, 20 & 27, May 4, 11, 18, 6-7:30 p.m.

Douglass Community Center. Ages 16 and older

FREE!

Square Dance Lessons

Monday, March 2, 9, 16, 23, 30, April 6, 20, 27, May 4, 11, 18, 6:30-8:30 p.m.

Douglass Community Center. Ages 18 and older

FEE: Call for cost

Aqua Exercise

Thursday, March 5, 12, 19, 26, April 9 & 23, May 7, 14, 21, 28, 1-2 p.m.

Mary T. Meagher Aquatic Center, 201 Reservoir Ave. Ages 18 and older.

FEE: \$20/session; \$2/week

Intermediate Archery

Thursday, March 5, 12, 19, 26, April 9 & 23, May 7, 14, 21, & 28, 1-2 p.m.

Douglass Community Center Gym. For those who have had a beginning class. Ages 18 and older.

FEE: \$10/session

Beginning Archery 101

Thursday, March 5, 12, 19, 26, April 23, May 7, 14, 21, 28, 2-3 p.m.

Douglass Community Center Gym. Ages 18 and older.

FEE: \$10/session

Derby City Junior Mustangs

Saturday, March 7, 14, 28 April 25, May 9, 16, 23 & 30, 10-11:30 a.m.

Douglass Community Center. Ages 8-16 and older

FREE!

Assisted Wheelchair Basketball

Saturday, March 7, 14, & 28 April 25, May 9, 16, 23 & 30, 12:30 -1:30 p.m.

Douglass Community Center. Ages 16 and older

FREE!

Adult Mustang Wheelchair Basketball

Saturday, March 7, 14, & 28 April 25, May 9, 16, 23 & 30, 1:30-3:30 p.m.

Douglass Community Center. Ages 16 and older.

FREE!

Sled Ice Hockey Clinic for Individuals with Physical Disabilities

Saturday, March 7, 2:15-3:45 p.m.

Held at Ice Land. Ages 16 and older. Call 456-8148 to register, preregistration required.

FREE!

Stroke Support With Frazier Rehab

Wednesday, March 18, April 15, and May 20, Noon-1:30 p.m.

Call for speakers. Douglass Community Center. Ages 18 and older.

FREE!



LOUISVILLE



ON FACEBOOK:
Louisville Metro Parks Adapted Leisure

CENTER HOURS

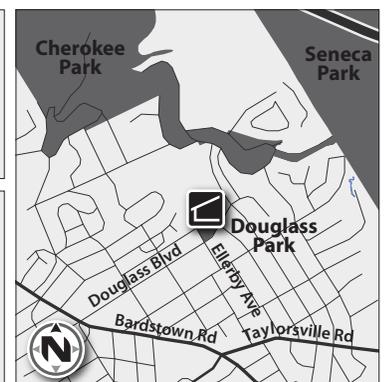
Tuesday-Thursday: 10 a.m.-9 p.m. •
Friday: 9:30 a.m.-6 p.m. •
Saturday: 8:30 a.m.-4 p.m.

CENTER STAFF

Manager: BJ Levis • Brent Priddy,
Diane Harrod, Joseph Blankenship,
James Williams, Wayne Kuchenbrod,
Steven Kuchenbrod, Mike Herbst

CENTER AMENITIES

Game Room • Gymnasium • Outdoor Court • Rental Space • Weight Room



METRO PARKS
AND RECREATION

Adapted Leisure Activities

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SPRING 2015

Goal Ball

Wednesday, March 18, 25, April 22, May 20, 27, 6:30-8 p.m.

Douglass Community Center.
Ages 18 and older

FREE!

JUST FOR FUN

Original Fun and Games

Tuesday, March 3, 10, 17, 24, 31, April 21, 28, May 5, 12, 19, 26, 1:30-2:30 p.m.

Call for events. Douglass Community Center. Ages 18 and older

FEE: \$1/week; \$10/session

UNO Club

Wednesday, March 4 & May 6, 10:30 a.m.-Noon

Douglass Community Center.
Ages 16 and older.

FEE: \$1

Wii Bowling

Thursday, March 5 & May 7, 6-7:30 p.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$1

Bowling Friday

Friday, March 6, 13, 20, April 10, 24, May 1, 8, 15, 22, 10 a.m.-Noon

Fern Bowl, 5518 Bardstown Rd.
Ages 18 and older

FEE: \$52/session or \$6/week

Grab Bag Night: Bingo

Tuesday, March 24, 6-8 p.m.

Douglass Community Center.
Ages 16 and older

FEE: \$2/person

Fridayday Fun Night: Pickle Ball

Friday, March 27, 6-8 p.m.

Douglass Community Center.
Ages 16 and older

FEE: \$3/person

Karaoke Club

Friday, March 20 & May 22, 1:30-3 p.m.

Douglass Community Center.
Ages 18 and older

FEE: \$1/person

Girl Talk: Steak and Shake Dinner

Thursday, March 26, 6-7:30 p.m.

Meets at 3232 Bardstown Rd.
Ages 18 and older. Call to register.

FEE: \$10/person

Grab Bag Night: Pictionary

Tuesday, April 21, 6:30-8:30 p.m.

Douglass Community Center.
Ages 16 and older

FEE: \$2/person

Girl Talk: Journaling

Thursday, April 23, 6-8 p.m.

Douglass Community Center.
Ages 18 and older

FEE: \$5/person

Grab Bag Night: Aggravation

Tuesday, May 19, 6-8 p.m.

Douglass Community Center.
Ages 6 and older

FEE: \$2/person

Girl Talk Movie Night: Chick Flick!

Thursday, May 21, 6-8 p.m.

Call for movies. Ages 18 and Older

FEE: \$10; includes snack

Zany Games

Wednesday, May 27, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older

FEE: \$1/person

Friday Fun Night: Wheelchair Basketball

Friday, May 29, 6-8 p.m.

Douglass Community Center.
Ages 16 and older

FEE: \$3/person

LEARNING AND SPECIAL INTEREST

Coffee Talk Book Club

Tuesday, March 3, 10, 17, 24, 31, April 7, 14, 21 & 28 May 5, 12, 19, and 26, 1-2:30 p.m.

March: *Unbroken* by Laura Hillenbrand; April/May: *The Fault in Our Stars* by John Green. Douglass Community Center. Ages 18 and older.

FEE: Cost of the book

Arts and Crafts: T-Shirt Tote Bag

Tuesday, March 10, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older

FEE: \$5/person

Vision Now: Healthy Snacks

Tuesday, March 10, 6-7:30 p.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$1

Arts and Crafts: Foam Cup Bunnies

Tuesday, March 17, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older

FEE: \$5/person

Arts and Crafts: Sharpie Mugs

Tuesday, March 24, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older

FEE: \$5/person

Arts and Crafts: Easter Eggs and Basket

Tuesday, Mar 31, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person

Arts and Crafts: Grass Hair Planters

Tuesday, April 7, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person

Vision Now: Walking 101

Tuesday, April 14, 6-7:30 p.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$1

Arts and Crafts: Welcome Door Hangers

Tuesday, April 14, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person

Arts and Crafts: Tissue Paper Glass Containers

Tuesday, April 21, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older

FEE: \$5/person

Arts and Crafts: Derby Baseball Hats

Tuesday, April 28, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older

FEE: \$5/person

Arts and Crafts: Memo Boards

Tuesday, May 5, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older

FEE: \$5/person

Arts and Crafts: Wood Sandal Frames

Tuesday, May 12, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older

FEE: \$5/person

Arts and Crafts: Wind Socks

Tuesday, May 19, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older

FEE: \$5/person

Arts and Crafts: Clay Pots and Seeds

Tuesday, May 26, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older

FEE: \$5/person