

Mary T. Meagher Aquatic Center
 201 Reservoir Avenue
 Louisville KY 40206
 phone • 502/897-9949
 fax • 502/897-2549
 web • bestparksever.com
 email • parks@louisvilleky.gov

MARY T. MEAGHER Aquatic Center SCHEDULE

Fall 2016
September 6
 -
January 3

**METRO PARKS
 AND RECREATION**
 Escape. Explore. Connect.

Mary T. Meagher Aquatic Center
 201 Reservoir Avenue
 Louisville KY 40206

Greg Fischer
 Mayor
 Louisville Metro Council

**METRO PARKS
 AND RECREATION**
 Escape. Explore. Connect.



About the Facility

Mary T. Meagher Aquatic Center

201 Reservoir Avenue
Louisville KY 40206

phone 502/897-9949
fax 502/897-2549
email parks@louisvilleky.gov
web metro-parks.org

Hours

Mon-Fri, 5 a.m.-9:15 p.m.
(pool closes at 9 p.m.)
Sat, 9 a.m.-6 p.m.
(pool closes at 6 p.m.)
Sun, 1-4 p.m.

Facility and Park Amenities

The Mary T. Meagher Aquatic Center facility includes:

- Olympic 11-lane (50 meter) competition swimming pool
- Therapy pool
- Weight room

Crescent Hill Park also has:

- Lighted tennis courts
- Crescent Hill Golf Course (9 holes)
- Louisville Water Company Reservoir (0.75 mile walking path)

Programs offered by Metro Parks Aquatics include:

- Aqua aerobics
- Birthday parties
- Pre-competitive training
- Aqua therapy lessons
- Dive-in movie
- Swim lessons for all ages
- Arthritis and deep water lessons

Lockers are available for rental per day, or you may bring your own lock.

STAFF

Scott Risinger Aquatics Manager scott.risinger@louisvilleky.gov
Keith Smith Aquatics Supervisor keith.smith@louisvilleky.gov
Susan Mahoney Information Specialist • General Questions susan.mahoney@louisvilleky.gov
Hammerheads Swim Team Coach hammerheadscoach@gmail.com

The mission of Louisville Metro Parks is to create a City of Parks where people can play, learn, grow and be healthy. The mission is accomplished by taking care of all parks properties and creating new ones, by providing safe and diverse recreational programs, and by protecting our public lands and resources for future generations.

Mary T. Meagher is the greatest butterfly swimmer ever. For her feats she earned the nickname "Madame Butterfly." Meagher won three gold medals at the 1984 Olympics, in both butterfly events (100M and 200M) and in the 4x100M medley relay. In 1988, by then past her prime, she earned a bronze in the 200M butterfly and a silver in the medley 4x100M relay. Meagher would likely have won both events in 1980, had the United States not boycotted the Moscow Olympics. She was world champion in 1982 over 100M and in 1986 over 200M. She set two world butterfly records over 100M, and five over 200M, beginning in 1979. Her performance at the 1981 U.S. Nationals remains her greatest effort, when she set world records of 57.93 for 100M, and 2:05.96 for 200M. These records, extremely dominant for their time, both lasted until 1999 before being broken. Her full name was Mary Terstegge Meagher, with her middle name derived from her mother's maiden name. Meagher was always known as Mary T. to differentiate her from a sister who later entered a convent, to literally become a sister, Sister Mary Glen.



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Silver Sneakers

Muscular strength and range of movement exercises for seniors.

Silver Sneakers Classic

Mon, Tue & Thu, 10-11 a.m.

Aqua Splash

Tue, 9-10 a.m. • Thu, 2-3 p.m.

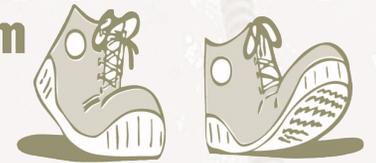
Cardio Fit

Fri, 10-11 a.m.

Yoga **NEW!**

Tue, 11 a.m.-Noon

The Silver Sneakers Fitness Program



Dive-In Movie

Dec 19: Zootopia

Doors open at 6 p.m.

Movies start at 7 p.m.

Tame those holiday blahs and have some family fun - dive in and watch a favorite movie for free! Bring your float, swimsuit and towel, because you're gonna get wet!

Groups are welcome to participate! Swimmers 8 years old and under must be with a chaperone of at least 18.

For more information or to make reservations for your group, call 502/897-9949.





FREE Halloween Fun!



CLASSIC HORROR THEATER

DIVE-IN MOVIE:
Hotel Transylvania 2
(PG)
October 28, 7 p.m.

HALLOWEEN CARNIVAL

OCTOBER 8

Trunk or Treat & Carnival Games • 4-6 p.m.

Children must be accompanied by an adult!
Concessions will be open every day of Halloween programs.



Hours / Membership

Lap Swim and Weight Room Hours

Mon-Fri 5 a.m.-9:15 p.m.
(pools close at 9 p.m.)
Sat 9 a.m.-6 p.m.
Sun 1-4 p.m.

Recreational Swim Hours

Mon & Thu Noon-3 p.m. (no evening Rec Swim past 3 p.m.)
Fri 7-9 p.m.
Sat Noon-6 p.m.

Specified lanes may be used for non-lap swim

Building closes 15 minutes after pool closes. Therapy Pool hours are on page 4.

Children under 8 must be accompanied by a person 12 or older. Those 9 and older must have an ID to enter the facility. IDs may be made at the Mary T. Meagher Aquatic Center during regular business hours. Cost is \$4. You must provide proof of name and address.

Fees

Children (3-12) \$3
Adults (13 and older) \$5.50
Senior Card \$48
Seniors (60 and older) \$4.50
Therapy Pool Only \$3.50 (1 hour maximum per visit; you must have doctor's consent form on file)
12-Visit Lap Swim/Weight Room Punch Card Adults \$60 • Children \$30

Memberships

Monthly Pass **Yearly Pass**
Individual.....\$45 **Individual**.....\$355
Family*.....\$75 **Family***.....\$520
Senior Passes • Patrons 60 and older
Monthly Pass **Yearly Pass**
Individual....\$38.50 **Individual**.....\$320
Family*.....\$55 **Family***.....\$470

* Family members must all live in the same household

All-inclusive Yearly Memberships

Best value! Includes all Aqua and Therapy classes, and one free birthday party for up to 10 people; does not include swim lessons/programs.

Individual.....\$555
Family.....\$720
Senior Family.....\$670
Senior Individual.....\$520

Please check posted lane assignments for lane availability!

Patrons who pay the daily fees or have monthly/yearly passes may use the Weight Room. Youths under the age of 15 must have direct supervision by a parent or responsible adult when using weight equipment.



Holidays / Closings

Swim Meets

October 14, 15 & 16
December 9, 10 & 11
Limited lap lanes, limited parking, no Recreation Swim.

Closed

November 24 & 25 • Thanksgiving
December 24, 25 & 26 • Christmas
January 31-2 • New Year's Day
January 16 • Martin Luther King, Jr. Day



Aqua Exercise

Mondays, Wednesdays and Fridays

- 7-8 a.m. Deep Water Class*
- 8-9 a.m. Deep Water Class
- 8-9 a.m. Aqua Exercise (Monday & Wednesday only)
- 9-10 a.m. Cardiac Class (Monday & Wednesday only)
- 9-10 a.m. Aqua Exercise

AEROBIC ROOM 10-11 a.m. **Silver Sneakers** (Monday only)
(Muscular strength and range of movement, land)

- 10-11 a.m. Aqua Exercise
- 11 a.m.-Noon Aqua Exercise
- 5:30-6:30 p.m. Aqua Exercise (Monday & Wednesday only)
- 6:30-7:30 p.m. Deep Water* (Monday & Wednesday only)

Tuesdays and Thursdays

- 7-8 a.m. M.S. and related conditions
- 8-9 a.m. Aqua Exercise

9 a.m. Aqua Splash (Silver Sneakers class, Tuesday only)

- 9-10 a.m. Pre- and Post-Natal Class (Thursday only)
- 9-10 a.m. Aqua Exercise

AEROBIC ROOM 10-11 a.m. **Silver Sneakers**
(Muscular strength and range of movement, land)

- 10-11 a.m. Aqua Exercise
- 10-11 a.m. Deep Water (Thursday only)

2:30 p.m. Aqua Splash (Silver Sneakers class, Thursday only)

Saturdays

- 11 a.m.-Noon Deep Water*
- 11 a.m.-Noon Aqua Exercise

Please shower before entering the pools, and lock your locker!!!

Fees for Aqua Exercise Lessons held in the Olympic Pool

If you purchase a monthly/yearly pass, the daily fee is \$3, or you may purchase a 12-visit Exercise Card for \$33. Monthly members may only purchase a maximum of 2 punch cards during their corresponding membership period.

If you do not purchase a monthly/yearly pass, the daily fee is \$6, or you may purchase a 12-visit Exercise Card for \$60.

You may take a second lesson on the same day for only \$1!

*Participants must be comfortable in deep water.



Birthday Parties

Available during Recreational Swim hours!

Mary T. Meagher Aquatic Center will provide:

- Certified Lifeguards
- 1-Meter Diving Board
- Water Basketball

You may bring:

- Food
- Birthday cake
- Decorations, etc.

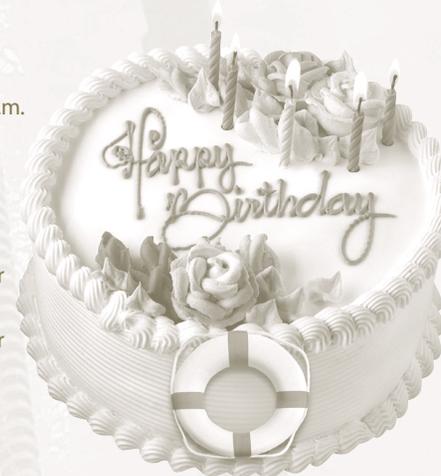
Please do not bring glass containers or confetti. Alcohol is not allowed.

Friday Parties

The pool opens at 7 p.m. and closes at 9 p.m. All visitors must be out of the facility by 9:15 p.m.

Party Room
7-9 p.m. • \$6/swimmer

Deck Party
7-9 p.m. • \$5/swimmer



Saturday Parties

Saturday parties are 2 hours only. Please have your area cleaned up no later than 15 minutes after your party has ended.

Party Room
Noon-2 p.m. • \$6/swimmer
3-5 p.m. • \$6/swimmer

Deck Party
Noon-2 p.m. • \$5/swimmer
3-5 p.m. • \$5/swimmer

Registration and Information

Reservations must be made in person, and are on a first-come, first-served basis. All birthday parties require a non-refundable registration fee - \$25 for members and \$45 for non-members - which is due at the time the party date is reserved (this fee does not apply to the final cost of the party). A non-refundable \$10 fee is assessed if you change the party's date.

Cash, check, Mastercard and Visa are accepted (driver's license number, date of birth and telephone number are required on all checks). Make checks payable to Metro Parks, and payment must be made in person at the Mary T. Meagher Aquatic Center, 201 Reservoir Avenue, Louisville KY 40206.

*Children age 2 and under will be charged for reserved birthday parties.



Baby Splash

The Baby Splash program is designed to give your child an introduction to the water and includes fundamental swimming and recovery skills. Until toilet trained, babies must wear tight-fitting swimsuits.

Some classes are also offered on Saturdays. There are no makeup classes, unless the Center must cancel a class. No refunds will be given, for any reasons.

Level 1 Parent and child together • An introduction to the water as well as swimming and recovery skills.
6-12 months

Level 2 Parent and child together • Improve fundamental swimming and recovery skills. Level 1 prerequisite.
12 months & older

Level 3 Parent and child together • Improve fundamental swimming and recovery skills. Some independent swimming is encouraged. Level 2 prerequisite.
1-3 years



TUE September 13-October 18 6 p.m. 6 Lessons Level I \$39

TUE November 8-December 13* 6:30 p.m. 6 Lessons Level I \$39

THU September 15-October 20 6 p.m. 6 Lessons Level II \$39

THU November 10-December 22* 6:30 p.m. 6 Lessons Level III \$39

*No class November 24



Hammerheads Clinic



The Hammerheads Swim Team offers a six-week clinic for those swimmers who are ready to begin the transition to competitive swimming. Participants are required to swim the length of the pool (25 yards) in both freestyle and backstroke in order to take part in this group. The clinic focuses on improving swimmers' freestyle and backstroke techniques, as well as introducing them to the breaststroke and butterfly strokes, starts and turns. Swimmers may then transition to our Hammerheads Swim Team, a year-round, non-USA competitive program.

SESSION 1 Sat, Sept 17-Oct 29* Noon 6 classes \$42

*No class Oct 15

SESSION 2 Sat, Nov 5-Dec 17 Noon 6 classes \$42

*No class Nov 26



Therapy Pool Schedule

TIME	SUN	MON	TUE	WED	THU	FRI	SAT
6 a.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
7 a.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
8 a.m.	CLOSED	Low Impact	Open Time	Low Impact	Open Time	Low Impact	CLOSED
9 a.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	Swim Lessons
10 a.m.	CLOSED	Arthritis Class	Open Time	Arthritis Class	Open Time	Open Time	Swim Lessons
11 a.m.	CLOSED	Open Time	Water Walking	Open Time	Pilates 11:15	Arthritis Class	Open Time
Noon	CLOSED	Arthritis Class	Yoga	Arthritis Class	Aqua Chi	Arthritis Class	Open Time
1 p.m.	CLOSED	Arthritis Class	Open Time†	Arthritis Class	Adapted Leisure	Arthritis Class	Open Time
2 p.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	Open Time
3 p.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	CLOSED
4 p.m.	CLOSED	Low Impact	Open Time	Low Impact	Open Time	Low Impact	CLOSED
5 p.m.	CLOSED	Warm Water Workout	Open Time	Warm Water Workout	Open Time	Warm Water Workout	CLOSED
6 p.m.	CLOSED	Swim Lessons	Swim Lessons	Open Time	Swim Lessons	Open Time	CLOSED
7 p.m.	CLOSED	Open Time	Swim Lessons/ Open Time @ 7:05	Open Time	Swim Lessons/ Open Time @ 7:05	Open Time	CLOSED
8 p.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

Fees for Aqua Exercise Classes held in the Therapy Pool

If you purchase an Aquatic Center monthly, yearly or family pass, classes are free.

If you do not purchase an Aquatic Center monthly, yearly or family pass, classes are \$4.25 per day-or you may purchase a 12-visit Aqua Card for \$40.

All persons using the Therapy Pool must have a consent form signed by a doctor on file. Forms may be obtained at the front desk or on our website.



Weekday Swim Lessons

WEEKDAY LESSONS • Olympic Pool

Lessons meet once weekly. All swim classes are also offered on Saturdays.

PRESCHOOL • 3 to 5 years

SESSION 1: Mondays, September 12-October 17 (6 classes) • FEE: \$39

6-6:30 p.m.....Levels 1 & 2
6:40-7:10 p.m.....Levels 2 & 3

SESSION 2: Mondays, November 7-December 12 (6 classes)* • FEE: \$39

6-6:30 p.m.....Levels 1 & 2
6:40-7:10 p.m.....Levels 2 & 3

Preschool classes focus on water adaptation, basic safety skills and beginning stages of swimming. Parents are spectators during lessons. Children must wear tight-fitting swimsuits until toilet trained. Levels 1 to 3 taught.

GRADE SCHOOL • 6 years and older

SESSION 1: Mondays, September 12-October 17 (6 classes) • FEE: \$39

6-6:30 p.m.....Levels 1 & 2
6:40-7:10 p.m.....Levels 2 & 3

SESSION 2: Mondays, November 7-December 12 (6 classes)* • FEE: \$39

6-6:30 p.m.....Levels 1 & 2
6:40-7:10 p.m.....Levels 2 & 3

These classes teach youngsters the building blocks of the four basic swimming strokes (front crawl, backstroke, breaststroke and butterfly) as well as sidestroke and elementary backstroke in a progressive manner. Levels 1 to 3 taught.

ADULTS

SESSION 1: Mondays, September 12-October 17 (6 classes) • FEE: \$42

7:20-8 p.m.

SESSION 2: Mondays, November 7-December 12 (6 classes)* • FEE: \$42

7:20-8 p.m.

Instructors work with adults of all ages and abilities to develop goals and increase personal safety. Whether you are just learning to swim, are a little nervous around water, or are training for a triathlon, our staff can help!

*No class November 24

No refunds will be given, for any reason. There will be no make up classes unless the Center must cancel a class. We are sorry for any inconvenience.



Saturday Swim Lessons

SESSION 1

BABY SPLASH • 6 months to 3 years old

Sat.....Sept 17-Oct 29* 8:30 a.m.....6 classes..... Level 3 \$39
Sat.....Sept 17-Oct 29* 9:30 a.m.....6 classes..... Level 2 \$39
Sat.....Sept 17-Oct 29* 10 a.m.....6 classes..... Level 1 \$39

PRESCHOOL • 3 to 5 years old

Sat.....Sept 17-Oct 29*9 a.m.....6 classes..... Level 1, 2 & 3 \$39
Sat.....Sept 17-Oct 29* 10:30 a.m.....6 classes..... Level 1, 2 & 3 \$39

GRADE SCHOOL • 5 to 14 years old

Sat.....Sept 17-Oct 29* 9:40 a.m.....6 classes..... Level 1 & 2 \$42
Sat.....Sept 17-Oct 29* 11:10 a.m.....6 classes..... Level 2 & 3 \$42

ADULTS • 15 years and older

Sat.....Sept 17-Oct 29* Noon6 classes..... Level 1 & 2 \$42

*No class October 15

SESSION 2

BABY SPLASH • 6 months to 3 years old

Sat.....Nov 5-Dec 17* 8:30 a.m.....6 classes..... Level 3 \$39
Sat.....Nov 5-Dec 17* 9:30 a.m.....6 classes..... Level 2 \$39
Sat.....Nov 5-Dec 17* 10 a.m.....6 classes..... Level 1 \$39

PRESCHOOL • 3 to 5 years old

Sat.....Nov 5-Dec 17*9 a.m.....6 classes..... Level 1, 2 & 3 \$39
Sat.....Nov 5-Dec 17* 10:30 a.m.....6 classes..... Level 1, 2 & 3 \$39

GRADE SCHOOL • 5 to 14 years old

Sat.....Nov 5-Dec 17* 9:40 a.m.....6 classes..... Level 1 & 2 \$42
Sat.....Nov 5-Dec 17* 11:10 a.m.....6 classes..... Level 2 & 3 \$42

ADULTS • 15 years and older

Sat.....Nov 5-Dec 17* Noon6 classes..... Level 1 & 2 \$42

*No class November 26

There will be no make up classes unless the Center must cancel a class. We are sorry for any inconvenience.