

Release from COVID-19 Home Isolation

For people with known or suspected COVID-19 *who had symptoms* and were ordered to home isolation, you can end home isolation when either:

1. You have been recovered for at least 3 days (72 hours) AND 7 days have passed since the first symptoms started

Recovery means

- No fever without medicine AND
- No diarrhea (3 or more loose stools in 24 hours) AND
- Your other symptoms have improved AND
- At least 7 days have passed since symptoms first started

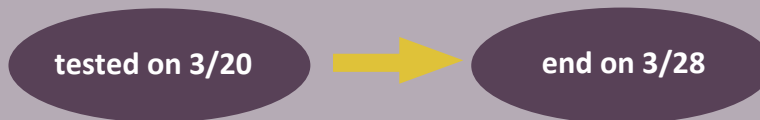
OR

2. You are fever-free and have two negative tests, 24 hours apart

- This will not be done if tests are limited

For people who tested positive *but never had symptoms* you can end home isolation when at least 7 days have passed since the test.

Example:



Stay up to date on the coronavirus outbreak with reliable sources such as the CDC and World Health Organization.

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For people with close contact to someone with COVID-19 *who had symptoms* and were ordered to home isolation, you can end home isolation when:

You have been recovered for at least 3 days (72 hours) AND 7 days have passed since the first symptoms started

Recovery means

- No fever without medicine AND
- No diarrhea (3 or more loose stools in 24 hours) AND
- Your other symptoms have improved AND
- At least 7 days have passed since symptoms first started

These instructions are based on Centers for Disease Control and Prevention (CDC) and Kentucky Department for Public Health (KDPH) guidance.

Please note, we are learning more about COVID-19 every day and these instructions may change.

CALL your healthcare provider if you feel you have COVID-19 and follow their advice.

Kentucky COVID-19 Hotline 1-800-722-5725

More information: kycovid19.ky.gov

