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# Release from COVID-19 Home Isolation

For people with known or suspected COVID-19 *who had symptoms* and were ordered to home isolation, you can end home isolation when either:

1. You have been recovered for at least 3 days (72 hours) AND 10 days have passed since the first symptoms started

Recovery means

- No fever without medicine AND
- No diarrhea (3 or more loose stools in 24 hours) AND
- Your other symptoms have IMPROVED AND
- At least 10 days have passed since symptoms first started

OR

2. You are fever-free and have two negative tests, 24 hours apart

For people who tested positive *but never had symptoms* you can end home isolation when at least 10 days have passed since the test.

Example:

tested on 3/20



end on 3/31

For people with close contact to someone with COVID-19 *who had symptoms* and were ordered to home isolation, you can end home isolation when:

You have been recovered for at least 3 days (72 hours) AND 10 days have passed since the first symptoms started

Recovery means

- No fever without medicine AND
- No diarrhea (3 or more loose stools in 24 hours) AND
- Your other symptoms have improved AND
- At least 10 days have passed since symptoms first started

For people with close contact to someone with COVID-19 *but have no symptoms* and were instructed to home quarantine, you can end home quarantine:

- 14 days after last contact with someone with COVID-19
- IF symptoms develop during 14 day quarantine follow above guidance

These instructions are based on Centers for Disease Control and Prevention (CDC) and Kentucky Department for Public Health (KDPH) guidance.

**Please note, we are learning more about COVID-19 every day and these instructions may change.**

CALL your healthcare provider if you feel you have COVID-19 and follow their advice.

**Kentucky COVID-19 Hotline 1-800-722-5725**

**More information: [kycovid19.ky.gov](https://www.ky.gov/covid19)**