

# PROTECT YOURSELF FROM Hepatitis A

## HOW IS IT SPREAD?



Not washing hands



Sex with infected partners



Eating/drinking foods contaminated by Hepatitis A



Illegal drug use

It can also be spread through close contact with someone infected with Hepatitis A

## WHAT ARE THE SYMPTOMS?



Yellowing of eyes and skin (jaundice)



Fever



Nausea or throwing up

Other symptoms include: dark pee, pale poop, stomach pain, feeling tired or loss of appetite  
**If you have symptoms, see your doctor.**

## HOW DO I PREVENT THE SPREAD OF HEPATITIS A?



Wash your hands with soap and warm water after using the bathroom or changing diapers and before eating and preparing food.



**GET VACCINATED IF YOU ARE AT HIGH RISK FOR GETTING HEPATITIS A!**

## WHO IS AT HIGH RISK?

- People who use illegal drugs
- People who are homeless or have unstable housing
- Men who have sex with men (MSM)
- People recently in jail or prison
- People with underlying liver disease



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