

Week 12 Outline	Video Topic	Points to Emphasize	Handouts/Supplies
<ol style="list-style-type: none"> <li>1. Check attendance.</li> <li>2. Distribute name tags.</li> <li>3. Show Week 12 DVD.</li> <li>4. Support group for Introduction week (for the new participants if applicable).</li> <li>5. Show DVD-Introduction</li> <li>6. Week (if applicable).</li> <li>7. Pot Luck (Optional).</li> <li>8. Complete program evaluations.</li> <li>9. Collect program evaluations and name badges.</li> </ol>	<ul style="list-style-type: none"> <li>• Congratulations!</li> <li>• Review of what you've been through the past 12 weeks.</li> </ul>	<ol style="list-style-type: none"> <li>1. Become the person you were before you started smoking!</li> <li>2. Don't give the cigarette credit it doesn't deserve.</li> <li>3. You are a role model.</li> <li>4. You feel better about yourself.</li> <li>5. Success is a plan that's adhered to.</li> <li>6. A major problem can be solved when cut into smaller problems.</li> <li>7. Plan to return the next 12 weeks to support those beginning a new class and it will become your relapse prevention class.</li> <li>8. You are successful! You did it yourself!</li> <li>9. You followed what Dr. Cooper and Dr. Clayton said, that's why you have become a nonsmoker!</li> </ol>	<p><u>Supplies:</u></p> <ul style="list-style-type: none"> <li>• Attendance sheet</li> <li>• Name badges</li> <li>• DVD/TV</li> <li>• DVD 10:50</li> <li>• C/C Method to Stop Smoking Participant Program Evaluation</li> </ul> <p><u>Handouts:</u></p> <ul style="list-style-type: none"> <li>• Remaining a permanent nonsmoker</li> <li>• You Are Successful</li> </ul>

