

- Comparison Foods set includes: Glazed donut, Bagel (1/2 large), Baked potato, Vanilla ice cream (1/2 cup), Non-fat frozen yogurt, Pasta with alfredo sauce, Pasta with marinara sauce, French fries, Small bag of potato chips, and a Small bag of pretzels.
- Vending Machine Foods set includes: chocolate chip cookie, animal crackers (14 pieces), 3 small chocolate donuts, mixed nuts, granola bar, 2 cupcakes, chocolate bar with nuts, peanut butter crackers, small bag of potato chips, and a small bag of pretzels.



Saturated and Unsaturated Fat Tubes: shows the difference between the two types of fat. Simulated saturated fat is thick and slow-moving and the simulated unsaturated fat flows easily.

- This set includes: butter, soft margarine, cooked sirloin steak, roasted peanuts, corn chips, cheddar cheese, croissant, premium ice cream, chocolate candy bar, and a cooked chicken breast.

How Much Fat? Test Tube Display

- Part 1 includes: 8-oz. glass whole milk, 8-oz. glass skim milk, 3-oz. broiled hamburger patty, 3-oz. grilled chicken breast, 3-oz. broiled haddock, 1-oz. round bologna slice, 1-1/2-oz. hot dog, 4-oz. fried hamburger patty, hamburger bun, 1-oz. American cheese slice, lettuce leaf, and tomato slice
- Part 2 includes: McDonald's french fries, McDonald's Premium Grilled Chicken Classic sandwich, Pizza Hut pizza, Milky Way bar, Ritz and Townhouse crackers, graham and saltine crackers, regular and baked potato chips, and regular ice cream and Dairy Queen soft serve ice cream.



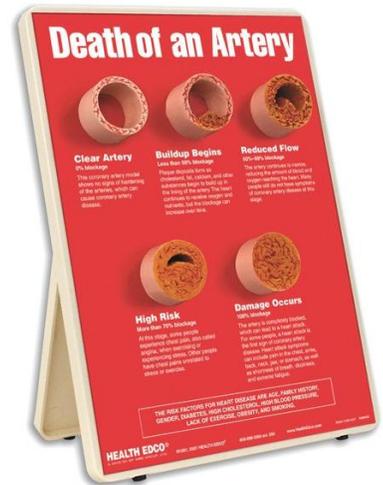
Sugar-Visuals Tubes: show the amount of sugar in commonly eaten foods.

- 12 pack includes: sugar cake donut, wheat bagel, cooked oatmeal, frosted flakes, apple juice, orange soda, chocolate ice cream, nonfat frozen yogurt, Oreo cookies, Hershey's kisses, strawberries, and air popped popcorn.
- 36 pack includes: sugar cake doughnut, wheat bagel, cooked oatmeal, frosted flakes, apple juice, orange soda, chocolate ice cream, nonfat frozen yogurt, Oreo cookies, Hershey's kisses, strawberries, air popped popcorn, graham crackers, rice crispy treat, vanilla wafers, animal crackers, peanut butter and jelly sandwich, Jell-O, chocolate pudding cup, popsicle, fruit filled cereal bar, brownie, light Yoplait yogurt, cracker jacks, peanut butter granola bar, Twinkie, Coca cola (2 tubes), Kool-Aid, Lucky Charms, gummy bears, Skittles, Bubblicious, Starburst, Fruit Roll-Up, and sweetened applesauce.



Chronic Disease

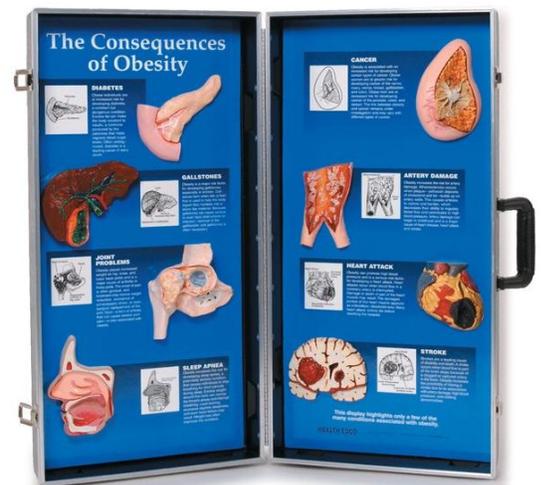
Death of an Artery Easel Display: shows the smothering effect of waxy plaque buildup inside a coronary artery. As the opening in the artery gets smaller, the chances for a good outcome grow dimmer and finally a heart attack becomes imminent.



Loss of a Bone Easel Display:

Osteoporosis is a complex disease. This display shows a normal hip bone, one that is slowly dying from osteoporosis and a hip bone after a fracture.

The Consequences of Obesity 3-D Display: Carrying extra weight has a taxing effect on every cell in the body, greatly accelerating wear and tear on joints and organs. From "minor" problems, such as sleep apnea, to life-threatening conditions, such as diabetes and cardiovascular disease, the models in this display give a rare glimpse inside a body staggering under the weight of excess fat. Carrying case is 28" x 27" opened.



The Consequences of High Blood Pressure 3-D Display:

This display shows the critical importance of managing blood pressure correctly. Carrying case is 28" x 27" opened.

Diabetes Insulin syringe: 3 examples of BD ultra-fine insulin syringes

Tobacco

Life or Death Lungs Set: Subjected to a constant stream of hot carcinogenic smoke, once-smooth lung tissue becomes scarred with tumors and blistered air sacs from cancer and emphysema.

Inflatable Lungs: simulated smoker's lungs and healthy lungs for comparison. Damage from smoking is evident when the lungs are inflated.



A Year's Worth of Tar Jar: Tar is sealed in an easy-to-handle, shatterproof container that allows everyone in your audience to get a firsthand look at the gooey cancer-causing liquid created by cigarette smoke. Represents the amount of tar that goes through the lungs of a half-pack-a-day smoker in the span of 1 year.

Phlem Jar: Put 2 weeks' worth of phlegm that would be coughed up by a smoker in your audience's hands. This attention-getting sealed jar demonstrates one of the nasty consequences of smoking. Smoking causes thick mucus to build up in the lungs which causes smokers to continue to cough until they can expel the thick nasty liquid.

Mr. Gross Mouth: Open wide and say "Yuck!" Teeth, tongue, and gums showing oral damage from tobacco.



To request to borrow one (or more) of these educational models, just fill out this [Health Education Model Request Form](#) and we'll get back with you about the details!