Life Expectancy in Louisville Metro

Life Expectancy, in years
- 69.64 - 71.79
- 71.80 - 73.29
- 73.30 - 77.00
- 77.01 - 78.60
- 78.61 - 82.21

**Data Source:** 2011-2015 Kentucky Vital Statistics

Life expectancy at birth, five year estimates, by market area
These market areas are aggregations of 2010 census tracts

**HEALTH OUTCOMES**

Health outcomes can range from well-being to sickness to death. They include things like asthma, heart disease, and cancer. Differences in root causes lead to differences in health outcomes and can even influence life expectancy. You will see 21 health outcomes in our full report.

Life expectancy is the average number of years a newborn is expected to live, if the current rates at which people die stay the same. The life expectancy for Louisville Metro is 76.8, but some areas have a 12.6 year difference in life expectancy.

**Top 3 Outcomes That Lead To Death**

**USA**

1. Heart disease 169.9
2. Cancer 163.6
3. COPD* 41.6

**Louisville Metro**

1. Cancer 189.9
2. Heart disease 169.6
3. COPD* 51.9

Both Louisville Metro and the USA have the same rate of heart disease deaths, but Louisville Metro has a much higher rate of cancer, making it our leading cause of death.

**ROOT CAUSES**

Root causes can range from food systems to neighborhood development. Differences in root causes include whether or not we have grocery stores in our neighborhoods or the ability to get a housing loan. Root causes lead to health outcomes and have to be addressed to make a difference in individual health. You will see 11 examples of root causes in our full report.

**SYSTEMS OF POWER**

Deep in the soil, you will find systems of power—like racism and sexism—which shape how people experience root causes of health equity like housing or employment. These systems of power are embedded in history and our present day policies and practices.

We have the resources to work together to find solutions to these root causes of poor health outcomes and create a Louisville Metro where we all thrive.
For more than a decade, the Center for Health Equity has worked to remove barriers to good health. We know that health is more than the choices you make; health is impacted by the choices you have. In many ways, the choices we make as a community will drive the choices any of us have as individuals.

At the Center for Health Equity, we focus on creating policies and changing systems to ensure everyone has the opportunity to make healthier choices. We recognize and value the multiple identities that shape people's experiences and believe all ages, abilities, sectors, and cultures should be at the table.

We use multiple forms of data and know that a responsive, accountable government, working with a powerful community, can change systems. We have the resources to work together to find solutions to these root causes of poor health outcomes and create a Louisville Metro where we all thrive.

We invite you to join us in designing a healthier Louisville for all!

Acknowledgments:
The report was created by Center for Health Equity staff: Brandy N. Kelly Pryor, PhD, Rebecca Hollenbach, MPH, CHES, T Gonzalez, MSW, Aja Barber, MS, and Lilah Gael, MPA. Special assistance provided by Yu-Ting Chen, WS, Mb, Danielle Vaninger, the Kentucky State Data Center and the Louisville Metro Department of Public Health and Wellness.

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OUR VISION:
A Louisville where every person and every community can enjoy hope, happiness, and wellness.

Center for Health Equity
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