

Workshop #2: Why Did I Buy That?

Instructor: Dr. Kathy Cooter, Bellarmine University

Does your buying behavior prevent you from reaching your financial goals? This workshop helps you identify your values and make spending choices consistent with those values. Through activities and group interaction you'll be encouraged to think deeper on your spending habits and analyze how to make changes that positively affect your future opportunities.

Tunneling

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Workshop #2: Follow Up

What changes to your behavior can you make to help you attain the goals you set at the beginning of the series?