



CORPORATION
FOR NATIONAL
SERVICE

**Metro
United
Way**

Where there's a need
there's a Way.



RSVP NEWSLETTER

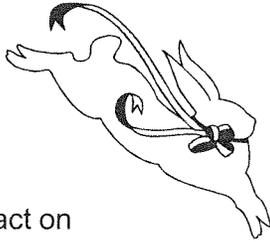
Getting Things Done

Retired and Senior Volunteer Program
A service of Metro United Way.

Louisville and Jefferson County, Kentucky
Spring, 1998 Vol. V #1

Spring into a NEW image of yourself!

RSVP is looking for new and current RSVP volunteers to have REAL impact on the needs of our community.



What are those needs? The news media is FULL of areas where a caring senior volunteer could make a **measurable and lasting difference**

- * young parents struggling to become self-sufficient through job training and a GED
- * adults needing a hot lunchtime meal
- * elementary school children struggling to learn to read and do basic math
- * juveniles turning to gangs for a "family" influence or after school activities
- * people needing education and a caring partner in their struggle to overcome substance abuse
- * areas of our community need environmental watchdogs, beautification and cleanup projects.

Other needs . . .

- * homeless families need a mentor for available services as they leave a shelter for their next step in recovery
- * nursing home residents need people to visit -- by themselves or with a loving, gentle pet
- * abused adults and children need advocates, counselors and emergency response volunteers
- * historic homes, museums and a weaving landmark need docents to teach visitors our local heritage . . . and there is so much more!

When you're old enough and wise enough to know that money is NOT the only answer to life's challenges, you're probably ready for RSVP!! (Usually, you're age 55 and over)

Please encourage your friends to call our office at **583-2821** and use their experience, interests and time to make a real impact on someone's future.

Even ONE hour a day, can make such a BIG difference to a person who needs you!

MARK YOUR CALENDARS!!

Saturday, May 9th: Letter Carriers' Annual Food Drive. Don't forget to leave non-perishable foods (can goods, boxes, etc.) by your mailbox for pickup. *Proceeds benefit Dare to Care - courtesy of local members of the National Association of Letter Carriers Branch 14, AFL-CIO.*

WEDNESDAY, MAY 27TH - Louisville Senior Service Corps (RSVP, FGP & SCP) "Rock-a-Thon" in the Galleria. Food, fun, prizes and more!! See page 2!

June 4th: Seventh Annual Conference on Aging, at Galt House East. Fee for entire conference, including materials and lunch, is \$30. Luncheon/presentation only is \$20. Call 574-4941 for more information.

June 10th: First of two "Spirit of Jefferson" Senior Cruises sponsored by Jefferson County Community Outreach. Board at 4th and River Road at 9:00 a.m. Tickets are \$3.00 in advance; first come, first served. Call **584-6720** for more information.

Continued on Page 3

CONGRATULATIONS!

We've noticed that the following volunteers received public recognition for their outstanding service:



* **Niles Hadden**, JCPS adult education tutor and Kentuckiana Literacy Council member, was nominated for the J. C. Penney Golden Rule Award.

* **Gertrude Gay**, extensively involved advocate and RSVP Advisory Council member, was among this year's winners of a Metro United Way Allen Society Community Service Award.

* **Betty Walsh**, volunteer Director of 80+ volunteers at the St. Anthony Soup Kitchen, was nominated for the Shawnee High School Alumni Hall of Fame.

IN THIS ISSUE:

Older Americans Month event	P. 2
New Enrollees	P. 2
New Stations	P. 3
America Reads grant	P. 3
Volunteer Opportunities	P. 4
Legacies	P. 5
Free Tours	P. 5
Volunteer Birthdays	P. 6
1998 KSSC Conference	P. 8
Advisory Council Listing	P. 8

A "rockin' good time" to celebrate Older Americans Month and RSVP



Since May is Older Americans Month, a special celebration is very much in order. And you're NEVER too old for an RSVP team competition!

On **Wednesday, May 27th, National Senior Health & Fitness Day**, teams of rockin' volunteers will meet at the **Louisville Galleria** to compete for their volunteer programs.

The festivities, which run from **8:00 a.m. to 2:00 p.m.** will also include:

- * entertainers and a band
- * free health screenings
- * free continental breakfast (from 8:00 a.m. till it's gone)
- * raffle for a \$100.00 Galleria shopping certificate
- * free rides to/ from secured parking
- * horse-drawn carriages for touring the downtown loop and more!

The Louisville RSVP, Foster Grandparent Program, the Senior Companion Program and the state FGP at Hazelwood IMF are the participating agencies.

Of these programs, RSVP has the largest number of local participants. So we're asking YOU to help us have the biggest turnout of teams and/or watchers for a cheering section. Bring a friend!

Like a walkathon, you ask for pledges from your families, friends and neighbors for the ONE HOUR you'll be rocking.

As one team finishes their hour, they "tag" a waiting team of the same program - RSVP.

We have enclosed a pledge sheet with this newsletter for those who are interested in this fun event.

The proceeds of RSVP teams participating in this event go toward the support of the many areas of the RSVP program - publicity, recruitment, recognition, etc.

Please contact the RSVP office at 583-2821 to confirm your agency team's participation. Times will be assigned on a first come/first serve basis - so call quickly!

An open heart can a child's open mind!



Be a Foster Grandparent

If you are over 60 and become a Foster Grandparent, your life experience can help a younger person find their future.

You'll receive a small stipend, but the REAL reward is the fulfillment that comes from fostering hope in the hearts of children.

Why wait - call TODAY!!

**Lou. & Jeff. Co. CAA
Foster Grandparent Program
574-1157, Ext. 319 or 321**

Senior Companion Program needs caring seniors to help frail seniors live with dignity in their homes for as long as possible.

SCP volunteers offer - a daily four-hour visit, do a few household chores, have a chance to make a friend and make a REAL difference.



Call Peggy Breit or Mary Lake at ElderServe at 587-9673 for details of benefits, stipends, placement, training and duties.

**SCP - 10 years of loving, in-home service to Louisville's frail elderly!
Join today!**

REMEMBER RSVP is NOT a "social" organization. We're a "social **SERVICE**" organization - dedicated to making a **POSITIVE** difference in our communities!

WELCOME NEW & RETURNING VOLUNTEERS

- Millydean Aschbacher
- Generose Bain
- Julia Barnett
- Mary Ellen Bauer
- Floyd Benner
- Margaret Bern
- Florence Blaser
- Linda Bucayu
- Jerry Dowdle
- Nancy Eddington
- James Gordon (R)
- Evelyn Johns
- Margaret Kaegi
- Carol Kamer
- Jewell Kayorie
- Mary McCoy
- Jimmy McClure
- Carl "Buddy" Merenbloom
- Frances Middleton
- Anne Netick
- Mary Padgett
- Ernest Pottinger
- Katherine Robinson
- Maureen Salibo
- John Salyers
- Donna Schexneider
- Mary Seagraves (R)
- Lula Smith
- Ralph Smith
- Rose Smith
- Bonnie Stowers
- Joseph Von Bokern
- Edward Wagner
- Martha Wagner
- Sylvia Wheeler
- Lucille Williams
- Emma Young



Welcome to our NEW participating agencies!

Brain Injury Association of Kentucky (BIAK) is also known by a more affectionate name to its participants - "Center 113."

Center 113, located at 113 South Hubbards Lane, functions as a social services, educational and daytime gathering place for adult survivors of brain injuries.

BIAK is an authorized chapter of the national organization which has chapters in 45 states and a national membership of over 22,000 persons.

The group at Center 113 has already chosen "Skinny Books" as their first volunteer project. ("Skinny books" are individual journals for elementary students to assist in developing their reading and writing skills.)

BIAK also has available an excellent resource journal.

If your family has a survivor of a brain injury, RSVP encourages you to take advantage of the services of Center 113.

In addition, you'll find some extremely interesting and talented new friends!

MARK YOUR CALENDERS

(continued from p. 1)

August 22nd: RSVP Annual Recognition Luncheon at Executive West Hotel. Invitations for active volunteers will be sent out in July! ("Active" means up to date hours reported to the RSVP office.)

October 1st: DEADLINE FOR ENROLLMENT TO RECEIVE VETERAN'S HEALTH CARE BENEFITS. In order to keep your VA hospital benefits you **MUST** have an up-to-date card. Veterans will be grouped by service eligibility and benefit cards are only good for one year at a time.. For more information, call VA Medical Center at **894-3401. Don't wait, call today!**

Meadowview Health Care Facility is located at 9701 Whipps Mill Road.

As a nursing and rehabilitation facility, it shares the same types of needs of many such centers :

- * friendly visitors (pets)
- * activities assistants
- * daily mail / letter readers and writers for residents

and more on an recurring basis.

There are many professionals at Meadowview trying to provide high quality medical and personal care. But, often it's the variety and number of ongoing activities and incoming volunteers that make residency a bearable separation from family, friends and lifelong home.

Volunteers can bring a calming peace, condition-appropriate freedom for field trips, excitement for new physical challenges and reassurance that the resident is NOT alone!

Please consider Meadowview (or one of the other dozen facilities participating in RSVP) as your exciting opportunity to make a friend and make a difference!

ON A RELATED SUBJECT . . .

Ombudsman programs take the nursing home volunteer to a higher degree of caring and responsibility.

As an ombudsman, you have the power to make trained observations, enforceable recommendations and to help the residents and families form their own governing councils.

Catholic Charities, Inc., an RSVP participating agency, has the current state contract to train, monitor and support the ombudsman program.

For many residents, ombudsman volunteers are often the first line of defense against abuses of many types! For more information or to volunteer, call **637-9786**.



"America Reads" grant promotes special recruitment

RSVP, in a highly competitive regional process, was awarded an \$11,400 grant to focus on placing volunteers in K-3rd grades and/or in the making of "skinny books."

The seniors placed in schools will be working in partnership with the teacher in bringing the ENJOYMENT of reading to students. They will be reading stories, focusing on new words and contexts of phrasing.

This one-to-one, quiet story sharing is sometimes rare in students' lives. Many parents do not have the time, others may also be illiterate and (unfortunately) cannot.

By starting with younger children, the fear of encountering new words can often be changed to a *hunger* for knowledge.

Through skinny books, the student gets to practice her/his own creative story-writing skills.

President Clinton, the Congress and teachers across the country agree that this effort is needed to stem the tide of non-functional readers.

There is also an accepted theory that a lack of education increases incidence of criminal activity as the illiterate often cannot get or hold a self-sustaining job.

Kentucky is STILL ranked near the bottom of the list for a population able to read. Volunteers are needed to help change this sad fact.

To be part of this local and nationwide drive, call the RSVP office at 583-2821 and say "I want to read stories with a child."

How long has it been since YOU enjoyed a story?



VOLUNTEER HELP NEEDED

Call RSVP office at
583-2821!!

Training provided.



Activities assistants: Local adult day cares and nursing homes need volunteers on a weekly or monthly basis. MANY locations to choose from.

After school tutors/activities assistants: Local family resource centers need help from 2:30 p.m. to 4:30 on a daily or weekly basis. Summer programs (in planning stages) will also be held at some locations.

Cafeteria workers: Local homeless shelter needs weekly servers and cleanup persons for evening and lunchtime meals.

Clerical help: Local community ministries need assistants to greet and take confidential information from potential clients.

Clerical help: Office needs weekly person (3 hours per day) to collate, alphabetize and file confidential records. Free adjacent parking.

Docents: Weekly volunteers needed to lead tour groups of historic home and garden.

Spring/summer special event soon! This could be your short-term project opportunity!



Donation line phone attendants: Needed on a weekly basis to schedule pickups of donations for thrift shop. Several morning (9 a.m. - noon) and afternoon (1:00 - 4:00 p.m.) shift openings to choose from. New custom working area .

Drivers/Escorts: Drivers for frail elderly to and from doctor's appointments, grocery and for cancer patients to/from clinics.

NEW!! Family Friends in Homeless Shelters: Volunteers needed as homework tutors, parent's respite workers, information resource counselors, role model and mentor. A modest stipend is offered plus other benefits. Call 574-1157, ext. 333.

Library Program for the Homebound: Volunteers are needed to pick up and return borrowed materials from local frail elderly and a local adult day care. Usually only takes one hour or less a month.



MOBILE MEALS DRIVERS LUNCHTIME DELIVERERS NEEDED!

Secretary/ Computer Records: Thrift store needs person with their own computer to input and maintain donation and distribution files, general correspondence, etc. OR, the donation of necessary equipment and training for on-site volunteers.

Store clerk: Rehabilitation materials store for the blind or visually-impaired person needs additional help with customers, records, etc.

"Surfers": Volunteers are needed to scan/ "surf" Internet and/or AOL on a casual or regular basis for information on issues that may affect the volunteers of RSVP or seniors in general.

This information will be used for the RSVP newsletter or special enclosures to sites.

Information gleaned should be mailed or faxed to the RSVP office at 583-0330.

(Eventually, we hope we'll also be on the Internet with a web site.)



Volunteer companions: Drive and help a mentally disabled adult participate in volunteer and/or part-time work activities outside of an adult day care.

Zoo ambassadors: Greet visitors and assist at information booths during special outreaches/events. 3-hour shifts available 7 days a week. Zoo hours are 10-5 until Memorial Weekend. Beginning June 1 and through August 31, it's open 10 a.m. - 8 p.m., Wednesdays through Fridays.

You may have missed the white alligator, but don't miss the summer fun!

SUMMER SAFETY TIPS:

- * Always look up and around you when walking to keep from being surprised by a potential mugger.
- * Always lock your front door when working in back yard.
- * Take frequent breaks for water and sunscreen when working outside.
- * Be careful/wear rubber soles on tile or smooth areas around pools.
- * Keep a topical ointment on hand for bug bite relief.



WELCOME BACK, JACKIE!

As we told you, our associate Jackie Farrow had back surgery in December. We are VERY happy she's scheduled her return as of Monday, May 4th!



Happy Mother's Day

May 10th

To all the Mothers,
Grandmothers,
GREAT-
Grandmothers,
Aunts...etc.



who have nourished our
bodies, minds, hearts and
spirits.

Happy Father's Day

June 21st

To all the men
who have taken the
time, given the love
and earned the pride of
being a "Daddy."



And, when there is no
"mother" or "father;"
children give thanks for the
many men and women who
are "my Big Brother" or
"my Big Sister."

Hundreds of children are
still waiting. Please con-
sider making this your gift
to the memory of a parent
you loved. Call 587-0494!

"Legacies" should be a thing of YOUR past

Leaving behind a legacy can be one or more of many things. For most, the first legacy we have is our children.

Then we move into material things - houses, cars, money, etc.

A legacy can be a positive idea and/or a religious faith you share with your offspring - a philosophy of life, like being a volunteer.

NO ONE wants to travel through life and leave NOTHING.

The BEST legacies are those who involve the first two areas to enhance or improve society through the third.

This takes planning.

First, examine your resources - your family ties, your financial assets and your strength of purpose.

Not everyone in your family may understand or agree with your decisions. And, you must also be open to helpful education and advice. Talking it out will help everyone.

Then MAKE OUT A WILL!! This is the only way to make sure it will all happen.

As an RSVP volunteer, you have already made a conscious choice to try to improve the lives of strangers to you. Your volunteer work has a greater goal than profit.

Think hard and in very detailed terms about how your "legacies" can **continue your work**.

"Legacy" is a word so often, and so unfortunately, equated with legal. Maybe your legacy *will* be legally regulated - trust funds, scholarships, donations, bequests, etc. *Maybe not*.

It IS important that any financial legacy reflects your love of family, friends and community issues.

It's just as important that your legacy of volunteer action is passed on as a higher love of life and the human society. Talk to your family!

Spring tours open retire- ment and nursing homes for your advance look

KAHSA, the Kentuckiana Association for Not-for-Profit Homes and Services for the Aging, Inc. is now taking reservations for FREE luncheon tours of local facilities.

These tours are designed for senior adults considering retirement living. If you feel it necessary or just helpful, you can also bring a family member.

You have the choice of THREE tours, each of which covers a different part of town.

Tour 1 (Wednesday, May 6th) focuses on independent living senior apartments, most of which offer rent subsidies for qualified tenants. **Meet at Chapel House, 945 S. 5th St. at 9:00 a.m.** and then see Friendship House, Hillebrand House, Baptist Towers and Mount Lebanon of Cedars.

Tour 2 (Friday, May 8th) focuses on assisted living and personal care homes. **Begin at Parr's Rest, 969 Cherokee Road at 9:00 a.m.** and then on to Charles P. Moorman Home for Women, Four Courts and the Sacred Heart Home.

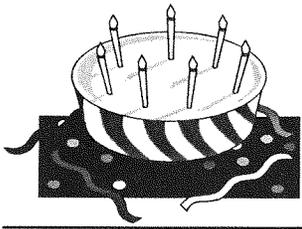
Tour 3 (Tuesday, May 26th) will show you campuses with the full continuum of care - from non-subsidized housing, assisted living to full nursing care. **Begin at Westminster Terrace, 2116 Buechel Bank Rd. at 9:00 a.m.** and continue on to Rose Anna Hughes Home, Wesley Manor Retirement Community and the Episcopal Church Home.

These tours FREE, the lunch provided at one of the stops is FREE.

BUT RESERVATIONS ARE REQUIRED!! Space on the buses is limited so call 635-6468 TODAY!!

KAHSA is an RSVP station. RSVP volunteers **Agnes Laws, June Moser, and Virginia Carroll** already help **Director Louise Schroader and Muriel Blackwell** - either on a regular or as needed basis.

As we all look to the future, we thank KAHSA for their part in helping us make educated choices about our living arrangements.



Happy Birthday!!

Unfortunately, the way our newsletters are now scheduled; we will be wishing some of you very sincere but belated birthday greetings.

Please accept our apologies and our best wishes!

MARCH

Barbara Angstadt
 Susie Arnold
 Millydean Aschbacher
 Teresa Barczy
 Julia Barnett
 "Sankie Beckley
 Annie Bell Bibbs
 Mildred Bivens
 G. Thomas Breunig
 Leslie Brooks
 Bruce Bryan
 Dorothy Bryan
 Junius J. Campbell
 Henrietta Carnes
 Virginia Carroll
 Florence Cline
 Anna Codey
 Ollie Cole
 Nell Cradick
 Georgia Davis
 Opal Dearmond
 Pauline DeVos
 Hazel Drury
 John Feldman
 Jennie Forman
 Margie Fox
 Dorothy Frantz
 Luther Gardner
 C. Sterling Goff
 Mildred Hall
 Willie Hampton
 Doris Hennies
 LueElla Hickerson
 Marie Horrell
 Joan Hughes
 Sr. Clarentia Hutchins
 Julia Jackson
 Elsie Jones
 Margaret Jones
 Faye Kaestner
 W. "Ken" Lamar
 Margaret Lasley

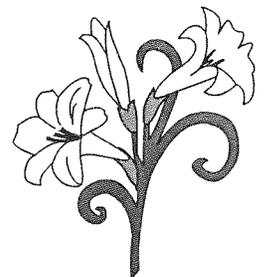
John Lauyans
 John Lomax
 Sherman Lucas
 Dorothy Lush
 H. Jean MacPherson
 Marg McCoy
 Bessie McGee
 Vivian McLaughlin
 Catherine McNally
 Elaine Marheine
 Ann Masterson
 Joe Masterson
 Mary Miller
 James Moore
 Helen O'Bryan
 Vera Olson
 Willie Oyler
 Hilda Payne
 Shirley Roberts
 Doris Schaefer
 John Shearrow
 Owena Simmons
 Mary E. Smith
 Sue Smith
 Wilma Stucker
 Mary Wacyky
 Mary Wagner
 Dorothy Weber
 Pauline Weis
 Henry Wheeler
 Sylvia Wheeler
 Jessie Whitaker
 Juanita Whitlow
 Pauline Wiedmar
 Mary Ruby Wilkins
 Robert Wolf



APRIL

Fannie Allen
 Mary Anderson
 Mollie Anderson
 Beatrice Baker
 Richard Barker
 Santford Beagle
 Constance Bergen
 Geraldine Bland
 Steve Borders
 Mary Coleman Brown
 "Ginny" Brown
 Monique Churchman
 Christine Clarke
 Mary Ellen Clements
 Edward Denzer
 Hedwig Diehl
 Elizabeth Dorsey
 Bette Eilert
 Evelyn Ewing
 Nell Gatz
 Catherine Gilliam
 Edith Griffey
 Lydia Haas
 Niles Hadden
 Robert Hall
 Lovie Hancock
 M. M. M. Henkel
 Nancy Hilpp
 Leona Holland
 Beatrice Jolly
 Jewell Kayorie
 E. F. Knauer
 Fred Kopatz, Jr.
 Frances Kuchenbrod
 Agnes Laws
 Anna Louise Leachman
 Edna Leavell
 Lucy Lichtsteiner
 Helen Love
 C. Russell Loy, Sr.

Jane McCauley
 Isabel McCormick
 Oralee Meador
 Frances Middleton
 Zilpah Miller
 Edwin Palmer
 John Murphy
 Theresa O'Bryan
 Hazel Parman
 Nadine Paynter
 Jacie Piatt
 Mayme Pittman
 Mildred Pollefeyt
 Irene Poston
 Ernest Pottinger
 Sallie Powell
 Jeannette Roemer
 Russell Russo
 Maureen Saliba
 Bess Saunders
 Irma Schaefer
 Joseph Schaefer
 Carolyn Smith
 Peggy Soeder
 Faye Sparks
 Evelyn Timmons
 Ann Trowbridge
 Janie Via
 Edward Wagner
 Richard Warden
 Maxine Weinberger
 Rosemary Whalen
 Mary Williams
 Claudia Wirtz
 Verna Wright
 Helen Yurt



BIRTHDAYS Cont. d

MAY

Annette Abrams
Mabel Aniton
Harriett Asman
Edna Bailey
Alberta Banks
Kathleen Barker
Yvonne Bass
Margaret Bates
Evelyn Bauer
Helen Bernd
Laura Bishop
Pauline Bryant
Helen Buchanon
Jannie Cage
Maxine Carter
Samuel Chatman
Vivian Christmas
M. Pat Conboy
Henry Culver
Louise Elder
John Fraley, Jr.
Paul Fulner
Fred Gaddie
Charles Gipperich, Jr.
Sam Goldstein
Lucille Gordon
Violet Gray
Gladys Grimes
Annetta Hamilton
Lorraine Harrod
Shirley Hemmelgarn
Norman Jones
Doris King
Daimon Logsdon
Priscilla Matz
Emily Rose Mickey
Julia Nannie
Thelma Nichols
Edward Pippin, Sr.

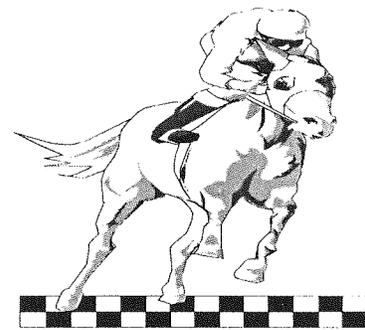
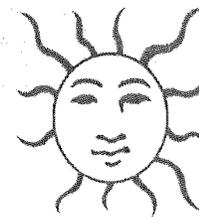


William Raymer
Ann Reiser
Robley Rex
Jessie Robertson
John Ronayne
Mary Sauer
Dot Scheurich
Michelle Schuwey
Juanita Skinner
Geraldine Smith
Georgetta Smith
Roberta Speed
Betty Stinson
Irvin Strauss
Doris Underwood
Orville Vaughn
Dennis Via
Joseph Von Bokern
Margaret Wilhelmus
Robert Worth
Marilyn Wortham

JUNE

Archie Anthony
Adolph Ash
Thelma Ballard
Virginia Bowles
Sr. Charlesine Bowling
LaVerne Breunig
Arthur Busch
Sarah Chandler
Charles Chaney
Edna Cisco
Elsie Clemens
Edward Connors
Bessie Devore
Mary Ellen Flanagan
Louise Gaddie
Charles Harbin
Dorothy Hartstern
Dolly Haysley
Mary Hems
Mary Hettich
Laura Heverin
Jesse Hilton
Betty Hinton
Doretha Horell
Ivy Jackson
Doris Johmann
Freddy King

N. Sunny Long
Charlotte McDavid
Daisy Mace
Mary Mackay
Mary Metzler
Margaret Miller
Stella Miller
Kathleen Mooser
Ina Morris
Estill Parman
Aileen Payton
Marion Radway
Ann Rose
John Salyers
Wilbert Schueler
Ibeita Shacklette
William Shawler
Mary Ann Shearrow
Dorothy Steigner
Al Stewart
Doris Straub
Mary Strosnider
Piatt Sullivan
Mattie Mae Taylor
Ruth Ulmer
Ernest Vest, Jr.
Rebecca Wathen
Clara Williams
Maurice Winner
Alda Young



Didn't have enough on Derby Day?

On **May 14th**, you are invited to the first "ElderServe at the Downs."

Gates will open at 1:30 p.m. and admission for persons over 50 is just \$1.00! The last race will be run and people will begin leaving by 7:30 p.m.

There will be special giveaways, exhibits, door prizes and a **special dinner/dance beginning at 6:00 p.m.**

Of course, there is always the historic beauty of Churchill Downs and the magical allure of the horses to enjoy.

Perhaps you'd like to tour the Kentucky Derby Museum (an RSVP station) while you're between bets. Maybe . . . you'd even consider returning as a volunteer?!

Churchill Downs is wheelchair accessible with many spots for disabled parking and dropoffs. (Buses and vans can be OFF-loaded at the front gate -- but not ON-loaded at the end of the race day.)

For more detailed information, call **Laura Rowland** or **Bonnie Clark** at ElderServe (587-8673).

Groups with vans are **STRONGLY** urged to make a reservation **ASAP!**

Metro United Way
Retired and Senior Volunteer Program
P. O. Box 4488
Louisville, KY 40204-0488

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Mary Sullivan
Dallas Thornton
Judy Wilson

Sarah Richie, RSVP Director
Marian Gosling, Editor

3rd Annual Kentucky Senior Service Corps Volunteer Training (and Fun) Conference set for October 7- 9th



The conference cost per person is only \$75.00. This includes your workshops fees, 5 meals, a train ride, a tour of a distillery, games and a dance. What a deal!

One educational session of the conference will help you understand the new methods of planning for and measuring the results of your volunteering. It will help you focus on who, where and how you want to help - the individual client, the community and yourself.

But, as you can tell, having FUN and seeing the sights are also "BIG" on the agenda!

Your initial \$10 per person registration fee is due to RSVP office by **JULY 15th**. The more people we have participate, the greater chance the conference fee of \$75.00 will be reduced per person.

The Holiday Inn at 1875 New Haven Road, in Bardstown, Kentucky will be our host for this gathering.

We have been given a room rate of \$65.00 per night. *This means that if you SHARE a room (up to 4 people) the cost is divided and may be as low as \$16.25 per person/per night.*

As a convenience to you; call the RSVP office at **583-2821** to make your initial reservations.

WE will then figure the total number of people going, make **ONE** reservation call for all.

AGAIN, we will tell you of your remaining total cost to attend the conference as soon as we have a complete head count.

Your final payment for the conference fee will be due by September 15th.

While the individual presenters are still being lined up for your enjoyment, here's a preview of the schedule.

Wednesday, October 7th

4:00 p.m. Registration
6:00 p.m. Dinner/Program
8:00 p.m. Dance &/or bingo

Thursday, October 8th

7:00 - Continental
8:45 a.m. Breakfast
9:00 a.m. Opening Session
10:00 a.m. Workshop Session I
12:00 noon Train Ride & Lunch
3:00 p.m. Distillery Tour
6:00 p.m. "Derby" Dinner
-Special races, etc.

Friday, October 9th

8:00 a.m. Breakfast Buffet & Opening Session
10:00 a.m. Checkout of rooms
10:30 a.m. Workshop II
12:00 noon Farewell



**Metro
United
Way**

Where there's a need,
there's a Way.

CORPORATION

FOR NATIONAL

SERVICE



RSVP
Getting Things Done.

Volunteer Newsletter

Service of Metro United Way
and part of the Corporation for National Service

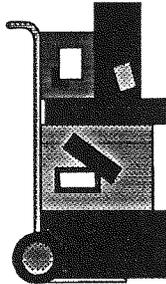
Louisville, KY

Late Fall/December, 1998
Volume V, No. 2

A VERY IMPORTANT MESSAGE FROM METRO UNITED WAY - RSVP is moving! CAA provides new home.

by Mary Sullivan, Director, Volunteer Development

The Louisville & Jefferson County Community Action (CAA) has been chosen by the Corporation for National Service



(CNS) as the new sponsor for the Retired and Senior Volunteer Program.

Metro United Way notified CNS of their plans for a year-end relinquishment in May, 1998.

In December 1997, the Board of Directors of Metro United Way accepted recommendations from the Volunteer Development Task Force Report: "Metro United Way's Future Role in Promoting Voluntarism."

One of the recommendations was that Metro United Way restructure its support of the RSVP by working to effect the transfer of this program to another appropriate human service delivery agency who would be capable of properly hosting this important service.

The Task Force recommendations were based on the conclusion that RSVP provides an important service of real value to the community. In addition, the Task Force found that RSVP in Jefferson County is the only direct service program managed by Metro United Way.

Since it is the intent of the Task Force to treat this direct service program like all other agency programs, they further concluded that Metro United

Way's support of RSVP be moved from its annual operations budget to the Community Investment system.

The Task Force viewed this restructuring of Metro United Way's support not as a reduction of Metro United Way's support, but rather as a positioning the program in its rightful place alongside the many other important services supported through the Community Investment system -- including RSVP's in Southern Indiana and Hardin County, Kentucky.

The Task Force further noted that, as a federally funded program, RSVP is highly regulated and defined which helps to ensure against undesired or unintended program changes occurring as a result of the recommended restructuring of Metro United Way's role.

The RSVP offices will be moving to CAA at 1200 South 3rd Street (the corner of 3rd and Oak in Old Louisville) sometime in late December or early January.

RSVP will be joining CAA's other well-established senior volunteer programs: The Foster Grandparents Program and Family Friends.

The RSVP sites/stations do not have December time sheets available to track volunteers' hours or expenses.

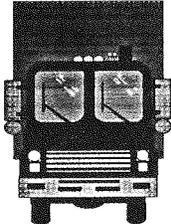
This TEMPORARY measure will enable the RSVP staff to complete the actual move, close out the neces-

sary bookkeeping processes with Metro United Way and start fresh with CAA in January.

RSVP's first 25 years were filled with exciting accomplishments and success.

Metro United Way is confident that CAA will continue the tradition for the seniors of RSVP!

A version of RSVP's first 25 year history (originally created for the 1998 RSVP Volunteer Recognition Program) is included in this issue on page 9.



*Happy
holidays!*

*from
The RSVP Staff*



RSVP adult literacy tutors have real impact!



In a brand new report, JCPS' Adult Basic Education Division credited twelve RSVP tutors with terrific impact. Student achievements results (based on those who attended at least 12 hours of classes:

- St. Augustine Center students improved an average 1.4 grade levels
- Old Male students improved an average of 1.9 grade levels
- DuValle Center students improved and average of 1.2 grade levels
- Iroquois H. S. adult students improved an average of 2.1 grade levels!

In addition, Elizabeth Dorsey, RSVP tutor at St. Augustine also conducted 4 Reading Workshops as part of training for another 35 tutors.

Niles Hadden, tutor, also serves on two Literacy Councils!

In the purely statistical area: RSVP tutors:

- * served **250** students
- * donated **1237.5** hours
- * their tutoring is worth \$17 per hour, equalling the equivalency of **\$21,037!**

We hope you saw the December 6th article in the "Lifetime" section of the Courier Journal, by Al Allen, which spotlighted many of these wonderful RSVP (and otherwise) volunteers!

Ask an adult literacy program tutor "why do you do this?" You'll usually get a wonderful story like this . . .

"Lois" (not her real name) began her GED studies to get a job. She began at the 4th grade level.

Due to her persistence and her tutor's care; she has now improved enough to pass the tests to have her CDL and is a HIGHLY-valued school bus driver for disabled children.

One mother sings "Lois" praises as she relates how her son delayed his leaving every morning until he was often missing the bus, being late to school. NOW, with Lois, he is eager to start his morning sharing the ride and he ends his day with a satisfied smile and better grades!

RSVP is VERY proud that the tutors have such a profound impact on the MANY lives of their students.

If YOU would like to join in the FUN and help another eager person learn to read, call RSVP at 583-2821!

May we introduce . . .

Clara Bynum, the RSVP volunteer who has also become a Vista volunteer. Clara, as a Vista, is dedicated to finding seniors to volunteer with the "America Reads" program and, in a smaller way, assisting with the Foster Grandparent Program at our new sponsor, Community Action Agency (CAA).

Clara has been with the Vista/ "America Reads" program since August and has already recruited four new RSVP volunteers for Mill Creek Elementary and three more to help Martin Luther King, Jr. Elementary.

She's also personally tutoring three youngsters at King.

Clara has her MSSW (Masters in Social Work) and worked in emergency psychiatry prior to retirement.

Enthusiastic, dedicated, knowledgeable, and very organized, Clara is a welcome addition to the RSVP staff.

Welcome, also, Linda Lyons, our other terrific newcomer - *one of Clara's first recruits!*

Linda is serving as a Team Leader for the "Skinny Books" and for the regular elementary reading programs RSVP tries to service throughout the county.

Linda, before retirement, held Public Relations positions at Kentucky Fried Chicken and the Federal Land Bank and was Assistant Director of the local chapter of the Kidney Foundation

Very personable, ANOTHER very knowledgeable person, willing to pitch in and eager to make an impact on needs; Linda's been a great help in getting the "Skinny Books" programs established at a newer RSVP site - the Brain Injury Association, Center 113.

She's also starting a group in her home high-rise, previously just an RSVP senior nutrition site. And, last but certainly not least, Linda's working to assist the other sites with materials' and books deliveries.

With Clara's and Linda's excellent help, RSVP can better address the educational needs of our youngest citizens. We're glad they're here!

Louisville Bar Association opens free advice lines

As of September 15th, the **third Tuesday of every month**, the **Call-A-Lawyer** program offers you the opportunity to get **FREE** legal advice.

Volunteer attorneys will answer phone calls from **6-8 P.M.** Callers do NOT identify themselves and no attorney-client relationships will be established.

The number to call is **583-1801**. This is a public service to our community. Please take advantage of this unique offer!



The Last Time I Saw You

by Anna Unseld (RSVP Volunteer)

The last time I saw you, dear,
was it over there or over here?
Just walk away and say good-bye
and wipe the tears from your eyes.

I saw you in my dreams.
We really made a great team.
My list is getting very long
so we have to be very strong.

It's pretty lonesome here, you know,
but it's not time for me to go.
Just look around, what do you see?
A friendly face, that's me.

Some days are short and some are long.
Let's get together and sing our song.
Just do the things you ought to do
because that's the last time I saw you.

(2-2-98)

Welcome to these new and returning volunteers

Roberta Ambers
Dixie Baker
Naomi Bayne
Jessie Blevins (R)
Betty Boeschel
Charles Boeschel
Evita Bridges
Mildred Brown
Walter Burden
Willa Carter
Joseph Clements
James Cooper
Mattie Cooper
Mary Crompton
Peggy Cyrus
Geraldine Davies
Mag Davis
Thelma Davis
Betty DuPre
Ursula Eckstein
Samuella Edwards
Estelle Fink
Clarice Ford
Leona Fulkerson
Kathryn Gaines
Johnnie Mae Grady
Chlotiel Grant
Sandra Hall

Reports, Guides Offered on Women's Issues

The Department of Labor's Women's Bureau has issued a guide for working caregivers. Nearly two-thirds of all unpaid caregivers work full or part-time and 72% are women.

To order a FREE copy of *Work and Elder Care: Facts for Caregivers and Their Employers* call 1-800-827-5335 or visit www.dol.gov/dol/wb.

Is your daughter/niece helping you? Are you taking care of others? Call today!

Louise Henderson
Roberta Hesler
Brenda Hickerson
Frances Jordan
Mary Keith (R)
Iola King (R)
Peggy Krause
Marky Kriete
Peg Kulla (R)
Martin Levy
Catherine Lockett
June McCarthy
Hilda Miller
Charles Morrison
Louise Moseley
Joe Offutt
Ruby Petty
Mattie Pillows
Betty Quire
Betty Rothwell
Helen Scott (R)
Myra Smith
Agnes Thompson
Jim Tichy
Elizabeth Wachtel (R)
Rosa Lee Walker
Elizabeth Waller
Anna Welker (R)
Lois Zimbrich (R)

The Alliance for Aging Research has conducted a study and released a report on older women's health issues.

One Final Gift: Humanizing the End of Life for Women In America is available by calling (202) 293-2856. There may be a charge for this publication.

[Taken from the Kentucky Association of Not-for-Profit Homes and Services for the Aging, Inc. KAHSA Courier newsletter. THANK YOU!]



Pearl Harbor Day memories sought by author

Kent Richardson of Fairfield, Ohio is searching for material for his new book. He's writing on the moments and feelings people experienced when they heard about the December 7, 1941 Japanese attack on Pearl Harbor.

If you're interested in participating in this project mail your account in writing to: K. Richardson, P. O. Box 18534, Fairfield, OH 45018 or e-mail it to dec71941@webtv.net.

Words of the Heart unveiled

December 12th

Over 40 authors, several illustrators and photographers have participated in preparing an anthology of stories, pictures and poems about local Metro United Way agencies. Many of these are also RSVP sites.

The 122-page book will sell for \$10 with the profits returning to help Metro United Way's campaign.

Some of the stories or poems highlight the efforts of senior volunteers - RSVP volunteers in Shelby and Hardin Counties.

RSVP Field Specialist, Marian Gosling, was included as an author and assigned to do a profile on the programs of the **St. William Center** in western Louisville.

This Metro United Way agency and RSVP station serves four distinct areas: the elderly living at home, adult day care center participants, recovering substance and alcohol abusers and resident needing social services/nutrition at Dosker Manor.

REMINDER: Volunteers are needed at St. Williams!

To see how your efforts and donations help through Metro United Way, to feel the holiday spirit in a special way; pick up a copy of Words from the Heart and share it with your family!



Opportunities to help

The RSVP office has been asked to help find volunteers for the following positions:

- * Activities aides for residents in nursing homes
- * Applicants for "bigs" at Big Brothers/Big Sisters
- * Assistants for the help line, directing callers to the proper agency
- * Blood program aides - bloodmobiles, canteen help, supplies' deliverers
- * Buddies for clients with HIV+
- * Cafeteria aides at a local homeless shelter
- * Career counselors, job recruiters for shelter residents
- * Cleanup, fix-up help for women's recovery center
- * Dog walkers for shelter pets awaiting adoptions
- * Donations pickup persons for clothing, supplies, furniture, etc.

"I wish I had a volunteer for everyone on MY list!"



- * Education aides to work with counselors at homeless shelters
- * Escorts for frail elderly to doctors appointments, grocery, etc.
- * Escorts/assistants for mentally and physically disabled adults to enable them to volunteer and/or work part-time
- * Food servers at downtown senior nutrition site
- * Hospitals need surgical waiting room liaisons, front desk, mail deliverers, ministry office callers
- * Library aides
- * Lunch deliverers
- * Office support/receptionists
- * Phone support attendants for the 24-hour cancer answer line

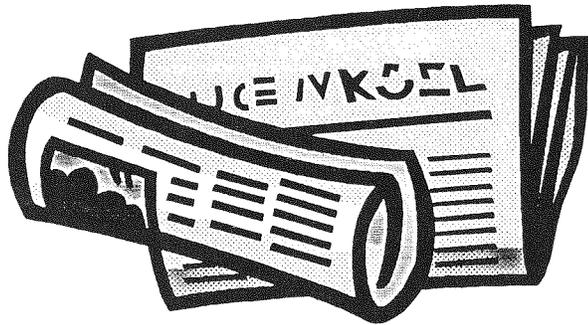
- * Reading assistants for children in grades K - 6
- * School assistants for study halls, honors programs, career days, etc.
- * Social activities/escorts for evening and weekend activities for visually impaired adults
- * Study buddies for children and adults in homeless shelters
- * Special event, on-call volunteers
- * Tutors for English as Second Language (ESL) classes
- * Tutors for visually impaired adults
- * Visitors/mentors to boys in residential treatment center
- * Volunteers to track Internet stories on senior issues and relay such information to the RSVP office

Start your New Year with a resolution to **help find others** who will **join you** in volunteering!

May your 1999 be filled with joy, dedication and accomplishment!



Please post on your bulletin board or give to a friend!



HELP WANTED!

**Senior volunteers, age 55 and over,
are needed NOW!**

Hundreds of opportunities to help one person, a family, a child, an agency,
another adult, the environment, animals, the arts community, schools . . .
The list goes on and on!

If you have as little as 2 hours per week, you are NEEDED!

People are hungry.

People are lonely.

Children are confused.

Families need a caring listener and adviser.

Retired and Senior Volunteer Program

will help you help others.

Don't wait, get it straight for 1999!

Check out the back of this flier!

OR

Call 583-2821, ask for "RSVP"

for more information on how you can help!

Benefits are included for each active volunteer.



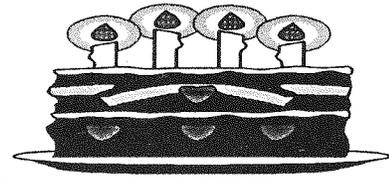
**Metro
United Way**

Where there's a need,
there's a Way.

CORPORATION
FOR NATIONAL
SERVICE

Happy Birthday

It's been so long since our last newsletter, we have a LOT of catching up to do! Many happy returns to each of the celebrants!



* Listings are according to documented hours received by RSVP office as of 12-11-98

July



Pearline Allen
Bea Bartsch
Estelle Benner
Thomas Blue, Jr.
Edna Bolden
Sr. M. Theresa Braddock
Marilyn Brock
Shirley Brown
Linda Bucayu
John Carey
Dora Compton
Ronald Coomes
Peggy Cyrus
Simon David
Teresa Davidson
Geraldine Davies
Carmella Denham
Gertrude Dentinger
Carl Dorman
Margery Driskell
Edith Drukke
Hayward Durbin
George Feltman
William Francow
Skip Gliessner
Edith Goben
Mary Ann Gordon
Betty Gorence
Emma Joe Gray
Clara Gregory
Karl Harbison
Anita Hinkle
Bessie Johnson
Mary E. Johnson
George Jungbert
Lucille Kamer
Mary Rose Kamer
Avis Ketting
Della Kibler
John Klein, Sr.
Mary Jo Knight
Agnes Larue
Verna Leet

Silas Marlow
June McCarthy
Fred Minch, Sr.
Helen Mozee
Anne Netick
Willie Nolen
Elsie Parker
Cleveland Parkins
Elizabeth Pendleton
Norman Risley
John Roemer
Vivian Ruzanka
Elizabeth Schaefer
George Schaefer
Donna Schexneider
Helen Schmitt
Nellie Schwalk
F. Estelle Scott
Paul Soeder, Sr.
Norma Steber
Bob Steinmetz
Ruth Steinmetz
Mary Stokes
Ruby Stovall
Bob Stratman
Agnes Thompson
Orval Thrush
Mary Louise Tobbe
LaVerne Vandevander
Betty Vannatta
Josephine Vowels
Helen Wimberg
Betty Worth

AUGUST

Julia Alvey
Wilma Baldwin
Ellen Barrett
Mary Ellen Bauer
Henry Bell
Lavern Boens
Nancy Brockman
Joyce Brumleve
Willa Carter



Dorothy Cox
Mary Crompton
Helen Crowe
Perrie Daniels
Harry Demling
Michael Demling
Shirley Devers
Minnie Eastridge
Samuella Edwards
Mary Agnes Fleitz
Norton Gatz
Lucille Henehan
Ann Herbig
Roberta Hester
Alfred Hittinger
Brenda Hittinger
Mary Ann Huber
Irene Hutchins
Margaret Johnson
Frances Kaelin
Vicky Koenig
Martha Kopatz
Robert Kurtsinger
Mark Lesshafft
Mary Lesshafft
A. J. Lichtsteiner
Frank McPherson
Mary May
Buddy Merenbloom
Cheri Metzger
Dorothy B. Miller
Fern Oatson
Sharon Reesor
Anna Richardson
Dorothy Rosenbaum
Vera May Sanders
Helen Scott
Teena Scott
George Sparks
Bob Steele
Norma Steiner
Roland Steiner, Sr.
Betty Thomas
Jo Thomas
Al Tillman
Anna Welker

Lorraine Wells
Leon Williams
Alene Young
Bob Young
Bette Zeller
Joan Zink



SEPTEMBER

Thomas Adams
Generose Bain
Doris Baker
Naomi Bayne
Joanne Benim
Laveme Bennett
Pat Brady
Elvita Bridges
Clyde Brown, Jr.
Gordon Brown
Audrey Burrell
LaVern Busch
Marjorie Campbell
Patricia Crush
Thelma Davis
Jerry Dowdle
L. Al Dunham
Dorothy Durbin
Nancy Eddington
Louis Fleming
Margaret Furlong
Sara George
Loretta Granus
Anna Griffin
Florence Hamblin
Doris Harper
Bertha Henderson
Enid Howell
Carolyn Ising
Bernice Jackson
Luevenia Johnson
Frances Jordan
Edna Keeling
Juanita Klotz
John Kroeger
Catherine Luckett
Sherry McTyeire
Betty Medina
Dorothy L. Miller

SEPTEMBER cont.

Carolyn Murphy
Doris Paine
Agnes Pippin
Frances Powell
Paul Price
Mary Riley
Bettye Risley
Betty Rothwell
Magdalene
Scharfenberger
Dorothy Schott
Bette Schwab
Marian Schwind
Anna Scott
Miriam Sherman
Jean Singery
Clara Thompson
Lucille Williams
M. Doris Wuetcher
Carrie Zaring

OCTOBER

Anna Allgeier
Ida Alt
Ella Bartsch
Margaret Bidwell
Florence Blaser
Jessie Blevins
Viola Blevins
Laura Brooks
Mary Alice Brown
Bubbles Byron
Mary Cambron
Kenny Clements
Violet Cline
Mary Coffey
Mary Crutcher
Emmy David
Mae Dorman
Adell Durrett
Yolanda Fanton
Betty Feldman
Marjorie Ferris
Karl Finck
Laverne Fulner
Jackie Glasscock
Mickey Gliessner
Barbara Green
Hazel Griffin
Anne Grim
Helen Hagan



Sandra Hall
Margaret Hanley
Alta Haunsz
Eleanor Hetzel
Sr. Joseph E. Koenig
Ruth Kelly
Marky Kriete
Lillian Lamb
Maxine Lampe
Agnes Leidolf
Linda Lyons
Maddalena Marano
Thelma Martin
Elmer Matheny
Ruby Mitsch
Juanita Moore
Charles Morrison
Irene Mueller
Woody North
Letha Nutter
Mary Olges
Mary Padgett
Louise Payton
Blanche Ray
Ann Ruhl
Mary Schneider
Edna Seitz
Alberta Shipley
Uldine Skees
Mary Steier
Beatrice Strohman
Eloise Terry
Virginia Wallace
Betty Walsh
Charles Watson
Marie Weckman
Anne Wells
Margaret Wheatley
George Worland

NOVEMBER

Helen Abbott
Geri Auslander
Dixie Baker
Rose Bischof
Rose Breuning
Lowrene Carothers
Joyce Carter
Marcelle Collini
Estella Collins
Rita Coomes
Bill Ehlig
Audrey Elzy

Gloria Fortwengler
Mary Lou Hagan
Dorothy Harrett
Virginia Hawkins
Louise Henderson
J. Edward Hennies
Mary Ann Hervey
George Hiemer
Marie Hiemer
Laura Jackson
Aileen Jolly
Helen Jones
Anthony Kaelin, Sr.
Margaret Kayrouz
William Kearney, Jr.
Irene Kenney
Helen Knauer
Mary Leland
Betty Leonard
James Lewis
Geneva Likens
Geneva Logsdon
Doris McQuese
Ada Miller
Patty Moser
Claude Oliver
Mary Panke
Gwendolyn Parkins
Mary Pennington
Mattie Pillows
Annalee Pollock
Eleanor Ray
Evelyn Schueler
Frances Schueler
Toni Shain
Myra Smith
Christell Stroupe
Beth Thomson
Angela Warden
Tom Washevich
Betty Watson
Louise Wells



DECEMBER

Jo Ann Abraham
Cornelia Adams
Sr. Naomi Aull
Dora Beard
Joyce Benson
Herman Bickel
Thelma Blakemore
Lucienne Bookout

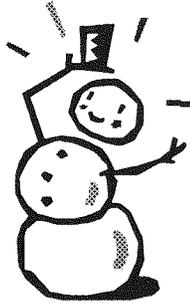
Thomas Bradshaw
Ruby Jean Brown
Walter Burden
Martha Burger
James Cooper
Mattie Correro
Beulah Cowherd
Robert Cowherd
Joyce Craven
William Craven, Jr.
Dolores Cummins
Kathy Eicher
Leona Elsler
Clarice Ford
Chlotiel Grant
Ann Hawes
Beatrice Head
Donald Hemmelgarn
Stan Hickerson
Dorothy Hill
Patricia Hughes
Carolyn Hulse
Catherine Koch
Catherine Krebs
Aida Lage
Lorene Leonard
Julius Levy
Rose Luking
Millie Matthews
Martha McCarthy
Harold Miller
Betty Minch
Virginia Monahan
Mary Money
William Morris
Mildred Nevelle
Mary Ann Niehaus
Margie Noon
Charles Ostertag
Connie Owens
Betty Quire
Nan Raymer
Sarah Rogers
Jeanette Roselle
Sarah Ross
Mary Lee Seagraves
Libby Sewell
Doris Shaw
LaVerne Shawler
Edythe Sherman
Patsy Shirley
Marty Stansbury



DECEMBER BIRTHDAYS

continued

Mary Catherine Sullivan
William Tabb
Mary Thomas
Elizabeth Wachtel
Henrietta White
Sue White
Mary Ann Willinger
Irene Winner
Gabiella Wirta
Emma Young
Mary Zaepfel



MANY other volunteers who had birthdays within this listed time period had NO HOURS turned in for the allotted 100 day limit. Please accept our regrets.

If you ARE actively volunteering and your birthday was not listed, please call the RSVP office at 583-2821!

DOING LAST MINUTE HOLIDAY SHOPPING?

Please share your holiday spirit with those in homeless shelters, nursing homes and treatment centers.

YOUR personal outreach could change a life!

Typical wish lists include:

- * NEW twin bed linens
- * NEW towels, wash cloths
- * NEW underclothes, socks, etc.
- * NEW toys, games, dolls
- * Milk crates for personal storage
- * Long distance calling cards
- * New duffel, gym or tote bags
- * Personal care items -shavers, soap, deodorants, shampoos, etc.
- * TARC tokens
- * Grocery store gift certificates
- * Picture frames (small, stand-ups)

For a needy location, call the RSVP office! Make this a family project!



Belated (but sincere) thanks to the 1998 RSVP Volunteer Recognition's donors and supporters

Actor's Theatre of Louisville
Bacons Home Store
Banquet Table
Benihana
Bob Holt & the Prime Time Band
Burger King
Camberly Brown Hotel/ J. Graham's Cafe
Aaron Cole, City of Louisville
Corporation for National Service
CVS Pharmacy
Executive West Hotel & Catering
Fashion Shop
The Galt House Hotel
Hawley-Cooke Booksellers
Lt. Gov. Steve Henry, M.D.
Holiday Inn Downtown/Bentley's
Holiday In Hurstbourne/
Winners Circle
Holiday Inn Southeast
Jeff Holt, Printer
Bob Hughes
Rick Jones, Photographer
Kentucky Derby Museum
Kingfish
Kunz's
Louisville Ballet
Louisville Orchestra
Louisville Science Center
Louisville Zoo
Metro United Way
Musicians Union, Local 11-637
National Amusements
O'Charley's Inc.
Old Spaghetti Factory
Papa John's Pizza
Pepsi Cola General Bottlers
"PBR - Photos by Robert"
Scott Reynolds
Alda Rice -
Jeff. Co.'s Music Partnership
TARC / John Woodford
Target - Dixie Highway
WAVE 3 TV
Wendy's
Winn Dixie
YMCA
Young At Hearts Theater

RSVP volunteer spotlights HER recruits on "Make A Difference Day"

For the second year in a row, RSVP volunteer **Lucile Leggett** hosted a recognition event to honor those volunteers SHE and others have recruited to serve the Louisville and California areas.

Representatives from local government and social service agencies joined together in congratulating Lucile and the volunteers for the wonderful service given during the past year.

Metro United Way volunteer and national Alexis deTocqueville Award winner, Alberta Allen, also participated in the celebration.

Tutoring youths and adults, maintaining a community garden, block watches, rehabbing houses . . .

These were just some of the activities Leggett's volunteers (of all ages) are involved in.

A retired teacher, Lucile also dances with the Elder Dance Express. This interpretive dance troupe performs throughout Jefferson County. It has collaborated with high school students for special event routines. *Estelle Benner (another RSVP volunteer) also dances with this delightful troupe.*

Several years ago, Lucile Leggett was one of four RSVP volunteers who carried the Olympic Torch.

RSVP is very happy to congratulate Lucile for her positive impact on the community. She has a LONG history of motivating others to rise to their best!

Lucile was also featured in the Courier Journal, "Neighborhood" section on December 6th as she received her flu shot at the neighborhood health clinic.

Once again, she's a good example!

Have you had your flu shot?



Louisville/Jefferson County RSVP - the 1st 25 years

(1973-1998)

Reprinted from the 1998 Volunteer Recognition Program.

RSVP has grown from an initial year of 105 volunteers to a local record of nearly 1,100 active volunteers. More recently, a stable core of over 800 active volunteers have worn the RSVP participation pin.

Overall, during its twenty-five history, more than **10,000** persons have served through RSVP.

Many RSVP volunteers have been nominated and many have won volunteers' awards. We are honored to have had WLKY "Bell Award" winners, J. C. Penney "Golden Rule Award" winners, Jean Bocko Humana Gold Plus Award winners, Jefferson County "Senior of the Year" winners, a Shawnee High School Hall of Fame Inductee, a Ford Acts "John Breitenstein Award" winner, a Governor's Award winner and a national Points of Light winner. MANY others have been honored with their specific agencies' volunteer awards.

It is so very satisfying to work with such wonderfully dedicated and talented volunteers. (Poets, educators, financiers, entrepreneurs, artists, writers, singers, dancers, homemakers, nurses, doctors, electricians, carpenters, secretaries, bookkeepers . . .)

RSVP Advisory Councils have also had an impressive and loving impact on the success of this program.

They have consistently worked to offer the best possible benefits and recognition to the volunteers. They have also had a sincere commitment to evaluation and continuous improvement in the program's operations.

Past Advisory Council members were called upon by ACTION (*our former funder, now replaced by the Corporation for National Service*) to train Advisory Council members of other organizations.

Then . . .



They have often been the "unsung heroes" with vast radiating ripples of influence.

Their names and faces are remembered with great respect and affection. Some of these hard-working members were: Gary Heck, Judy Hirn, Jackie Gardner, Jeannie Heatherly, Irene Kilgore, Aaron Cole, Charles Dibowski, Bill Barth, Fred Weber, Bob Hughes, Louise Grizzard, Dorothy Miles, Connie Quintavalle, Debbe Sublett, Nancy Buddeke and so MANY others!

The current Advisory Council members are listed on the back panel of this newsletter. They are outstanding in continuing the love, support and commitment to keeping RSVP alive and well to serve our community and its volunteers.

Five RSVP Directors have led the program. Larry Joussard, Ms. Michael Graham, Verda Blossom, Betty Denkler and now Sarah Richie. Sarah has surpassed her predecessors - both in tenure and accomplishments. Under her 17-year guidance, RSVP has attained statewide, regional and national attention as a program of excellence and example.

Many past Field Specialists have also made their "marks" with the volunteers: Faye Hawkins, Mary Ann Bowling, Dwen Chester and, of course, the much beloved Martha McLaughlin (now deceased).

The current field specialists are Marian Gosling (going on 9 years) and Carol Huff (going on 3 years).

Three very versatile women have been both Field Specialists and Secretaries: Mae Crump, Margaret Lorenzen and Jackie Farrow (with a combined affiliation of over 4 years).

Secretaries have also made outstanding contributions to the program: Mary Bill, Julia Nannie, Tracey Gray and Leona Walker.

For the past twenty-five years, Metro United Way has been the sponsor and provided the home for RSVP. Its support has accounted for over 30% of annual budgets.

In return, MANY RSVP participants and Advisory Council members have also had great impact on *Metro United Way's* annual Campaigns, its participating agencies and the community they serve - Mary Beth Doheny, Milton Dohoney, Joe Spalding, Alice Lucille Martin, Alice King, Bertie Troutman, John Duerr, Mary Forcht, Mattie Price, Doug Fowler, Henry Schulman . . . the list could go on and on.

MUW has and continues to believe in the power and impact that seniors have in making a positive difference in the lives of others. RSVP is VERY happy to have shared our first 25 years with such an excellent organization. We look forward to many more years of their support.

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As of January 1, 1999, RSVP will be sponsored by and located at the Community Action Agency (CAA), City of Louisville.

Metro United Way will continue to offer its support through the Community Investment Team process of allocations.



Metro United Way

Where there's a need, there's a Way.

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Are YOU missing but still active?

RSVP is seeking those we've already found, already recruited! Confused? So are we!

We are in need of RSVP volunteers who are still actively serving in the community to MAKE SURE that your donated hours are reported to the RSVP office.

OFTEN, when making follow-up calls to "inactive" volunteers (those without hours reported for 100 days or more) we hear that they ARE still volunteering!

PLEASE fill out the time sheet you are provided - either at your site or individually at home. It should be sent to the RSVP office by the 10th of each month.

Your RSVP benefits are free, but they are also only available IF we have documented hours on hand.

Make 1999 the year we do NOT have to wonder about where YOU are! Don't be missing - let your actions be counted!

Local RSVP / American Red Cross Disaster Volunteers take to the airways

Recently, Mae and Carl Dorman were filmed as they took off from the Louisville airport to help the victims of Hurricane George. Next, they helped the victims of the floods in Texas.

Roland Steiner, the Dormans and others are often part of the Louisville's Red Cross response efforts.

Disaster volunteers receive intense, special training, usually stay on the crisis scene with the victims and may be on 24-hour, on-call duty for up to three weeks at a time.

It takes VERY special people to make this type of commitment. RSVP is proud of the MANY volunteers who have chosen this demanding assignment!

To learn how you can help, call the RSVP office at 583-2821.



Irene Hutchins is dancing her way into the millennium!



WAVE 3 TV's Chris Parente recently caught RSVP volunteer, **Irene Hutchins** dancing and reminiscing about the changes this century has brought.

At a young 95, Irene recalls the times before TV, microwave ovens, clothes driers, computers and so much more!

In a 2-part interview, a spry Irene was right in step with her Senior Citizens East dance class.

It's a real treat for RSVP to be able to refer media to such delightful volunteers!

Great job, Irene! We'll be watching for more!