



UP and at R. S. V. P.

A *quick* look at what's happening!



RSVP is part of Seniors In Service, a program of the
Louisville & Jefferson County Community Action Agency
1200 S. 3rd Street, P. O. Box 2197, Louisville, KY 40201-2197

January, 2002 VOL. 4, No. 1
(502) 574-1157

RSVP Picture ID Photo Shoot

SMILE!!



WHEN:

Wednesday
January 23rd

WHERE:

Goldsmith Elementary
Senior Center
3510 Goldsmith Lane
(Next to Seneca H.S.)

TIME:

9 A.M. – 2 P.M.

All "East End" RSVP site volunteers are encouraged to attend this opportunity. It usually only takes about 15 minutes and the ID is both functional and attractive.

The next opportunity will be in the *southwestern* part of the county, sometime in Spring.

We sincerely appreciate RSVP volunteer **Al Tillman** and SIS Advisory Council member, **Steve Ilnick**, both of the PRP High School Senior Center for being our security photographers!

Quick Quote

"The aging process has you firmly in its grasp if you never get the urge to throw a snowball!"

Doug Larson

Welcome 2002!

It's hard to believe but the first official year of the new millennium, 2001, has come and gone.

It was a year of tragedy and heroism; a year of loss, renewals and new beginnings.

We look toward 2002 with courage, determination and HOPE!

May you all be blessed with excellent health, abundant energy and a bounty of time to give to your chosen volunteer duties!

*P. S. The
SIS Staff
wishes to
sincerely*

*thank all those who so
sweetly sent cards and/or
gifts for the holidays!!*



FUND-RAISING

2002 Calendars still available.

This is a major part of the coming year's fund-raising goal. We still have over 800 to sell! Please consider having a genuine SIS calendar on your wall – at the volunteer site or at home!

Only \$6.50 and you have a year-round reminder of how great volunteering is. Please bring your check or money order made payable to CAA TODAY! Or if you purchase 3 or more, we'll deliver them to you!

SIS / RSVP Annual Candy Sale starts January 22ND.

We are again having the easiest product to sell on the candy market - those World's Famous Chocolate Bars.

This year, *most* of the cases of candy will be an assortment of their traditional bars with almonds, plus a crackle filled bar and a straight chocolate bar.

The cases contain 40 bars at \$1.00 each for selling.

What's in it for YOU?

This is *another* of our MAJOR fund-raisers for the year.

Fund-raisers help pay for all the social gatherings we have such as bus rentals for Mike Linnig's, the Holiday luncheon, the October KSSC Conference and more.

For example, the REAL cost per person for this year's KSSC trip was \$180 – volunteers only had to pay \$30!!

There will be cash prizes for the top salespersons in SIS.

Please call in your order and we'll have it ready to be picked up. OR, if you and your fellow site volunteers can, we'll happily deliver 3 or more cases (per site) to you! Call your regular coordinator at 574-1157 – either Carol (ext. 322) or Marian (ext. 324).

Winter's Harshness Quietly Steals a Volunteer's Life

On December 19th, 2001, the Louisville community, the Redeemer Lutheran Church, a local family, the students and teachers at Martin Luther King Jr. Elementary and RSVP lost a "sister" of service.

This volunteer was beloved by the children she helped learn to read and write. She had a knack for picking up on important reasons why a child reacted or learned the way he/she did or didn't.

Her warmth was a tangible presence for young and old alike.

Yet, at only 57 years of age, she died of hypothermia.

As winter continues, PLEASE be vigilant about checking on your fellow volunteers, your elderly neighbors and family members.

Our most sincere condolences go out to all who knew of **Emily Jane Millier's** love and generosity.

SIS WINNERS

Congratulations to **Charles W. Thompson**, nephew of FGP volunteer **Ella Jones**, on winning the SIS raffle of a handmade quilt

Congratulations to FGP volunteer **Edna McElroy** for winning a "Home for the Holidays" trip from Southwest Airlines!



Tax helpers still needed!!

Call CAA's Gary Drehmel at **574-1157, ext. 323** to be scheduled for the VITA training sessions. They are going to be January 7th - 9th and are required for all volunteers without previous experience in this program.



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Volunteers still needed for Kentucky Seniors Saving Medicare project!

The next training will be held in Hopkinsville, KY on **January 29th - 30th**. The program picks up your room, travel and meal expenses.

Anyone interested in this VERY important effort needs to let Judy Wilson know by **January 7th**. Her number is **574-1157, ext. 321**.

AAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA

ALL outstanding 2001 time sheets and expense forms are due in by **January 7th**. Please make sure you have your site manager's signature on all expense reports!

HAPPY BIRTHDAY!

Jay Abraham
John Angstadt, Jr.
Irene Antill
Dottie Beals
Gladys Bristoe
Verena Buren
Frances Calbert
Raymond Calloway
Elizabeth Chamberlin
Edward Cleyman

Sue Cook
Mag Davis
Jack Dooley
Marjorie Fair
Irean Fradet
Leona Fulkerson
Cora Gilbert
Ocie Green
Doris Herman
Lola Hetterman
Virginia Hines
Edith Hoeing
Betty Jaggars
Evelyn Johns
Fitzgerald Joseph
Margaret Kaegi
Peggy Lancaster
Nicholas Lanning
Mary Larkin
Lucile Leggett
Mary Lukes
Anna Maresz
Carolyn Marshall
Edward Masterson
Dorothy McClure
Norma Maschede
Helen Milam
Aline Miller
Josie Miller
Alice Mueller
Mary Nall
Mary Estell O'Brien
James Pearson
Polly Peterson
Sr. Rosemary Reasbeck
Marjorie Richmond
Carolyn Salyers
Thomas Sheehan
Vernice Simms
Barbara Smith
Florence Stansbury
Herbert Swindler
Katherine Theobald
Dolores Thornberry
Ruth Weibel
Richard Williams
Hazel Wilson
Adrianna Winstead



MARK YOUR CALENDARS!!

The Louisville & Jefferson County
Community Action Agency
presents



Date: Monday, February 25th

Time: 8:30 P.M.

**Where: Comedy Caravan
Mid City Mall**

**1250 Bardstown Road
(in the Highlands)**

Ticket prices to be announced later.

**For more information call Gerald Joiner,
574-1157, ext. 317**

Proceeds support programs and activities of CAA

CAA District Offices for Neighborhood
Participation and Family Assistance:

Central / Downtown

East / Newburg

Southwest / Dixie Highway

Western / Park Duvalle

Low Income Heat & Energy Assistance Program
(LIHEAP)

Project Achieve & Data Entry Classes

Seniors In Service Programs

FGP & RSVP volunteer programs

Summer Lunch Program & Mobile Meals

CAA Mission:

*To eliminate poverty and its effects on the
residents of Jefferson County, Kentucky.*

VOLUNTEER



Clerical Help – basic computer skills preferred, but sites will train willing applicants.

Mobile Meals Deliverers - ALL parts of the county served by DHS Senior Nutrition Program need additional drivers. Many locations to choose from.

Children's Day Cares: Naptime, lunchtime, playtime or story time assistants- Several licensed, not-for-profit agencies need help with infants, toddlers and pre-school children's activities.

Nursing Homes- Resident activities and assistance is needed in escorting residents to and from in-house beauty shops, library, etc. Trustworthy personal shoppers are also needed.

Hospital helpers – volunteer escorts within the facility, receptionists, file clerks, menu helpers for patients, family waiting area attendants, ministry notification assistants and more.

Animal socialization trainers – regular walkers and visitors to animals awaiting adoption. On-call "foster parents" for abandoned or orphaned newborn animals. Training provided.

RSVP candy salespersons – allowed to pick up two \$40 cases at a time.

Call the RSVP office at **574-1157, ext. 324** for more information.

Tell your friends they're needed!



UP and at R. S. V. P.

A *quick* look at what's happening!



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1200 S. 3rd Street, P. O. Box 2197, Louisville, KY 40201-2197

February, 2002 VOL. 4, No. 2
(502) 574-1157

Ida Crutcher wins a 2001 City's Youth Service Worker Award

Ida Crutcher has been a recognized for being a valuable part of the Portland Learning Center. As a tutor and mentor to youngsters, she brings her energy and lively sense of humor to increase their enjoyment in learning.

We are extremely pleased that she has been a part of the CAA Seniors In Service Division for over three years.

Ida was originally a Family Friend Program participant. This fall, as the FFP ended, she wanted to continue her generous activity and transferred to RSVP and FGP.

We congratulate Ida, her family and her extended "family" at the Portland Learning Center for making a wonderful difference in children's lives.

Small Wisdoms

"A truly happy person is one who can enjoy the scenery on a detour."

"How long a minute is depends on what side of the bathroom door you're on."

"Don't cry because it's over, smile because it happened."

Authors unknown

CAA answers heating crisis needs

The Community Action Agency is again assisting qualified low-income residents of Jefferson County stay warm.

The Crisis Component of the LIHEAP program started on January 7th and will run through March 15th or until all available funds have been spent. It is on a "first come, first served" basis.

Those residents who seek assistance must have:

- their most recent disconnect notice or brown LGE bill
- proof of all household income
- Social Security cards for all household members
- verification if their heating expenses are included in rent or lease agreements

CAA will have roaming sites to provide intake of applications in remote areas of our community in J'town, Fairdale, Okolona and Berrytown.

For more information, call CAA central office at 574-1157.

CAA Mission: To eliminate poverty and its effects among the residents of Jefferson County.

Holiday Party unites "Seniors In Schools"

RSVP volunteers

Many RSVP volunteers have the unique perspective of being on-site, day in – day out, with students. They are the highly acclaimed Jefferson County "Seniors In Schools" participants.

They serve at Fern Creek High School, Goldsmith Elementary, Pleasure Ridge Park High School and at Shawnee High School.

This past holiday season began a new tradition. PRP's Senior Center hosted the other locations for an old-fashioned turkey, dressing and pot luck luncheon.

Games, door prizes and a visit from Santa enhanced the festivities!

These volunteers have many advantages and many delightful opportunities. Each center has (or has access to) exercise equipment, a full social calendar, luncheon and education programs.

The volunteers help with: student field trips, special projects, in the libraries, as interpreters, as hall monitors, as mobile meal packers and deliverers, as "experts" in recent history and family life classes and more!

To be part of the fun and to have a real impact on our youngsters, call Marian at RSVP, 574-1157, ext. 324.

Volunteer NOW!



Mobile meal deliverers needed throughout the Jefferson County area! Routes usually take about 1½ hours – weekly, daily or monthly opportunities available.

Friendly, enthusiastic and caring volunteers needed for J'town area long-term care facility to handle magazine cart, provide manicures, read to residents and more.

Volunteer(s) needed to read hand-written information to visually impaired social worker to keep client histories and information current on computer. 4 hours a week, anytime between Monday – Friday, 9-5 on a regular schedule.

Anchorage area studio needs teams of two volunteers to read aloud on voice recordings of periodicals, novels, children's books, cook-books, etc. for the visual or learning disabled. Teams select a specific 2-hour shift during the week, but may reschedule when necessary.

Phone pals needed to make follow-up calls to volunteers previously contacted for the "Make A Difference Day" cancer awareness project.

For more information on how to help, call Marian Gosling at 574-1157, ext. 324.

CANDY SALE STILL GOING ON!

Proceeds benefit YOU – through the social, communications and other crucial elements of the RSVP program!

There are only 50 cases left to sell! Please help your site sell at least one - \$40.00!

\$

Basic Program Reminders:

Time sheets and expense reports are due the 5th of every month following service.

Travel reimbursements ONLY cover the distance between your home and the site – NOT mobile meal or volunteer-related errand routes.

If you ride with another volunteer, ONLY he/she can ask for reimbursement.

The maximum travel reimbursement allowance is 25 cents per mile/ \$3.50 per day.

We do cover Tarc 3 / van fees of up to \$3.00 per day to and from your volunteer site.

The maximum meal reimbursement allowance is \$2.70 per day.

Our insurance does NOT cover: passengers in your car, damage to your car, deductibles agreed upon between you and your regular insurance carrier, any accidents that happen on NON-volunteer time.

Seniors In Service department is moving again!

Sometime during February, the staff of RSVP and FGP will be moving to the REAR building on the SAME CAA Downtown facility.

This move offers staff and the volunteers the benefits of easier access for the disabled, separate offices for confidential interviews and a larger meeting room for trainings.

We will send a notice of our "open house" as soon as we are settled.

Otherwise, please continue to use the same phone numbers to contact us.

CAA FUNd-raiser!



"Comedy for Poverty"

Featuring *nationally known* & Louisville's own **Spike Davis & Friends**

Monday, February 25th
Admission: \$12.00 per person

Doors open at 7:30 P.M.
Showtime 8:30 P.M.

Comedy Caravan
Mid City Mall
1250 Bardstown Road

Must be 21 or over.

For tickets call
Gerald Joiner at
574-1157, ext. 317.

**HELP SAVE TREES!
DO YOU HAVE
E-MAIL ?**



In another effort to be environmentally responsible, RSVP would like to e-mail you the monthly newsletter, and any other "hot off the press" notices.

If you have a Microsoft Word 97 or newer program on your computer, you should be able to open up the files we could send.

Please call **Marian Gosling** at **574-1157, ext. 324** to leave your e-mail address for our files.

The change will probably NOT take place until sometime in May - to give everyone a chance to think and respond.

For those who do not have a personal computer OR wish to be e-mailed - do not be upset. We will continue to keep you on our printed mailing list!

REMINDER: ALL your personal information is kept COMPLETELY CONFIDENTIAL. Our lists are NEVER given or sold to outside companies or organizations. You will NOT get any additional junk mail or solicitations from any outsiders **just because** you are part of RSVP / Seniors In Service.



Happy Birthday!!



- Harold Adams
- Charlotte Alexander
- Marcella Amshoff
- William Atteberry, Jr.
- Patricia Basham
- Kathryn Bickel
- Geneva Blair
- Corrie Booth
- Charles Brooks
- Nancy Brown
- Leo Buser
- Helen Byrn
- James Cutsinger
- Connie DiFranco
- Guy Dorsey, Jr.
- Florian Dziedzic
- Ursula Eckstein
- Oscar Elbert, Jr.
- Marie Farmer
- Dorothy Fleitz
- Hazel Fryrear
- Gertrude Gay
- Maxine Goldstein
- Ann Hall
- Doris Harbison
- Martha Harper
- Sr. Bernadette Henkel
- Florence Hockersmith
- Emma Holiday
- Martha Holliger
- LaVerne Huber
- Margaret Huffman
- Madeleine Jenne
- Margaret Kavanaugh
- Betty Kenney
- Esther Kirchner
- Joyce Kroger
- Mary Elizabeth Laird
- Marcella Leverett
- Alvina Linden
- Bett Mahaffey
- Lena McCutchen
- Evelyn McKune
- Jennie Merriweather
- William Mouser
- Anna Mudd
- Gracie Murray
- Kathryn O'Neill
- Anna Payne
- Clara Poer
- Mary Pontrich
- Kenneth Reesor

- Carolyn Searcy
- Martha Smith
- Maxine Staib
- Anita Steilberg
- Mary Stikes
- Sr. M. Vincent Strittmatter
- Clyde Swindler
- Alberta Thompson
- Jim Tichy
- Anna Unseld
- Bill Viscusi
- Jessie Walker
- Emily Warner
- Joseph Wathen
- Addi Wilt
- Verlon Winstead
- Lillie Witten
- Herman Wuetcher

Mark Your Calendars!

The RSVP and FGP offices will be closed on



Monday, February 18th in observance of

Presidents Day.

Some "Presidential" quotes:

"The world has narrowed to a neighborhood before it has broadened to a brotherhood." Lyndon B. Johnson, (1963)

"Civility is not a sign of weakness and sincerity is always subject to proof." John F. Kennedy (1961)

"Those who deny freedom to others deserve it not for themselves." Abraham Lincoln, letter (1859)

"I never give them hell. I just tell the truth and they think it is hell." Harry S. Truman, quoted in Look magazine.

"Few men have the virtue to withstand the highest bidder." George Washington, (1779)



Louisville & Jefferson County Community Action Agency's

Seniors In Service

(Foster Grandparent Program - FGP)
(Retired and Senior Volunteer Program - RSVP)

Presents

"Spring Forward on Senior Issues"



Friday, March 15, 2002 9:00 A.M. - 2:00 P.M.

Memorial Auditorium, 2nd Floor 970 S. 4th Street

ALL AGES WELCOME!

Panel sessions on:

- Merger's effects on senior services in government
• How to save Medicare money
• Preparing for long-term care
• Safety tips and scams to avoid

Continental breakfast and box lunch provided

Luncheon entertainment topic: Seniors and the Arts

SIS volunteers who register by March 5th - \$4.00 per person

General public/guests and volunteers after 3/5/02 or at door - \$5.00 per person

YES, I want to participate in the "Spring Forward on Senior Issues!"

Enclosed is \$ for me. I'm also bringing a guest(s) @ \$5.00.

Name

Address:

ZIP

PH#

E-mail address:

Volunteers who register by March 5th - \$4.00 per person

General public/guests and volunteers after 3/5/02 or at door - \$5.00 per person

Send check or money order to:

CAA - SIS

P. O. Box 2197

Louisville, KY 40201-2197



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March, 2002 VOL. 4, No. 3 (502) 574-1157

Candy Sale Needs Last Ditch Effort

RSVP has approximately fifteen (15) cases of candy left to sell. It is very important that we start the year on a cash-in-hand basis. This allows us to plan our social calendar for the spring months.

If you have not helped so far, please step up and share your talent in fund-raising with RSVP. Call the RSVP office and we'll deliver your case to you.

Thank you.

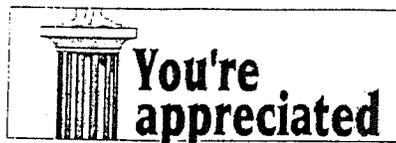
THANKS TO SITE MANAGERS!

Our thanks go out to all those folks who sent back the questionnaires on what the volunteers are currently doing and what you still need.

Please remember to also share your "good news" items about a wonderful volunteer(s) as they come about!

When planning your own site recognition, please remember that the RSVP Coordinators are happy to help you with the event.

Extra hands make lighter work!



Zion Volunteers honored by Kosair Charities

The RSVP volunteers at the Zion United Church at the corner of Burnett and Minoma were recently recognized by the "Bears On Patrol Program." They prepared and tagged over 3,000 toys during 2001 for police officers' cars.

The toys are given to children in time of distress or crisis relating to a police call to their home or family.

In addition, their honesty was also praised when a Kosair staff person lost a valuable gemstone ring. It was found in one of the bags of toys and cheerfully returned to the grateful owner.

As usual, this group gives their fellow RSVP volunteers so much to be proud of!



You're invited to Tuesday March 19th

IN-SERVICE TRAINING

9 AM - 1 PM

Memorial Auditorium, 2nd floor. RSVP volunteers are welcome to come hear speakers, enjoy fellowship with our Seniors In Service "sister program" - Foster Grandparents. For reservation, call Carol Huff at 574-1157, ext. 322 by Thursday, March 14th.

Kentucky Seniors Saving Medicare (KSSM) Volunteer Training

Tuesday, April 23rd - Wednesday, April 24th
Four Points Sheraton Hotel
1938 Stanton Way
Lexington, KY

This 2-day training is FREE and open to both current and newly interested volunteers.

The training will focus on how RSVP volunteers will fill the role in educating others on how to detect and address Medicare billing mistakes, fraud and waste.

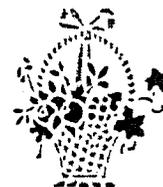
You will share your training with other RSVP volunteers from throughout the region. Take-home materials will be provided for your reference.

Volunteers' lodging, travel and meals will be furnished.

For further information about this Medicare "citizens patrol" project and to receive a KSSM training registration form, call Jennifer Fahey at (502) 574-1157, ext. 333.

Spring Forum Postponed

Due to budget constraints and lack of response, the March 15th event is placed on hold.





THUNDER OVER LOUISVILLE NEEDS VOLUNTEERS

The Kentucky Derby Festival is seeking volunteers to staff booths along Main Street, River Road and/or Waterfront Park selling Pegasus Pins.

Volunteers would work shifts between 12 noon and 7 PM on Saturday, April 20th. Volunteers receive a Kentucky Derby Festival t-shirt and lunch.

For more information or to register as a volunteer, call Marina Gonzalez at 939-2120.

REMEMBER to tell her that you are a City of Louisville RSVP volunteer and then call us at the office and let us know you're helping out!

VOLUNTEERS NEEDED NOW!

Please pass the word along to your friends, church members, etc. Call Marian Gosling at 574-1157, ext. 324 to volunteer or for more information.

Project Women needs 1-3 adults to assist with child sitting services while residents attend monthly support and personal progress meetings. Next date - Friday, March 15th, 5:45 - 8:15 PM.

Senior Citizens East and South Louisville Community Ministries need mobile meal deliverers: Routes normally only take 1 1/2 hours and you may sign up for weekly, monthly or on emergency stand-by.

Dare to Care needs:

- 1) a Friday "bread truck" driver to pick up bakery goods from local stores and bring to warehouse. (3-4 hour route)
- 2) receptionist on Friday mornings (8:30 A.M. - 1:00 P.M.)
- 3) receptionist for Thursday afternoons 1:00 - 5:00 P.M.

They would like a weekly commitment, but will also accept someone who wants to be an "on-call" emergency substitute.

Kentucky Humane Society needs:

- 1) Volunteer Adoptions Assistant to help with customer service and the animals 3-4 hours a week commitment.
- 2) Canine Coaches to train animals in basic obedience, to play with and enhance their socialization skills. 3 hours of training is required. Prefer commitment of 3-7 hours a week.

Shively Nutrition needs helper in kitchen to fix mobile meal containers and serve those who gather at site. 3 hours per day commitment.

Share Care of Louisville needs volunteers to interact with adult day care participants on a weekly basis. 3-4 hour commitment per week.

Jewish Hospital / Visiting Nurse Association needs volunteers as data entry clerks, patient aides, file clerks, etc.

JCPS needs volunteers as:

- elementary reading coaches
- adult GED tutors
- tutors needed for English as Second Language (ESL) classes. Bilingual in Spanish, Vietnamese, or Russian a plus but NOT necessary.
- field trip monitors for elementary and/or middle school students
- basic math tutors
- computer skills tutors for basic programs and general operation of keyboard and mouse

Schedules vary with position.

Saintly Treasures Thrift

Shop needs volunteers as donation inspectors and cashiers. Training provided at Caritas Hospital and on-site.



Having a Health or Senior Focus Fair?

If your church, neighborhood or civic group is having a get together that would bring seniors or their caregivers out, we'd like to be there!

We are recruiting for both the RSVP program that has a wide variety of opportunities AND for the Foster Grandparent Program that is dedicated to helping special needs children in elementary schools and day cares.

Please call Sarah Richie at 574-1157, ext. 325 to let her know of any upcoming events we can set up a booth.



What do YOU want?

With a very limited budget for this year, we need to decide where to

put our energies to plan social activities. **Please look at the ideas below and call Marian at 574-1157, ext. 324 with your opinion.**

Picnic at Hogan's Fountain Pavillion (covered space), food, music and games.

A "dutch treat" lunch trip with transportation provided by the program.

An evening dance or "Senior Prom".

A boat trip – either on the Star of Louisville or the Belle of Louisville.

OTHER : you tell us!

COMMUNITY CALENDAR EVENTS

22nd Annual Women's Automotive Workshop
Saturday, March 16th
Registration 12:30 – 1 PM
Sessions run 1:00 – 4:00 PM
Oxmoor Center
7900 Shelbyville Road
Free and open to public.
Refreshments and door prizes. Call **895-2451** for early registration.
(Sponsored by Tom Payette Jaguar.)

Breast Cancer Screening and Mammograms

(For women 40 years and over)

Saturday, March 23rd
9:00 A.M. – 4:00 P.M.
Southwest Resource Center
10936 Dixie Highway

FREE to income eligible women without insurance. Those who have insurance will have agency billed. Call **935-0310** to make an appointment. Walk-ins welcome, but appointments honored first.

(Sponsored by: Partnership In Cancer Control, in conjunction with the American Cancer Society and Metro United Way.)

Quick Quip

"Women dress alike all over the world: they dress to be annoying to other women."

Elsa Schiaparelli, Designer

HAPPY MARCH BIRTHDAYS!



Barbara Angstadt
Tom Armstrong
Susie Arnold
Lillydean Aschbacher
Teresa Barczy
Julia Barnett
Mildred Bivens
Betty Boeschel
G. Thomas Breunig
Leslie Brooks
Robert Bruckert
Bernice Callender
Anna Codey
Ollie Cole
Nell Cradick
Wallace Crawford
Sylvia Crowe
Gilbert Ebel
John Feldman

Jean Felkins
Jenny Forman
Margie Fox
Anna Frankum
Dorothy Frantz
Carol Friske
Luther Gardner
Ruth Gochnour
Mary Rita Griesbaum
Nancy Halbeib
Doris Hennies
Lue Ella Hickerson
Joan Hughes
Sr. Clarentia Hutchins
Julia Jackson
W. Ken Lamar
Margaret Lasley
John Luayans
Dorothy Lush
Elaine Marheine
Ann Masterson
Mary McCoy
Bessie McGee
Vivian McLaughlin
Catherine McNally
Patricia Meagher
Mary Miller
James Moore
Angela Norris
Vera Olson
Lillie Parker
Jacqueline Peoples
Shirley Roberts
Martha Rooney
Emmett Ruhl
Doris Schaefer
Edna Shawgo
Mary E. Smith
Lillie Thomas
Mary T. Thompson
Margaret Tucker
Donald Varga, MD
Mary Wagner
Henry Watson, Sr.
Dorothy Weber
Pauline Weis
Henry Wheeler
Jessie Whitaker
Ruth Wilder
M. Ruby Wilkins
Robert Wolf
Virginia Yocum



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April, 2002 VOL. 3, No. 4
(502) 574-1157

We "Salute" Pat Gillenwater!

Congratulations to newly commissioned Kentucky Colonel and RSVP volunteer, Pat Gillenwater!

Ms. Gillenwater is a tutor at King Elementary and was recognized by the House of Representatives of Kentucky on February 7th for her outstanding impact on children.

In addition, Pat also received this year's Land Development Service Corporation's "Clifford H. Turner Freedom Award" for her dedication and service to the Louisville community.

She is citizenship in action!

NEW Computer Class!

A partnership between Shawnee High School's Seniors in School Center, JCPS and Humana has paved the way for **twelve (12) people** to learn new computer skills.

Inclusion in "E-Seniors" is by reservation only to Lois Fisher at **776-7415**.

Classes start **Tuesday, April 30th** and last 1½ hours each week for 5 weeks. It will be held at the old Belknap building at 101 E. Main Street.

There will be transportation to and from Shawnee H. S. Senior Center.

Fund-raising results!

Quilt raffle - \$388.00

As of March 5th, SIS calendar sale - \$382.00
(Calendars now priced at \$3.00!)

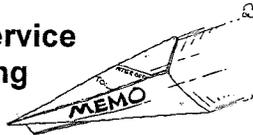
Chinese Auction/Fall Festival - \$1,632.70

1st prize for selling admission tickets went to Lila Greenwell (21 tickets)

2nd prize - Louetta King

CANDY : Still 17 cases to sell! All candy sale money needs to be turned in by April 19st!
Thanks to ALL who helped with this effort!

In-Service Training



Thursday, April 18th
Memorial Auditorium
9 AM - 1 PM

Speaker topic:

"Long Term Care"
RSVP volunteers are cordially invited. Reservations are needed. Call

Marian Gosling at 574-1157, ext. 324 by Friday, April 12th.

Quick quote:

"Life is like a ten speed bicycle. Most of us have gears we never use."

Charles M. Schulz

HEAR YE! HEAR YE!

APRIL IS NATIONAL VOLUNTEER MONTH



The Seniors In Service staff and site managers *most sincerely* thank all volunteers for the joy, caring and dedication you bring to your duties.

You are often THE important person in:

- a child's learning and growing,
- stabilizing another person's daily nutrition,
- bringing hope and order out of a disaster or house fire,
- being a PERSON on the other end of a phone line instead of a machine
- being the visitor to a lonely nursing home resident
- the extra hands that help with mailings or donated clothes and so much more!

For all you do, be happy! You are often the answer to a prayer! You are VERY important to your community! **Thank you!**



SPRING HEALTH FAIR

Sponsored by
Shively Area Ministries
Tuesday, April 9th
9 A.M. – 12 Noon
Shively Nutrition Center
St. Basil Church
3107 Wayside Drive

- Vital signs checked
- Cholesterol screening
- Massage therapy
- Spinal checks
- Vision screening
- Hearing testing
- Blood sugar checked
- Information booths and

Mammography appointments
by registration at **935-4880**.
Large, free parking lot

SWIM CLASSES

Shawnee High School has improved and reopened the indoor pool and seniors are invited!

Classes, led by a certified instructor, are offered on Tuesday mornings from 10 – 11 A.M. Cost: \$2.00 per person. Enjoy some LOW impact exercise or just come to play!

It's "BYOL" – bring your own lock for the locker room and be sure to have your personal towel, too.

Call Lois Fisher to make your reservation at **776-7415**. Happy splashing!

BE PREPARED FOR WINDY WEATHER!

Keep a flashlight with working batteries. Have a battery-powered radio. If you're taking shelter, pull a blanket over yourself to help shield from flying glass or debris.

VOLUNTEERS NEEDED!!

- Mobile meal drivers
- Friendly visitors
- Once-a-month, early evening child care helpers
- Library assistants and summer program helpers
- Mailing helpers
- Boys' tutors in basic math and reading
- Mentors for boys, ages 6-17, in residential care
- Once-a-week servers and clean-up help for Shawnee or Highland area nutrition centers
- Seamstresses or quilters
- Trainees for the Kentucky Seniors Saving Medicare program

CORRECTED TRAINING DATES! Monday, April 22nd and Tuesday, 23rd! FREE meals and board for this training in Lexington. Call Jennifer Fahey ASAP at **574-1157, #333.**

HAPPY APRIL BIRTHDAYS!

James Alexander
Fannie Allen
Mary Anderson
Mollie Anderson
Richard Barker
Constance Bergen
Ella Birdsong
Jay Blach
Shirley Bowling
Mary Coleman Brown
Mary Margaret Caster
Christine Clark
Mary Ellen Clements
Ann Crowe
Libby Cundiff
Louise Deutsch



Elizabeth Dorsey
Mary Lou Duke
Dorothy Duncan
Betty Eilert
Evelyn Ewing
Martha Gaddie
Keith Gentry
Catherine Gilliam
Lillian Green
Edith Griffey
Niles Hadden
Robert Hall
Edna Hawkins
Jessie Johnson
Beatrice Jolly
Mildred Killmeier
Bill Kirschbaum
Edna Leavell
C. Russell Loy, Sr.
Zilpah Miller
Edwin Palmer
Hazel Parman
Nadine Paynter
Mary Ellen Pinto
Irene Poston
Ernest Pottinger
Sallie Powell
Jane Ramsey
Jane Roemer
Billie Satterly
Bess Saunders
Wanda Schadt
Carolyn Smith
Peggy Soeder
LaVern Sottile
Faye Sparks
Mig Temple
Evelyn Timmons
Ann Trowbridge
Janie Via
Edward Wagner
Patricia C. Walker
Maxine Weinberger
Rosemary Whalen
Ruby Williams
Henry Wolfe

By unknown, but wise authors:

A successful marriage isn't finding the right person – it's being the right person.

You'll notice that a turtle only makes progress when it sticks its neck out.