Community Action PARTNERSHIP
Helping People. Changing Lives.

Seniors In Service Monthly

Foster Grandparent Program & RSVP

January, 2003 VOL. 2, No.1

Louisville

1200 S. 3rd Street, P. O. Box 2197, Louisville, KY 40201-2197 (502) 574-1157

CAA has new "brand," name and renewed "promise"

We are now the Louisville Metro Community Action Partnership (LMCAP)!

Beyond the changes from Merger, we have moved to join the nationwide network of Community Action Agencies in reflecting the critical element of "partnership" in its daily operations.

The Community Action Partnership Promise

"Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community and we are dedicated to helping people help themselves and each other."

2003 openings for Foster Grandparent Volunteers

Women AND men, aged 60 and over, are greatly needed to help tutor special needs pre-school and elementary aged children.

If you are within income guidelines, bi-weekly stipends, accident insurance and more are part of the "perks" of this unique part-time community service.

Call John Miles at **574-1157, ext. 337** for more information.

$$$$$$$$$$$$$$$$$$$

LMCAP needs volunteer instructor for BASIC computer class.

LMCAP is going to begin offering the "Mavis Beacon Tutorial Program" for beginning computer users.

It is designed for those who have never operated a computer. The learning model is easy to follow. Classes will be held for various age groups.

Contact Deidra Spencer-Abell at 574-1157, ext. 308 for details.

****

Need training or a job?

Try Experience Works!

It was established as "Green Thumb" Program in 1965, and renamed in 2002. Experience Works includes a variety of programs designed to help mature individuals enter the workforce, secure more challenging positions, move into new career areas, or just supplement their income.

AND Experience Works Training Services is offering to pay you to attend computer-training classes!

Income Eligibility:
1 person – $11,000 per year
2 person household - $14,500
Attendance Incentive:
$5.15 per hour
For additional information or to apply, please contact **Mr. John Wiggers, at (502) 448-6844 FAX (502) 606-453-4019.**

^^^^^^^^^^^^^^^^^^^^^^^^

Metro United Way
Together We Improve More Lives

Volunteer NEEDS--

Please notify the RSVP office if you plan to add any of these to your volunteer schedule.

"Mommy & Me" at New Directions: Volunteers are needed for a 12 week program at Rangeland Rd. Elementary. The program started Jan. 22nd, Wednesdays only from 11:30 A.M. to 1:00 P.M.. Children are ages infant to four years old. Any former "Family Friends" are VERY welcome to return! Call Dawn at 589-2272, ext. 3020.

Fairdale Community Ministries: Needs volunteers for rummage & clothing closet, Dare to Care helpers, after school helpers in the BUSY program. Call 367-9519 for more information.

Wesley House Community Services: Needs volunteers to help low income individuals and families with their 2003 tax return preparations. Full training is provided. Call Leigh at **583-8317** for details.

*This is just one of MANY locations for this opportunity through the VITA program! Call Gary Drehmel at **574-1157, ext. 323** for one close to you!*

JCPS Adult Basic Education: Needs volunteer tutors for adult, motivated learners. Many locations available. Call Charlene Brown at 485-3797.

++++++++++++++++++++++++

Kentucky Seniors Saving Medicare Orientation (for NEW volunteers only) : Meal, hotel and travel expenses paid. February 12 & 13th. Call Jennifer Fahey at 574-1157, ext. 333 for details.

YMCA Safe Place Services: Needs short-term volunteers for a 4-day workshop and 6-month volunteers to mentor 7th or 8th graders in achieving their dreams. Call Rebecca at 635-5233, ext. 232 for details. **PLEASE TELL YOUR FRIENDS ABOUT RSVP!!**

****

Happy Birthday!!

DECEMBER CELEBRANTS-

Jo Anne Abraham
Connie Adams
Sr. Naomi Aull
Dora Beard
Joyce Benson
Thelma Blakemore
Jessie Blevins
Lucienne Bookout
Ruby Brown
Walter Burden
Margaret Buse
Mattie Correro
Beulah Cowherd
Dolores Cummins
Sarah Drummond
Kathy Eicher
Leona Elsler
Clara Harper
Carmen Hayes
Beatrice Head
Donald Hemmelgarn
Sr. Joan Hill
Jean Horn
Patricia Hughes
Carolyn Hulse
Justina Johnson
Katie Krebs
J. C. Levy
Mary Rose Luking
Millie Matthews
Russell Meredith
Harold Miller
Betty Minch
Edna Montgomery
Mildred Nevelle
Mary Ann Niehaus
Connie Owens
Betty Quire
Ernest Ramsey
Nan Raymer
Libby Sewell
Mary Ann Shawler
Edythe Sherman
Patsy Shirley
Martin Stansbury, Sr.
Mary Catherine Sullivan
Mary Thompson
Edith Walker
Betty Weber
Sue White
Mary Ann Willinger
Irene Winner
Gabriella Wirta
Emma Young

BELATED November best wishes: Evelyn Ewing

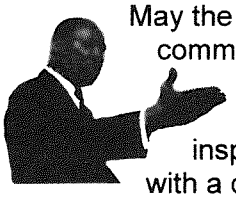
Welcome 2003!

JANUARY CELEBRANTS-

Jay Abraham
John Angstadt, Jr.
Irene Antill
Dottie Beals
Verena Buren
Frances Calbert
Raymond Calloway
Elizabeth Chamberlin
Sue Cook
Mag Davis
Jack Dooley
Edith Drufke
Margorie Fair
Leona Fulkerson
Sam Gaddie
Cora Gilbert
Eckhard Grammenz
Doris Herman
Lola Hetterman
Virginia Hines
Edith Hoeing
Evelyn Johns
Neva Keeton
Peggy Lancaster
Nicholas Lanning
Mary Larkin
Mary Jo Lauer
Mary Lukes
Anna Maresz
Carolyn Marshall
Edward Masterson
Dorothy McClure
Norma Meschede
Helen Milam
Aline Miller
Josephine Miller
Mary Nall
Mary Estell O'Brien
James Pearson
Polly Peterson
Sr. Rosemary Reasbeck
Vernice Simms
Florence Stansbury
Herbert Swindler
Dolores Thornberry
Evelyn Watkins
Ruth Weibel
Richard Williams
Adriana Winstead
Nancy Wood

BE INVOLVED! Dr. Martin Luther King, Jr. Day was Monday, January 20th

HE had a dream -- WE have the work to do!



May the commemoration of Dr. King's leadership inspire your heart with a drive for peace and prosperity for all people!

Did you miss the Annual Donorama?

The **American Red Cross** is STILL in need of your life-giving blood. Make your appointment and give now!

Call **540-7111** TODAY!

Of course, there are many additional ARC programs that need the assistance of volunteers!

Some examples:
General office help
Helping victims of a house fire
Life-saving & swim classes
Disaster response teams that travel the state and nationwide
First aid and CPR classes
Baby-sitting classes
Summer camps for youth
Liaisons for military families

Call **Karen Evans** at **561-3601** for more information on how you can help!

Community Action Partnership
Helping People. Changing Lives.

Seniors In Service Monthly

Foster Grandparent Program & RSVP

Louisville

February - March, 2003
VOL. 2, No.2
1200 S. 3rd Street, P. O. Box 2197, Louisville, KY 40201-2197 (502) 574-1157

FEBRUARY . . .
American Heart Month
Black History Month
Dental Health Month
Hometown Tourist Month
NASCAR resumes
We celebrated . . .
Chinese New Year 2/1
President's Day 2/17
Flag Day 2/24

Volunteers Needed!

Please tell your friends, age 55 and over! RSVP offers FREE benefits, sites with flexible schedules, recognition for outstanding effort, social opportunities and more! **Call us at 574-1157, ext. 322 or ext. 324 for more information.**

Current Needs . . .

Elementary School Tutors
Nursing Home Visitors/ Activities Aides
Mobile Meal Deliverers
Office Assistants in Finance, Data entry, Recreation
WHEELS van drivers
Qualified low impact exercise Leaders
Art & Crafts Leaders
Rock & Read caregivers for Infants / pre-school
Kentucky Seniors Saving Medicare volunteers
Receptionist for Job Center at Community Action Partnership main office
Operation Brightside Volunteers
Blockwatch captains
Derby Festival volunteers

CAP has site openings for Summer Lunch Program

As part of the Louisville Metro Community Action Partnership's effort to combat the effects of poverty, CAP runs the Summer Lunch program for children under the age of 18.

Over 35,000 local children need and take advantage of this service each year while schools (and their lunch programs) are closed.

If you know of a church, certified daycare, civic center that would be interested in being the neighborhood hub for this activity, please contact **Jim Oakes or Rhonda Wooten at 574-1157** for details .

****

WINTER'S NOT OVER YET! "OPERATION WHITE FLAG" NEEDS VOLUNTEERS

When the temperatures drop severely, the homeless population of our area is at dangerous risk.

For many years, shelter staff have raised white flags to notify the public that any restrictions that are normally in place for shelter admittance are temporarily lifted.

Now, the American Red Cross is training "on-call" volunteers to respond to the "search and rescue" efforts of these bitterly cold nights. If you are interested, call **Doni Ward-McAlister at 540-7000.**

"Be Not Afraid" – Be Prepared

As part of the national emphasis on local disaster preparedness, CAP's RSVP and FGP volunteers will be offered a future opportunity to learn the "how", "where", "with whom", "with what" of helping.

The Kentucky VOAD (Voluntary Organizations Assisting in Disasters) will be sharing the dates and training opportunities for you to become involved BEFORE a local issue arises.

In times of crisis, the "first response" teams are primarily medical /career professionals.

The volunteers who flock to help *without prior training and/or coordination* can become an additional problem.

NO ONE wants or expects disasters / terrorist activity. But the old Scouting motto is still the best – "Be Prepared!"

February Birthdays!

Harold Adams
Charlotte Alexander
Helen Beyerle
Kathryn Bickel
Corrie Booth
Connie DiFranco
Guy Dorsey
Florian Dziedzic
Ursula Eckstein
Hazel Fryrear
Gertrude Gay
Maxine Goldstein
Art Gundry
Mary Hanks
Doris Harbison
Martha Harper
Martha Holliger
LaVerne Huber
Margaret Huffman
Madeleine Jenne
Betty Kennedy
Esther Kirchner
Joyce Kroger
Marcella Leverett
Alvina Linden
Lena McCutchen
Evelyn McKune
Raymond Mirka
Bennie Moore
William Mouser
Gracie Murray
Anna Payne
Clara Poe
Mary Pontrich
Marjorie Richmond
Carolyn Searcy
Martha Smith
Lillie Spears
Maxine Staib
Anita Steilberg
Mary Stikes
Sr. M. Vincent Strittmatter
Clyde Swindler
Lillie Trinkle
Bill Viscusi
Jessie Walker
Joseph Wathen
Pauline Watson
Addie Wilt
Verlon Winstead
Lillie Witten
Herman Wuetcher

March is . . .
American Red Cross Month – GIVE BLOOD!!
National Nutrition Month
And we celebrate . . .

Mardi Gras

SPRING BEGINS!! 3/21
"As Young As You Feel Day" on 3/22
"National Mom & Pop Business Owners's Day" on 3/29

The Louisville Free Public Library – it's MUCH more than just books! Renew your annual borrower's card today and CHECK IT OUT!

March Birthdays

Barbara Angstadt
Thomas Armstrong
Millydean Aschbacher
Teresa Barczy
Julia Barnett
Mildred Bivens
Betty Boeschel
G. Thomas Breunig
Leslie Brooks
Robert Bruckert
Carolyn Burton
Leo Buser
Ollie Cole
Nell Cradick
Wilbur Cundiff
Gilbert Ebel
John Feldman
Jean Felkins
Jenny Forman
Margie Fox
Mary Frankcow
Anna Frankum
Dorothy Frantz
Carol Friske
Luther Gardner
Ann Hall
Doris Hennies
Marie Horrell
Sr. M. Clarentia Hutchins
Julia Jackson
W. Ken Lamar
John Lomax
W. Michael Lyons
Elaine Marheine
Ann Masterson
Ida Mathis
Margaret Maum
Mary McCoy
Bessie McGee
Vivian McLaughlin
Patricia Meagher
Mary Miller
Angela Norris
Vera Olson
Hilda Payne
Jacqueline Peoples
Shirley Roberts
Martha Rooney
Emmett Ruhl
Doris Schaefer
Dorothy Schnurr
Edna Shawgo
Anna Shelby
Joseph Smith
Lucille Smith
Mary Smith
Mary Thompson
Margaret Tucker
Donald Varga
Joseph Wahlen
Henry Watson
Dorothy Weber
Pauline Weis
Henry Wheeler
Jessie Whitaker
Ruth Wilder
M. Ruby Wilkins
Robert Wolf
Virginia Yocum

"Molly!"

Community Action Partnership
Helping People. Changing Lives.

Seniors In Service Monthly

Foster Grandparent Program & RSVP

April, 2003 VOL. 2, No.3

1200 S. 3rd Street, P. O. Box 2197, Louisville, KY 40201-2197 (502) 574-1157

Congratulations!

The results are in and the prizes have now been awarded to last year's top candy sales persons.

FOR FGP:

1st place – Dolores Brooks (720 bars)
2nd place- Alberta Brewer (120 bars or more)
3rd place – Jennie Merriweather (over 20 bars category)

FOR RSVP:

1st place – Marion Traynor (400 bars)
2nd place – Katie Krebs (160 bars)
3rd place – Mary Bond (over 120 bars category)
4th place – Flossie Carney (over 20 bars category)

Our most sincere thanks to these and all the wonderful folks who worked so hard last year!

KSSM Training in May

The next free training for those who care to help reduce Medicare billing mistakes, abuse or fraud will be: **Tuesday – Wednesday, May 13-14, 2003**, in Owensboro, KY

NEW KSSM volunteers attend free – transportation, lodging, meals and bring-home training materials.

Call Jennifer Fahey at 574-1157, ext. 333 for more details.

"For every $7 spent on Medicare services, $1 is lost due to fraud, waste, mistakes and/or abuse!"

Come learn how to help your friends and family "watchdog" the costs!

Discount Prescription Card Opportunity

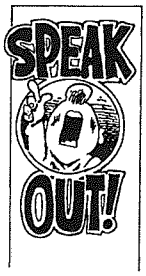
Pfizer is one of the world's largest providers of medicines. KSSM representatives will be at the next "In Service" Training on **April 17th** to help you lower your costs for Pfizer drugs.
Time: **9:00 AM–10:00 AM**
Place: **Memorial Auditorium, 2nd floor**
They will be available to answer questions and enroll qualified volunteers.

To qualify for the free "Pfizer Share Card" program please bring ***COPIES*** of your Medicare Card, the first page of your most recent federal tax form or your Social Security Award letter for 2003.

NEXT Mayor's Community Conversations –

Monday, April 21st at the SW Government Center, 7219 Dixie Highway, 6:30 PM – 8:00 PM.

Be part of REAL democracy – the old-fashioned town meeting -- the way we want it to be! Call 933-3440 for details.



Mark your calendars!!

Thursday, April 17th –
In-Service at Memorial Auditorium 9 AM - 1 PM

April 20-26th
National Volunteer's Week
THANK YOU!!

~~~~~~~~~~~~~~~~~~~~~~~~

May is National Community Action Partnership Month: Locally . . .

Wednesday, May 14th
Annual CAP Career Fair
For details, call Deidra Spencer-Abell at 574-1157, Ext. 308

Monday, May 19th
1st Annual CAP "Puttin' for Poverty" Golf Scramble
Fun, prizes, food . . .
For details, call Gerald Joiner at 574-1157, ext. 317

Wednesday, May 21st
Foster Grandparent Program Annual Volunteer Recognition:
Masterson's Restaurant
1830 So. 3rd Street
11:30 AM - 2:30 PM
More details at the April "In Service"!

Friday, May 23rd 9AM - 1 PM)
"State of Poverty" Conference and Luncheon at the Hyatt Regency. Public invited! For details, call Emery Lee at 574-1157, ext. 338.
~~~~~~~~~~~~~~~~~~~~~~~~

RSVP Volunteers' April Birthdays

James Alexander
Fannie Allen
Mollie Anderson
Constance Bergen
Jay Blach
Virginia Brown
Mary Caster
Christine Clark
Mary Ellen Clements
Ann Crowe
Louise Deutsch
Elizabeth Dorsey
Dorothy Duncan
Betty DuPre
Marilyn Forrester
Martha Gaddie
Keith Gentry
Catherine Gilliam
Edith Griffey
Niles Hadden
Robert Hall
Edna Harkins
Sr. Bernadette Henkel
Freddie Horton
Beatrice Jolly
Barbara Kelley
Mildred Killmeier
Lucy Lichtsteiner
C. Russell Loy
Isabel Newsome
Hazel Parman
Nadine Paynter
Helen Phillips
Mary Ellen Pinto
Ernest Pottinger
Sally Powell
Jane Roemer
Billie Satterly
Bess Saunders
Mary Schadt
Carolyn Smith
Peggy Soeder
LaVern Sottile
Mig Temple
Evelyn Timmons
Janie Via
Edward Wagner
Patricia Walker
Maxine Weinberger
Rosemary Whalen
Ruby Williams
Henry Wolfe

NEW/ Returning Volunteer Site

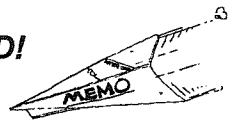
RSVP welcomes the return of **Riverside Farnsley-Moreman Landing** in SW Jefferson County as its newest location for the following volunteer opportunities:

- docents for tours (They have a thriving bus tour business that brings all ages of visitors and volunteers are greatly needed *immediately*.)
- gift shop helpers
- clerical helpers
- gardeners

Please tell your friends that RSVP benefits are now available to Riverside Farnsley-Moremen recruits!

Quick, quirky definition . . . per "Leslie O."
"Beauty parlor – A place where women curl up and dye."

Please spread the word . . .
VOLUNTEER HELP NEEDED!



"Thunder Blast" volunteers for the Louisville Science Center. Work a 4-hour shift, enjoy "Thunder Over Louisville" fireworks, get free parking, t-shirt & hat, food! Call Julie Downard at 561-6103 for details.

Frayser Elementary, 1230 Larchmont, off of Taylor Boulevard, needs tutors for reading sessions. Call Marian Gosling @ 574-1157, ext. 324, to prepare your way ASAP!!

Senior Citizens East, Inc. needs volunteers as lunchtime meal deliverers and safe, cautious drivers for the WHEELS van.

IF YOU'RE INTERESTED ...

KSSC Annual (statewide) Volunteer Conference - Executive Inn, Owensboro, KY Wednesday, August 13- Friday, August 15th. Volunteer cost may be up to $200 per person. Call John Miles III at **574-1157, ext. 337** for additional details.

Looking for something for you grandchildren for summer? Check out the Metro Parks Summer Camps. Call 456-8185 or go to their website http://louky.org/parks/camp.htm

Metro Parks Festival of World Cultures – April 12th Iroquois Park: 8:30 am – 2:00 pm

Earth Day at the Louisville Zoo – April 13th. Special exhibits, shows, etc. Call 459-2181 for details.

Community Action Partnership
Helping People. Changing Lives.

Seniors In Service Monthly

Foster Grandparent Program & RSVP

May, 2003 VOL. 2, No.3

1200 S. 3rd Street, P. O. Box 2197, Louisville, KY 40201-2197 (502) 574-1157

Next In-Service . . .

Thursday, May 15th at Memorial Auditorium, 2nd floor.

This is *mandatory* for FGP volunteers. RSVP volunteers are CORDIALLY invited!

RSVP volunteers call Marian at 574-1157, ext. 324 for your reservation!

****

FGP Summer Sites are in the planning stages. More information at In-Service

FGP Recognition –

Wednesday, May 21st

GUEST PRICE : $16.10 per person. Make Checks/money orders payable to: "Community Action Partnership – FGP" **Paid reservations must be received no later than May 15th!**

Bring to main office or mail to:

CAP – FGP
Attn: Jean Young
P. O. Box 2197
Louisville, KY 40201-2197

May 26th - Memorial Day

Beyond the Bar-B-Q's, please **help your families** remember WHAT this holiday is all about- deceased U.S. military men & women!

Recent additions to this sacrificial list remind us that freedom is STILL not "free!"

Senior Games = (Exercise) Fun

Metro Parks has several competitions still available for folks 50 and over. Call 574-2646 for registration details.

Swimming – May 13th, 11 AM, Mary T. Meagher Aquatic Ctr., 201 Reservoir Road (in Crescent Hill Park)

"Fun Day" – May 14th, 9 AM, Cards, games, etc. at the Wilderness Road Senior Ctr., 8113 Blue Lick Rd.

New Web Site for Rx cost help!

The Pharmaceutical Research & Manufacturers of America (PhRMA) sponsors **www.helpingpatients.org**.

This site connects providers and patients to assistance programs for over 1400 medications. It has online pre-qualifying forms to let you know which program(s) are available to you. The format is also available in Spanish!

Good luck! And remember, there are computer stations at local public libraries if you don't have one at home!

MAY is "Older Americans Month"

Exercise your rights to:

- VOTE in the Primary Elections!
- Speak out on poverty!
- HAVE FUN!
- DO GOOD DEEDS!

CAP Community Forums:

Panels of local professionals will exchange information and listen to public views on the following subjects:

Employability Criteria
Affordable Housing and Weatherization
Basic Human Needs

Schedule:

Saturday, May 10th, 10 AM-Noon- CAP Central Office, 1200 So.3rd Street, rear building

Tuesday, May 13th, 6 – 8 PM CAP East, 4810 Exeter Avenue

Tuesday, May 20th, 5 – 7 PM CAP West, 3308 Chauncey Avenue

Thursday, May 27th, 6 – 8 PM - Plymouth Renewal Ctr.,1626 West Chestnut St.

Thursday, May 29th, 6 – 8 PM- CAP SW Government Center, 7219 Dixie Highway

Please come out and hear the latest developments and offer your best ideas for poverty solutions.

Other May Events:

CAP Golf Scramble – May 19th - $60 per player Call Gerald at 574-1157, ext. 317

CAP State of Poverty Conference – May 23rd ; featuring Derrick Len Span, National CAP President Sessions and lunch. Admission: $30 per person Call Emery Lee at 574-1157, ext. 338

RSVP Recruits / Volunteers Needed! PASS THE WORD!! Ask family/friends age 55 and over to call 574-1157 and ask for "RSVP!"

American Red Cross – 2 New positions: *Community Disaster Educator* – liaison to the Louisville area Fire Departments to enhance ARC notification of disaster response to home fires, shelter set-ups, etc. Volunteer should be able to write reports of meetings attended. Previous experience in emergency response (fire, EMS, etc.) a plus! 12 hours a week. *Single Family Caseworker* – Helping families who have suffered a home fire and connecting them with ARC services. Good listening and legible writing skills needed. 4 hour shift, Mon. – Fridays at ARC office.

KSSM – Senior volunteers to educate Medicare customers and caregivers about ways to recognize and correct billing errors, fraud and abuse. Call Jennifer Fahey, 574-1157, ext. 333

Norton Hospital Southwest – *Emergency Services Liaison*: previous experience in the healthcare profession would be helpful as duties include reporting to nurses. Four hour shifts.

Riverside, The Farnsley-Moreman Landing – Special events, tour guides, Spirit of Jefferson (boat) greeters and general Welcome Center duties.

Salvation Army Boys and Girls Clubs – A WIDE variety of fun and rewarding options:

- teachers for dance or art
- mural painters
- landscapers/gardeners
- reading & basic math tutors
- computer "geeks"
- pottery instructors
- handy people for minor repairs
- coaches and mentors

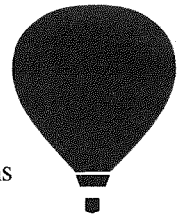
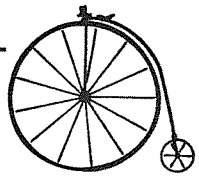
Free police background check will be run and flexible schedules are available starting with as little as 1-2 hours a week.

Senior Citizens East – *Mobile meal deliverers* needed for St. Matthews, Buechel, J'Town and Fern Creek areas. 90 minutes, one day a week.

OOPS! We're so sorry we omitted **Betty Mahaffey's** February birthday from the list! Many belated best wishes!!

(And apologies from Marian!!)

May Birthday Best Wishes!!



Annette Abrams
Robert Ambers
Mabel Aniton
Velma Ashby
Kathleen Barker
Yvonne Bass
Ann Bellingham
Helen Bernd
Alene Betts
Marcy Beyer
Maxine Carter
Mae Caudill
Martha Cavins
Vivian Christmas
Shirley Crawford
Sylvia Crowe
Donald Dever
Betty Eberle
Paul Fulner
Fred Gaddie
Marion Gardner
Charles Gipperich, Jr.
Lucille Gordon
Marcia Gosling
John Hamblin
Robert Hanks
Richard Helm
Shirley Hemmelgarn
Doris King
Peggy Krause
Laretta Lampe
Daimon Logsdon
Priscilla Matz
James Meagher
James Parker
Roger Petersen
Edward Pippin
James Potts
William Raymer
Robley Rex
Elizabeth Ross
Rosemary Ruhl
Beatrice Sanders
Mary Sauer
Bernard Schoenbachler
Michelle Schuwey
Juanita Skinner
Georgetta Smith
Norma Spalding
Betty Stinson
Alida Thistleton
Orville Vaughn
Dennis Via
Joseph VonBokern
Mamie Wallace
Verlie Wilkerson
Naomi Wilson
Walter Wilson
Marilyn Wortham