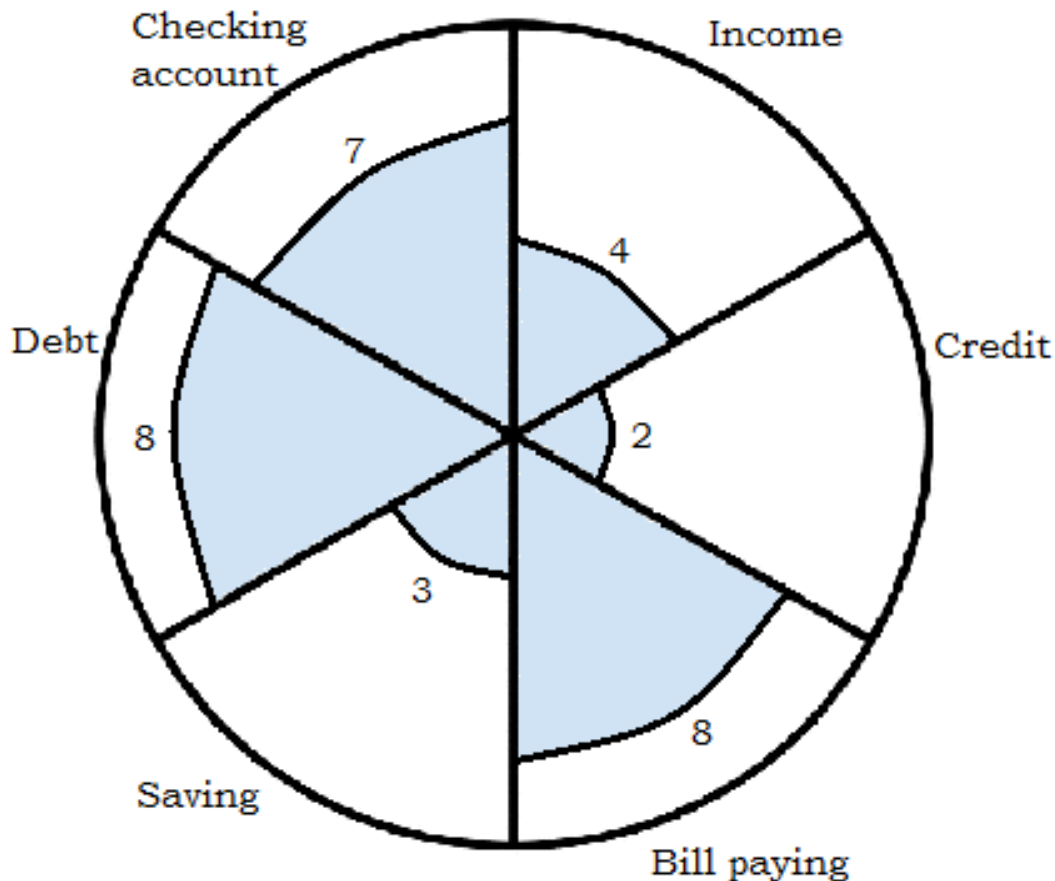


# Powerful Wheel How-To

The Powerful Wheel is a graphic organizer that can help you, and the People You Serve, figure out the priorities and values in your financial lives. Here's how:

- Identify the categories that are important parts of your financial situation — maybe those that take a lot of your energy, or cause you a lot of stress, or bring you excitement or happiness — and create that number of segments in the circle.
- Along the outside edge, write each category.
- In each category, rate your level of satisfaction on a scale from 1 to 10, with 10 being the highest. Make a mark to show your level of satisfaction, and shade in the space between the mark and the center of the circle.
- Now, ask some questions about your levels of satisfaction in each area and your overall level of satisfaction in certain areas. In what area are you the least satisfied? Why? What area do you most want to work on? What would increase your satisfaction in that area? What actions can you take now to increase your satisfaction? What actions can you take later?
- What about your overall level of satisfaction: what's that like? Visualize it: if your Powerful Wheel were a wheel on a vehicle, would it turn evenly?

Here's a sample Wheel:



You can go further with this tool, too. There are many parts to our financial lives that we discover in this exercise, and we can't work on improving every part of our financial lives at one time.

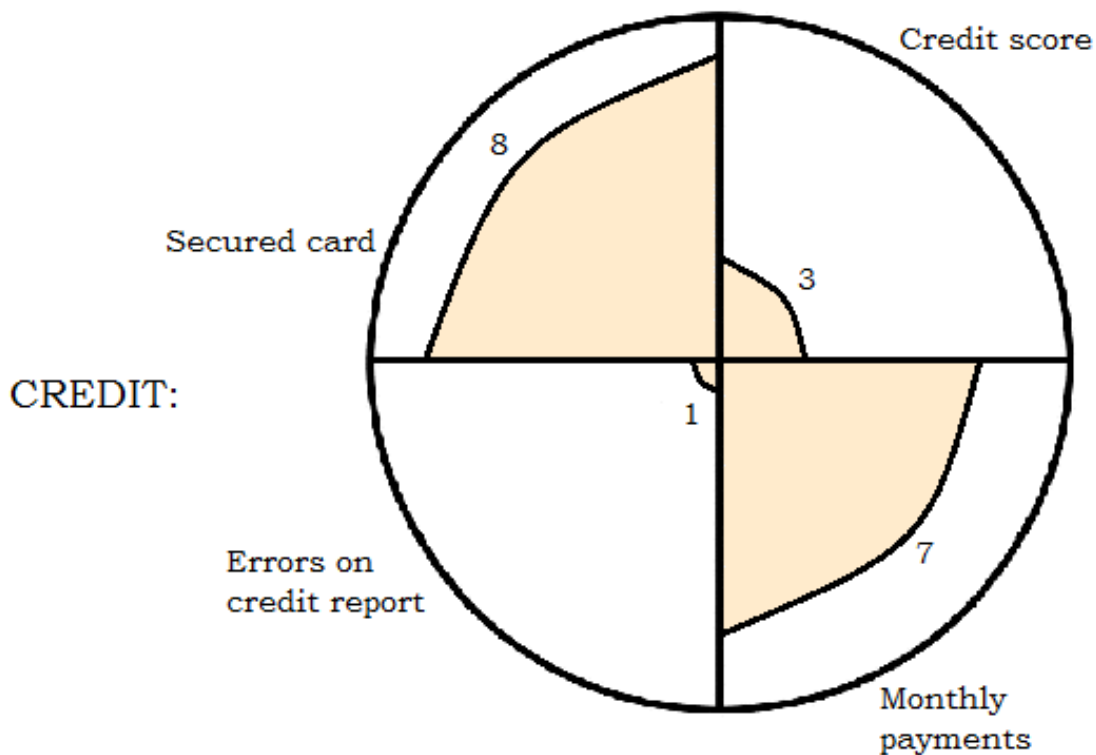
Next, zoom in to think about the challenges, thoughts, and actions that are part of ONE category you identified in your wheel.

Identify the category in your first Powerful Wheel that you feel is the biggest priority for you right now. Draw a new circle and divide it into meaningful sections—however many you feel is enough. In those pieces, write some different components of the priority area you identified before. Components might include the things you think about when you think of that area of your financial life, or the actions you are taking or plan to take.

See what you can find out by engaging the questions you asked with the previous wheel:

- In what area are you the least satisfied? Why? What area do you most want to work on? What would increase your satisfaction in that area? What actions can you take now to increase your satisfaction? What actions can you take later?
- What about your overall level of satisfaction: what's that like? Visualize it: if this Powerful Wheel were a wheel on a vehicle, would it turn evenly?

An example of the second Powerful Wheel:



You can stop at the second wheel, you can continue breaking down that wheel into components, or you can complete another wheel for another area of the first wheel. See where this tool can take you!