

- START - Waterfront Park/Witherspoon St
- 1st WATER STOP - Great Lawn
- RT Preston St
- RT Main St
- RT 15th St
- LT Portland Ave
- 2nd WATER STOP - 15th & Lytle St

BIKE ROUTE DETAIL

- ***Turn Around option at 16th & Northwestern through floodwall to Riverwalk and return to Waterfront Park***
- LT/S Portland Ave & Northwestern Pkwy at 31st St
- Northwestern Pkwy becomes Southwestern Pkwy at end of 100 block of NWP
- RT Shawnee Park (from 300 block of SWP)
- RT Loop around entire park, bearing RIGHT at the grass circle
- 3rd WATER STOP - Pavillion; entrance LT into parking lot
- LT on Park Road, bear RIGHT at grass circle
- LT to exit Shawnee Park at Southwestern Pkwy (Southwestern changes into Northwestern)
- S/RT Northwestern Pkwy changes to Portland Ave at 31st St
- 4th WATER STOP - 16th between Portland Ave & Northwestern Pkwy
- RT 15th St
- LT Market St
- LT Floyd St
- FINISH - Floyd St at Witherspoon

PADDLE ROUTE DETAIL

- 7am Put in for all participants at WaterfrontPark Harbor Lawn at river's edge
- 10am Recreational Float through McAlpine Locks, Canoe, Kayaks & Rowing Shells
- 11am Locks close to paddlers
- Take out at Jaycee Boat Ramp in New Albany

- HIKE ROUTE
- BIKE ROUTE
- PADDLE ROUTE
- WATER STOP
- HIKE START/FINISH
- BIKE START/FINISH
- PADDLE START/FINISH

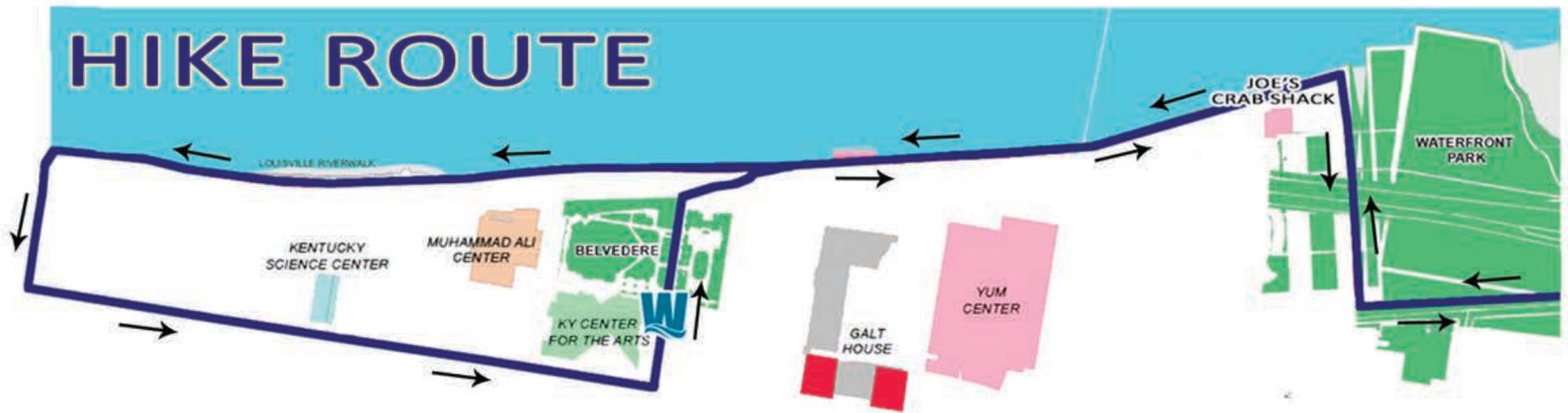


HIKEBIKE & PADDLE

LABOR DAY SEPTEMBER 7 WATERFRONT PARK



HIKE ROUTE



HIKE ROUTE DETAIL

- Waterfront Park north on sidewalk to river
- North on sidewalk beside Great Lawn
- West on foot bridge between fountains
- North on plaza to river then west along River Walk to 10th St (Through Parking Lot)
- South on 10th St to Main St
- East on Main St - sidewalks in front of Museum Row
- North on 6th Street to Muhammad Ali Center
- Muhammad Ali Center elevator or stairs to Pedway
- East across Belvedere
- Belvedere ramp north to Belvedere Overlook
- Elevator or stairs to parking lot and side upper sidewalk
- Sidewalk to south side of Joe's Crab Shack
- South on Plaza to sidewalk
- Sidewalk east along Witherspoon to Start Area

SCHEDULE

- 7:30am Boat Drop Off until 9:00am (Green Lot, West Bound River Rd @ Witherspoon under I-64)
- 8:00am NIA, Tai Chi, Yoga, Pickleball & Zumba Demonstrations
- 8:30am Booths Open
Pick Up Route Map
- 9:00am Kayak Rolling Contest by Quest Outdoors & Harbor Point
- 9:30am Mayor Greg Fischer Welcome
- 10:00am Hikers, Bikers, Paddlers Start

FREE t-shirt with completion of a survey while supplies last

SPECIAL THANKS

- ABL, A Better Living Fit Zumba
- Bicycling for Louisville
- Bike Captains
- Bike Louisville
- Brain Injury Association
- Budweiser
- Dismas Charities
- Greater Louisville Sports Commission
- Kentuckiana Paddlers Association
- Kentucky Center for the Performing Arts
- Louisville Area Canoe and Kayak Club
- Louisville Bicycle Club
- Louisville Metro Government
- Louisville Community Boathouse
- Louisville Fire and Rescue
- LMPD River Patrol
- Metro Parks
- Public Works/SWMS
- Louisville Rowing Club
- Louisville Water Company
- Louisville Yoga
- MSD
- NIA
- Nu Chapter Tai Chi Chuan and Qi Gong Institute
- Quest Outdoors
- Ramiro's Cantina
- River City Community Sailing Program
- SAG Teams
- Scheller's Fitness and Cycling Volunteers
- Waterfront Park

HIKEBIKE & PADDLE



LABOR DAY SEPTEMBER 7 WATERFRONT PARK

