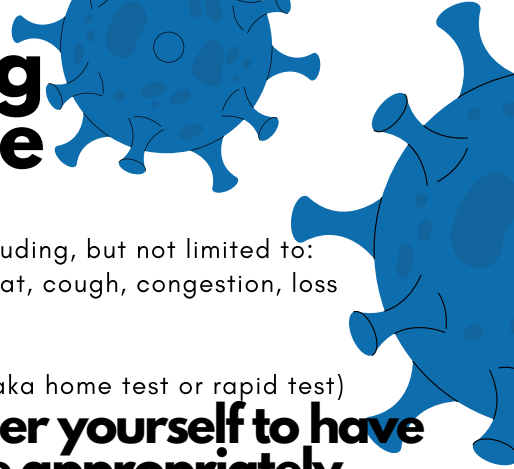# COVID Testing at Home

If you...

✓ Have **symptoms of COVID** (including, but not limited to: headache, body ache, sore throat, cough, congestion, loss of taste/smell, fatigue or fever)
–AND–

✓ Have a *positive* **antigen test** (aka home test or rapid test)

you should consider yourself to have COVID and isolate appropriately.

If you need medical attention, reach out to your primary care physician, or visit an urgent care / emergency room as needed.

You do NOT need to confirm your result with a PCR test and should NOT visit a healthcare facility if that is your only reason for seeking care. A positive home test IS sufficient to diagnose a COVID infection.

If you...

✓ Have **symptoms of COVID** (including, but not limited to: headache, body ache, sore throat, cough, congestion, loss of taste/smell, fatigue or fever)
–AND–

✓ Have a *negative* **antigen test** (aka home test or rapid test)

you should repeat your antigen test in 2-3 days -OR- seek PCR testing.

A negative home test cannot completely rule out a COVID infection.

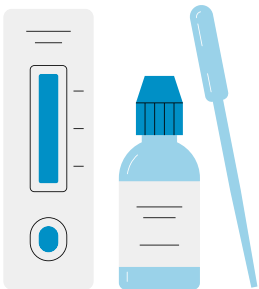## Do not return to work until:

✓ At least **5 days** have passed since your positive test –OR– the first date of symptoms

✓ You have **NO symptoms** –OR– have significantly improved / reduced symptoms

✓ You have had **NO fever for >24 hours**, without the aid of fever reducing medicines (such as acetaminophen, ibuprofen, naproxen, or aspirin)

Confused? Call us!
502-912-8598

Don't forget: when you exit isolation, you should **wear a mask (surgical or better) at all times** – including at home – until at least Day 10!

01.05.2022
@SBHartlageMD