

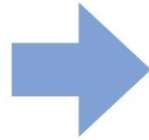
Louisville Metro Trauma Resilient Community (TRC) Initiative



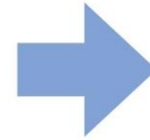
The TRC Initiative is a city-wide program, funded by SAMHSA and managed by the Mayor's Office for Safe and Healthy Neighborhoods, that seeks to promote resilience and equity for Louisville's youth and families disproportionately affected by trauma, race-based trauma, systemic inequities, violence, and civil unrest.



Community Needs & Resources Assessment



Community-Led Strategic Plan



Community Training, Services, & Capacity/Coalition Building

- 40 Champion Trainers
- 12 Backbone Agencies
- Community Advisory Board
- Trauma Resilient Community[®] Model
- Cognitive Behavioral Intervention for Trauma in Schools (CBITS)
- Alternatives for Families: A Cognitive Behavioral Therapy (AF-CBT)
- Racial Trauma Treatment Model
- Youth Mental Health First Aid

Community Needs & Resources Assessment Findings

Data revealed the following challenges:

- High prevalence of community trauma (e.g., gun violence, theft, other criminal activity) that contributes to long-term fear, hypervigilance, and general feelings of unsafety.
- Structural inequality (e.g., policing practices, school policies) and individual encounters with racism that contributes to race-based trauma among racial/ethnic minority community members.
- System-level community resources operate in silos, are often unknown by community members, and may not be utilized due to mental health stigma and mistrust of service providers.
- Absence of community data to address needs/resources pertaining to LBGQTQI issues & interpersonal violence (e.g., sexual assault, domestic abuse).

Data revealed the following strengths:

- Various local resources exist, including community agencies, behavioral health services, and community initiatives.
- Individual neighbors/community members, local community centers, and neighborhood groups are seen as strong community supports.
- Residents of West and South Louisville are invested in work that **engages youth as leaders in the process, focuses on violence reduction** in their communities, and **creates collective community efforts for sustainable change**.

Overall, findings illustrate a need for a consistent, culturally-responsive, coordinated system of trauma-informed care throughout West and South Louisville.

Want to get involved?

We are looking for **Community Advisory Board** members.

If interested, please email:
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