

# Coronavirus 2019 (COVID19)

## Ibyo mugomba kumenya

COVID-19 ni ubwoko bwa virusi itera indwara zikomeye zitandukanye, kuva ku bicurane kugera ku ndwara zikomeye zo myanya y'ubuhumekero.

## Ikwirakwira gute?



Gukorora no kwitsamura



Kwegerana cyane nko gukoranaho cyangwa guhana umukono



Gukora ku kintu cyangwa ahantu hari virus, hanyuma ukikora ku munwa, ku mazuru cyangwa ku maso mberey'uko ukaraba intoki

## Ibimenyetso ni ibihe?



Guhinda umuriro



Inkorora



Guhumeka nabi



Indwara ikomeye

## Nakora iki?

- Karaba intoki kenshi.
- Fasha abanyeshuri bawe gukaraba intoki neza.
- Niba wumva urwaye guma mu rugo, kandi wisuzumisha kwa muganga.
- Pfuka amazuru n'umunwa igihe ukoroye cyangwa witsamuye.
- Irinde kwegera umuntu wese ufite ibimenyetso by'ibicurane cyangwa giripe.
- Niba waregereye umuntu ufite ibimenyetso bya COVID-19, akaba aheruka mu rugendo, jya kwa mugangaumenye niba ari ngombwa ko upimwa.

Stay up to date on the coronavirus outbreak with reliable sources such as the CDC and World Health Organization.

### Follow us!

Twitter:  
@LouMetroHealth

Facebook:  
@LouPublicHealth



Niba hari ibindi bibazo mufite kuri COVID-19:

**Kentucky COVID-19 Hotline (800) 722-5725**

<http://kycovid19.ky.gov/>